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DEDICATION

The class of 2010 would like to dedicate this yearbook to three special teachers, Mrs. Shea, Mrs. Nelson, and Mrs. Pacheco. Throughout their careers at Seekonk High School they have helped so many students in so many ways. With her endless patience and knowledge, Mrs. Nelson has helped countless numbers of kids pass their math classes. Mrs. Pacheco, with her magic wand and her peaceful words, has inspired students to succeed. Mrs. Shea, with her caring nature and delicious brownies, has brightened up many students' days. Not only did they inspire the students in the Learning Center, they inspired us all through their kindness. We will be forever grateful for everything they have done for us. Thank you, Mrs. Shea, Mrs. Nelson and Mrs. Pacheco.

Sincerely,
Seekonk High School Class of 2010

APPRECIATION

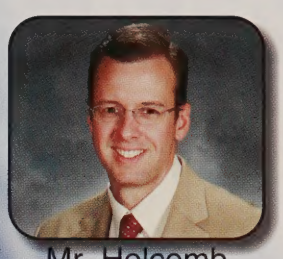
The class of 2010 would like to take the opportunity to thank their advisors for the last four years, Mrs. Marinucci and Mrs. Salisbury. They have continuously supported us both academically and personally, and inspired us to remain true to ourselves. They contributed countless hours to making memories we will carry with us forever. They organized prom, spirit week, senior supper and many other events that made our time at Seekonk High School fun. We will never forget their wonderful ideas and thoughtfulness as teachers and advisors that helped make us who we are today. Thank you so much for making high school an unforgettable experience!

The Class of 2010 would just like to say, Thank you!

Administration

Ms. Meyer
Superintendent

Mrs. McGovern
Principal



Mr. Holcomb
Vice Principal

Officer Kandarian
Resource Officer

Mr. Grant
Athletic Director

Guidance

Mrs. Whatley
Director of Guidance

Mr. Cunard
Counselor

Mr. Byrne
Counselor

Mrs. Mello
Counselor

Mrs. Powers
Secretary

Ms. Kozlowski
Psychologist

Mrs. Rok
School Nurse

Mrs. Chianese
Main Office

Mrs. O'Brien
Main Office

English

Mr. Crippen

Mrs. Hellmold

Mrs.Kinniburgh

Mrs. Krauss

Ms. Lawrence

Ms. Maynard

Ms. Mirza

Mathematics

Mrs. Angelini

Dr. Dupere

Mrs. Horton

Mrs. Limperis

Mrs. Lord

Mrs. Smith

History

Mr. Censabella

Mr. Gerth

Mr. Hoogerzeil

Mr. Petrucci

Mrs. Salisbury

Mr. Winsor

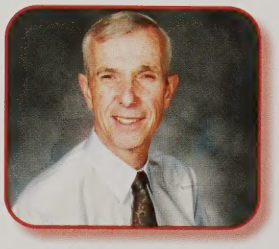
Science

Mr. Bonneau

Mrs. Borden

Mrs. Cunard

Mr. Gerbi


Mr. Lancaster

Mr. Mello

Mr. Wills

Foreign Language

Mrs. DiBiase

Ms. Armour

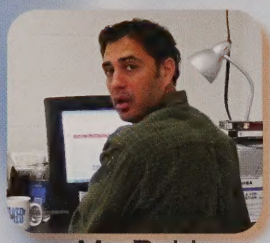
Mrs. Geremia

Mr. Isidoro

Mrs. Marinucci

Wellness

Mr. Miller
Wellness


Mr. Rubin
Wellness

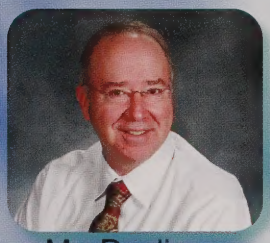
Mrs. Stone
Wellness

Miss DeFusco
Wellness

Mrs. Velardo
Wellness

Technology

Mrs. DeLeo
Tech. Integration


Mr. Devlin
Technology

Mr. Moran
TV Production

Mrs. Piquette
Technology

Library and The Arts

Mrs. McAloon
Library Media Specialist

Mrs. Gordon
Library Aide

Mrs. Machado-Cook
Art

Mrs. Wilbert
Art

Mr. Smialek
Music

Ms. Carney
In-House
Suspension Aide

Mrs. Fitzgerald
Transition Coordinator

Ms. Wilson
Adjustment
Coordinator

Learning Center

Mrs. Tobin

Mrs. Berube

Mrs. Shea

Mrs. Pacheco

Mr. MacKnight

Mrs. Kaplan

Mrs. Nelson

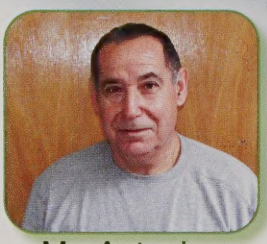
Mrs. Zarzycki

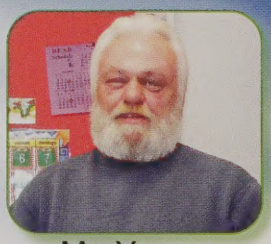
Mrs. Blackburn

Mrs. DiGioro

Custodians

Mr. Medeiros
Head Custodian


Mr. Antonio


Mr. Young

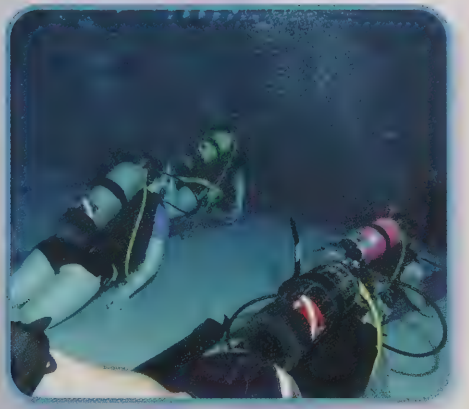
Substitute Teachers

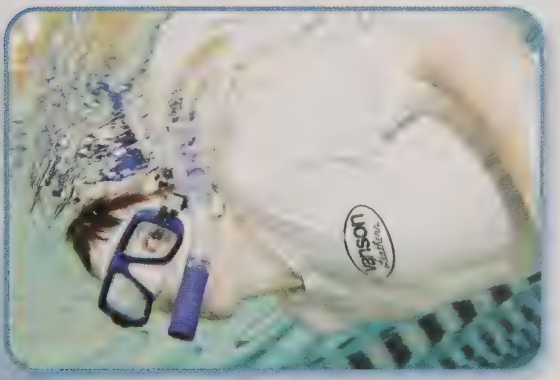
Mrs. Amaral

Mr. O'Halloran

Mr. Tetreault

Scuba Club





I'll never forget...

"When cross country won the State Championship."
- Tony Sousa

"Demou's presidential election."
-Zachary Goodheart

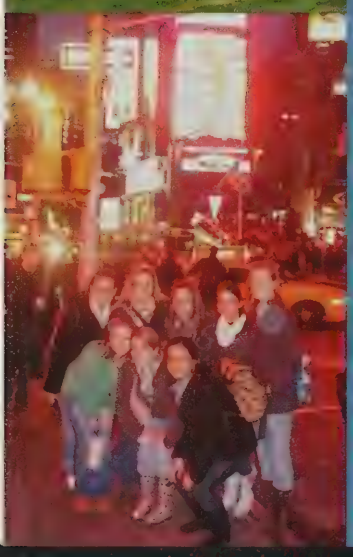
"Ping Pong in Nelson's class."
-Trevor Tattersall

"Being in a wheelchair in the elevator with Daphne and Tara and wondering why it wasn't going up."
- Esther Henebeng

"Mrs. Armour's life lessons."
-Cat Hartford

"AP Euro history class: Joey eating an apple in two bites, and Paul always getting yelled at."
- Cara Swiechowicz

"I'll never forget my senior year of Soccer. The season that made history! The team, coaches, and shutting out D-R to tie 0-0!"
-Krista Chauvin



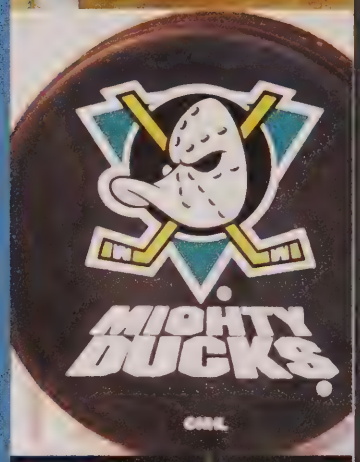
"I will never forget the band cruise freshman year."
- Casey Blackbird

"The NYC trip when I got motion sickness and Mrs. Kinsella saved my life!"
- Carrie Daigle

"The epic teachers musical chairs contest in 08-09 when it was a brawl! I'm talking about the Mr. Hooog and Miss Nelson takedown."
- Hanna Yando

"Jamming in the back of Casey's car and making a total of forty cents."
-Maeghan McGuirk

"Giving Maeghan the forty cents for jamming in the back of Casey's car."
-Sarah Yu



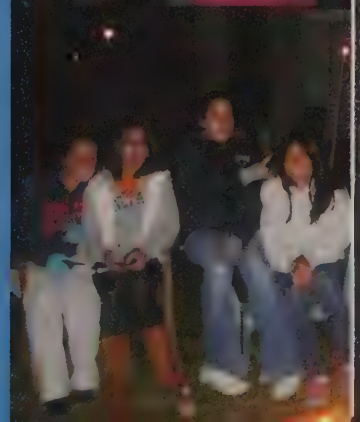
"Going to the boys ice hockey games with Katie and Kerri reminiscing about the Mighty Ducks movies."
- Megg Parella

"Mr. Moran, he helped me figure out my future, i owe him for that."
- Kerri Kinsella

"Casey Blackbird."
- Alyssa Karbowski

"Running around the school in purple spandex ripping my pants off in front of people...People like Mr. Moran."
- Ryan Dasilva

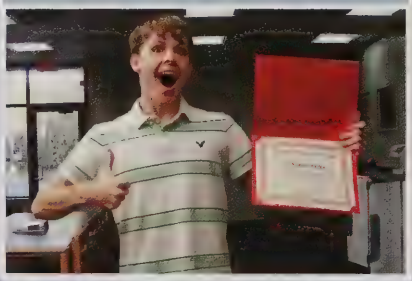
"My best friends."
-Cassandra Vinica



"Friends and epic bonfires."
- Tasha Sousa

BOOK AWARDS

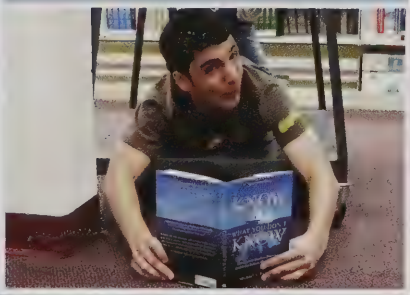
Rensselaer Medal: Michael Mullen



Clarkson University Leadership Award: Kyle Pariseau

Holy Cross Book Award: Ryan Turner

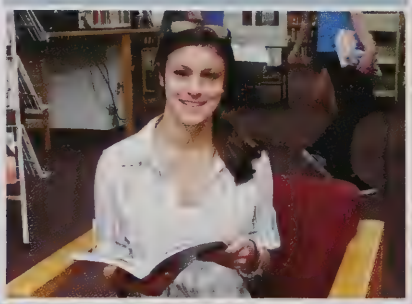
Bryant University Book Award: Ryan DaSilva



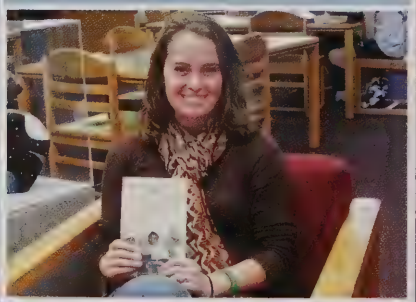
URI Book Award: Meghan Lopes

Outstanding Undergraduate Awards: Krista Chauvin & John Gregorek

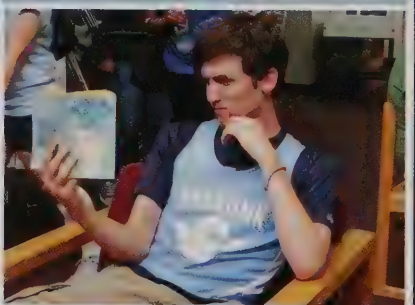
Russell Sage Art Award: Elena Corrao



Stonehill Book Award: Kathryn Lavall



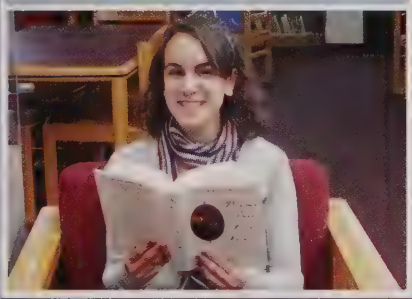
Frederick Douglass & Susan B. Anthony Award: John Gregorek



Harvard Book Award: Kimberly Ferreira

Wellesley Book Award: Alyssa Karbowski

Yale University Book Award:
Tasha Sousa



Russell Sage Student Award:
Jordyn Magill

George Eastman Young Leaders Award:
Crista DiSano

Bausch & Lomb Science Award:
Melissa Scott

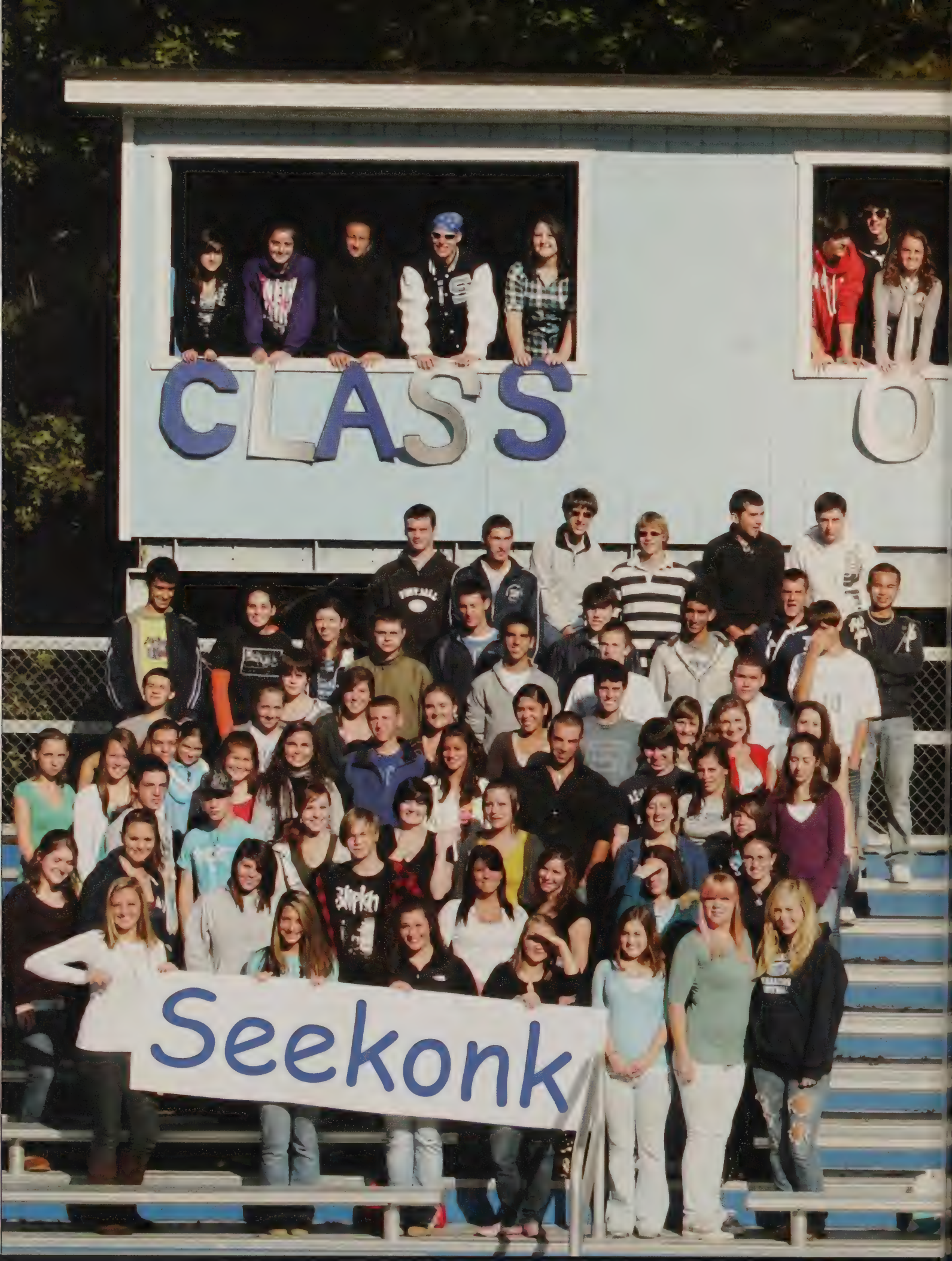
St. Michael's Book Awards:Meghan Parella & Michael McCormack

Xerox Award for Innovation & Info Tech:
Aric Mazick

Smith Book Award:
Kathryn Halpin

Clarkson University Leadership Award:
Stephanie Lesage

Brown University Book Award:
Emily Stoukides

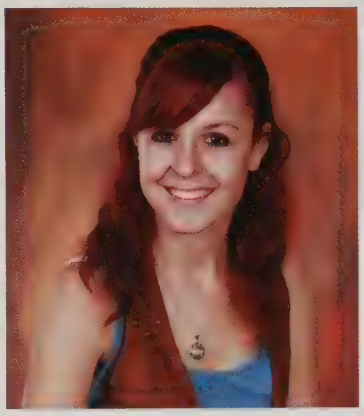

CLASS
Seekonk

F
2010
Warriors

SENIORS

Heather Allison

51 Noble St.
"Emancipate yourself from mental slavery, no one but ourselves can free our minds." - Bob Marley
Ambition: To be happy.
Favorite Memory: All four years.



David Anderson

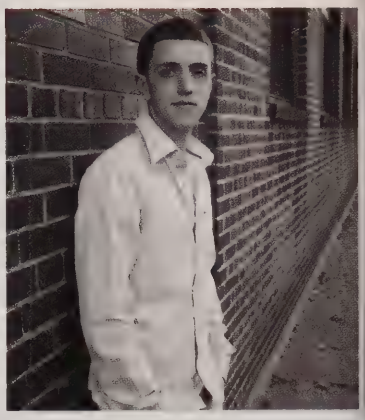
David Anderson
149 Marnoch Dr.
"Success is where preparation and opportunity meet." -Bobby Unser
Ambition: To become successful in life.
Activities: Football 9-12, Basketball 9-12, Baseball 9-12
Favorite Memory: Freshman Football

Phillip Ashkar

70 Davis St.
Ambition: Pharmacist
Activities: Football 9-11, Tennis 10, Outdoor Track 11-12, Indoor Track 12,
Favorite Memory: Tubing at Rick's beach house

Nicholas Babbitt

53 Bishop Avenue
"You don't know what you had until it's gone." - Anonymous
Ambition: Construction Worker
Activities: Soccer 9-12, Track 10-12
Favorite Memory: Ski Trips



Jacqualine Bahry

320 Lincoln St.
"What lies behind us and what lies before us are tiny matter compared to what lies within us." - Ralph Waldo Emerson
Ambition: To be happy and make a difference.
Activities: Soccer 11
Favorite Memory: Feehan Freshamn and sophmore year.

Jason Barbosa

11 Smith Street
"You miss 100% of the shots you don't take." - Michael Jordan
Ambition: College Basketball Coach
Activities: Baseball 9, 11-12, Basketball 9-12
Favorite Memory: Spirit Week

Katie Barboza

225 Forest Ave.
"Dare to be different." -Anonymous
Ambition: To be a great dancer and a dentist.
Activities: S.E.M.A. Dance
Favorite Memory: My best friends Deanna, Brittany, Devin, and Kate, who made high school a lot of fun.

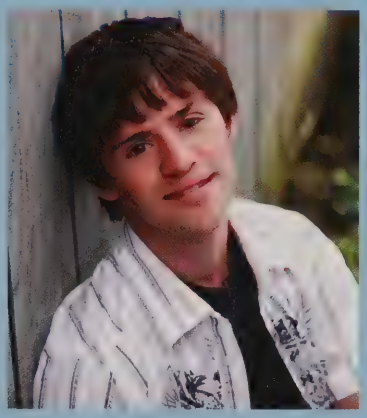
Stephanie Bass

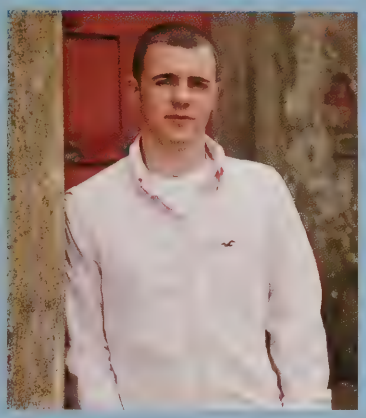
"Do it for yourself and not for me." - Matthew Q. Lima
Ambition: Police officer then work my way up to become a detective
Favorite Memory: Being in L.C. with Devin Mackey! Every teacher that's in L.C. I'll miss you! Have a good retirement Mrs. Pacheco, Mrs. Shea, and Mrs. Nelson!

SENIORS

Jonathan Beal

105 Foch Avenue
"Behind every great man is a woman rolling her eyes." -Jim Carrey
Ambition: I want to be a web designer.
Activities: Bowling League (out of school)
Favorite Memory: As of right now my Junior Prom because my Senior Prom hasn't come yet.





Joshua Bell

60 Evergreen Drive
"Bad company corrupts good morals." - Anonymous
Ambition: State trooper
Activities: Football 9, Indoor Track 9-10, Outdoor Track 9, Tennis 10-12 Captain 12
Favorite Memory: Ski Trips

Sarah Lynne Berube

123 Sherman Avenue
"Life isn't about waiting for the storm to pass, it's about dancing in the rain." - Anonymous
Ambition: To become an elementary school teacher
Acticities: Key Club 9-12
Favoritie Memory: Spirit Week, Friday night football games, and the memories I have with my best friends

Nicholos Bitsis

165 Elm St.
"Bitsis your going Ned."
Ambition: Construction Managmenrt
Activites: Football 9-12 Captain 12, Outdoor Track 9, 11-12, PHN 10-12
Favorite Memory: That time Allison Crippen spat water at Lindsay Crafford.

Casey Blackbird

22 Haig Avenue
"Life is nothing without friends." - Cicerone
Ambition: Travel the world and live in Italy
Activities: Majorettes 9-12, Band 9-12, Swim 9-10, Field Hockey 11, Drama Club 9-12 Head of Tech 12, NHS, Girl Scouts
Favorite Memory: Band and Drama Club- Enough Said.

Emily Brown

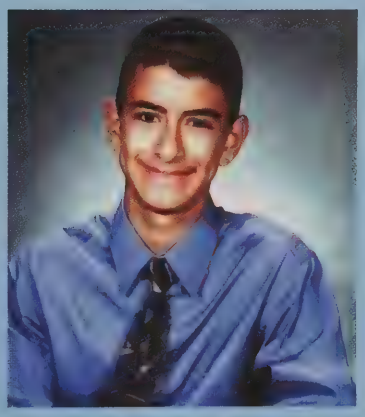
36 Willow Road
"Do what you like, and like what you do." - Anonymous
Ambition: To be a second grade teacher and live a happy life
Activities: Girl's Soccer 9-12, Ski Club 9-12, Girl's Tennis 9-12 Captain 12, PHN 11-12
Favorite Memory: Caravan Crew, Ski Trips, Junior Year, Tennis Season 09

Madison Burke

"Dare to dream, dare to believe." - Unknown
Ambition: To be successful and do something I love.
Activities: Volleyball 9-12 Captain 12, Track 9-12, Softball 9-12, Student Council, Key Club
Favorite Memory: Volleyball Season

Kenneth Cabral

"A wise man learns from other's mistakes. A fool learns from his own." -Anonymous
Ambition: To become the next Bill Gates
Activities: Cross Country 9-12, Outdoor Track 10-12, Band 9-12
Favorite Memory: Mike's sleepover party



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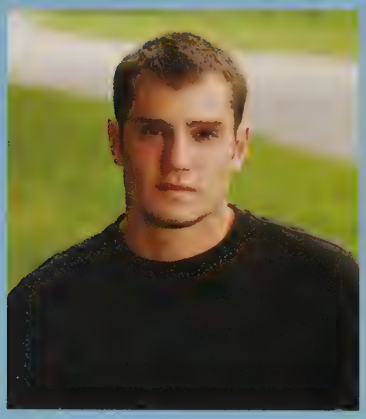


Zachary Caron

340 Cole St.
"I'm feelin' nice" - Jay Barbosa
Ambition: To work in law enforcement.
Activities: Soccer 9-12 Captain 12, Baseball 9, 12
Favorite Memory: Letting a mouse go in Mrs. Foreman's class.

Mariah Carter

"Realize what is important in your life, what you can live with but more importantly what you can't live without." -Anonymous
Ambition: To become a successful nurse
Activities: Soccer 9, Softball 9-11, PHN 11-12, Key Club 9-10
Favorite Memory: Spirit Week, New York Trip, Junior Year fitness walking class

Megan Carter

70 Bittersweet Drive
"Life's challenges are fun. Just take them with a smile and positive attitude and any obstacle can be overcome." - M. Revelle
Ambition: To have a successful job and live a happy life.
Activities: Soccer 9-12, Basketball 9-10, Indoor Track 11-12, Softball 9-12
Favorite Memory: Spanish class with Mrs. DiBiase, Soccer Team Events/Sleepovers, Spirit Week, Prom, Junior Year

Krista Chauvin

11 Chantilly Court
"Pain is temporary, pride is forever." - Anonymous
Ambition: Become a successful soccer/goalkeeper coach or a professional athlete
Activities: Soccer 9-12 Caption 12, Basketball 9-10, Softball 9-10, Indoor Track 11-12, Outdoor Track 11-12, Class Council 9-12, Yearbook 12, Band 9-12
Favorite Memory, Senior Year Soccer Season, Nike Nationals, Track, Moonbear

Janelle Clarkson

"Dance like there's nobody watching, love like you'll never get hurt, sing like there's nobody listening, live like it's heaven on earth."
Ambition: Physical Therapist
Activities: Volleyball, Cross Country, Indoor and Outdoor Track Captain

Elena Corrao

21 Leann Dr.
Ambition: To live in NYC.
Activities: Gymnastics 9-12, Soccer 10-12, Math Team 10-12, Exec Board 12
Favorite Memory: Soccer Season 2009 - Now the whole team can't walk.

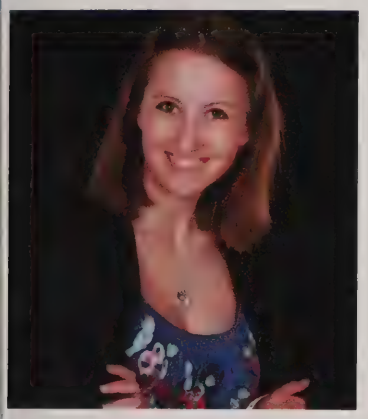
Joshua Costa

"A friend encourages your dreams and offers advice, but when you don't follow it, they still respect and love you." -Anonymous
Ambition: To become a successful hairdresser
Favorite Memory: Meeting Ashley Matano

Michael Cozzo

149 Warren Ave
"Go confidently in the direction of your dreams. Live the life you have imagined." -Henry David Thoreau
Ambition: To become a history teacher or a music teacher.
Activities: Football 9-10, Outdoor Track 10
Favorite Memory: Seekonk Football Team of 07-08' wins SCC Champions Title

SENIORS



Lindsay Crafford

15 Tompson Drive
"In the end it's all about looking back, smiling, and knowing you wouldn't want it any other way." -Unknown
Ambition: To become a pediatric nurse at Hasbro
Activities: PHN 10-12, CSI 11-12, National Honors Society 11-12
Favorite Memory: Mr.Crippen's class, New York Trip '09

Alison Crippen

32 Rowe Avenue
"The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt
Ambition: To be successful and happy with whatever I pursue in life.
Activities: Field Hockey 9-12, Indoor Track 10, Outdoor Track 9, PHN 10-12, Key Club 9-12, Babysitters Club 10-12
Favorite Memory: Field Hockey and Spirit Week

Courtney DaCunha

61 Chappell Street
"One day you'll realize you're a warrior, you're tougher than anything life throws your way." -One Tree Hill
Ambition: To become a successful lawyer
Activitites: Field Hockey 9-12 Captain 12, Softball 9-12, NHS 11-12, Key Club 9-12, PHN 10-12, PHN 10-12, IndoorTrack 10-11
Favorite Memory: All my field hockey memories, Spirit Week, and Mariah falling flat on her face in gym twice.

Carrie Daigle

111 Sagamore oad
"Life's challenges are not supposed to paralyze you, they're supposed to help you discover who you are." -Bernice Johnson Reagon.
Ambition: Early Education teacher or Special Education teacher
Activities: Football Cheerleading 9-12 Captain 12, Basketball Cheerleading 9, Spirit Week Committee 9-12, Post Prom Committee 11
Favorite Memory: New York City Trips, Meeting Ms. Defusco and being captain my senior year

Daniel DaSilva

60 Elm Street
Life isn't about finding yourself. Life is about creating yourself." -Anonymous
Ambition: To become a veternarian or become a pastry chef
Activities: PHN 9-12
Favorite Memory: Junior year, Spirit Week, Senior Year

Ryan DaSilva

15 Blacksmith Rd
"Some people say that the cucumber tastes better pickled" - Dave Chapelle
Ambition: To walk into Mr. Crippen's class and chop his desk in half with one hand.
Activities: Soccer 9-12, Tennis 10-11, Indoor Track 11 , Ski Club 9 - 12, Math Team 11-12
Favorite Memory: Running around the school ripping my pants off, wearing purple spandex, and making moves.

Alyssa Degnan

41 Pershing Ave.
"Sometimes I can't believe the things I get myself into because laying low has never made much sense to me." - Fireworks

Alexander Demou

65 Pheasant Ridge Road
"Music is a safe kind of high." -Jimi Hendrix
Ambition:To be happy and to succeed
Activities: Football 9-12
Favorite Memory:Demou for President

SENIORS

Caitlin Dilorenzo

45 Washington Street
"Celebrate we will for life is short but sweet for certain." -Dave Matthews Band
Ambition: To become a nurse
Activities:Softball 9, Volleyball 9-12, Indoor Track 9-10, 12, Outdoor Track 10-12, Ski Club 9-12
Favorite Memory: Everything I've been through with my friends, my child development class junior year, prom, and ski club

Crista DiSano

10 Russell Drive
"Happiness can be found, even in the darkest of times, if one only remembers to turn on the light." - Albus Dumbledore
Ambition: To be a nurse anesthetist and live a happy and healthy life.
Activities: Soccer 9-12 Captain 12, Tennis 11-12, Ski Club 9, 11-12 Executive Board 11-12, Chairperson 11-12, Woodshop 10, PHN 9-10 NHS 12
Favorite Memory: Caravan Crew, 3rd Grade trip to the Boston Museum of Science

Makayla Dumond

62 Marehaven Drive
"If you can dream it, you can do it." - Walt Disney
Ambition:To become a nurse and live a happy and healthy life
Activities: Field Hockey 9-12, PHN 10-12, Key Club 11-12, CSI 11, Babysitters Club 11-12
Favorite Memory: The New York City Trip and Field Hockey

Jennifer Easton

12 Philip Court
:if you can imagine it, you can achieve it. If you can dream it, you can become it." - Anonymous
Ambition: To live my life to the fullest and be successful.
Activities: Indoor track 12 grade
Favorite Memory: Prom of 2008, Senior year, getting silly with my girls

Irene Eberbach

114 Lake St.
"Live in the sunshine, swim the sea, drink the wild air." - Emerson
Ambition: To work hard to make people's lives better in the medical field and mostly to be happy doing it.
Activities: Girls Swimming 9-12, Outdoor Track 9, Class Council 9-12, PHN 10-12, School Council 10-12, National Honor Society 11-12, French National Honor Society 11-12
Favorite Memory: #1 in the pool, Crip and Nel's Class Junior year, NY trip.

Ashley Felix

73 Richard Street
"Dream as if you'll live forever, live as if you'll die today." -Anonymous
Ambition: To have a career in education and be successful and happy
Activities: Volleyball 9-12, Basketball Cheerleading 10
FavoriteMemory: Spirit week all four years, bolleyball games, prom and dances

Kimberly Ferreira

142 Meadowlark Drive
"The greatest pleasure in life is doing what people say you cannot do."- Walter Bagehot
Ambition:To become a novelist and travel the world
Activities:Concert/Marching Band 9-12 Drum Major 12, Jazz Band 9-12, Tech Crew 9-12, Dance 9-12, Ski Club 9-12, FHS 11-12, NHS 11-12
Favorite Memory: Anything involving band and my friends, AP Camping

Lynelle Ferreira

50 Tanager Road
"Every story has an end, but in life every end is a new beginning." - Uptown Girls
Ambition: To live my life to the fullest
Activities:Drama Club 9-12 Student Director 12, Ski Club 9-10, PHN 9-10, NHS 11-12, Kaate 9-12
Favorite Memory: Drama Club and Chem Class

SENIORS

Aiyana Fortes

65 Mayfield Street
"Who are you to judge the life I lead? I know I'm not perfect and I don't intend to be, but before you start pointing fingers, make sure your hands are clean" -Bob Marley
Ambition:To finish college successfully, become a doctor, and make mad money
Activities:Football Cheerleading 9-12 Captain 12, Basketball Cheerleading 9, Executive Board 12
Favorite Memory: All the friendships I've made on the cheerleading team, Homecoming and Junior Year

Stephen Gadbois

155 Davis Street
"If at first you don't succeed, lower your expectations." -Anonymous
Ambition: To become moderately successful
Activities: Tennis 9-12

Kayla Gelotte

"Remember kids, don't drink and park. Accidents cause people." - Anonymous
Activities: Volleyball 10
Favorite Memory: Meeting Alex Whitelaw and causing trouble with Miriah Taylor.

Keira Gomes

34 Luther St.
"Carpe Diem."
Ambition: To be rich.
Activities: Cheerleading 9-11, Softball 9-10
Favorite Memory: Mrs. Armour's Class and Gerbi's trench coat.

Zachary Goodheart

"We practice for thousands of days. Whether we win or lose is decided in an instant." - Jigoro Kano
Ambition: To be an arsonist/firefighter, I get paid twice.
Activities: Football 9-12 Captain 12
Favorite Memory: Demou Presidential Campaign

Katie Gosselin

69 Kent Drive
"Learn from yesterday, live for today, hope for tomorrow." - Albert Einstein
Ambition: To be the best person I can be, to live a long, happy and successful life with a wonderful family.
Activities: Football Cheerleading 9-12 Captain 12, Basketball Cheerleading 9, Indoor Track 10-12, Outdoor Track 10-12
Favorite Memory: Prom '09, Cheerleading, Freshman French I class, Red Dragon

Nicolette Gouin

429 Lincoln Street
"All the art of living, lies in a fine mingling of letting go, and holding on." -Unknown
Ambition: Cosmotology
Favorite Memory: Meeting George and spending all of high school with him, and CAD

Brendon Gouveia

"Things turn out best for those who make the best of the way things turn out." -Jack Buck
Ambition: Soccer Player
Activities: Soccer 9-12 Captain 12
Favorite Memory: Making Playoffs

SENIORS

Jenny Greene

83 Oakland Avenue
"Our truest life is when we are in our dreams awake." -Henry David Thoreau
Ambition: To be a Biology teacher
Activities: Drama Club 9-12, PHN 9-11, First Response 11-12
Favorite Memory: The drama plays, Spirit week, and my classes

John Gregorek

35 Stratford Rd.
"We must strive to be like the moon." - Ishmael Beah
Ambition: To live in a van down by the river living off government cheese.
Activities: Indoor Track 9-12, Outdoor Track 9-12, Cross Country 9-12 Captain 12, PHN, Student Council
Favorite Memory: Every Stride

Michael Grela

17 Sanctuary Lane
"I know it's easy to imagine, but it's easier to just do, see, if you can't do what you imagine, then what is imagination to you?" - Kid Cudi
Activities: Soccer 9-11, Indoor Track 11
Favorite Memory: Freshman year Homecoming

Rebecca Grenier

Favorite Memory: I enjoyed my 2 years here at Seekonk High and I loved Spirit Week. Everyone here at Seekonk High has been awesome.

Zachary Grondin

54 Taunton Ave
"Open your eyes, look within. Are you satisfied with the life you're living?" - Bob Marley
Ambition: Diesel Mechanic
Activities: 9-10 Wrestling
Favorite Memory: Good mornings on Dean St.

Kathryn Halpin

26 Grace Court
"You have to do your own growing up no matter how tall your grandfather was." -Abraham Lincoln
Ambition: To be content.
Activities: Volleyball 9-12 Captain 12, Key Club 10-12, Indoor Track 10-12, Outdoor Track 9-12 Captain 12
Favorite Memory: Being with great friends and making new ones.

Cathryn Harford

68 Haig Ave.
"Promise me you'll never forget me because if I thought you would I'd never leave." - Winnie the Pooh
Ambition: To work at Dunkin Donuts or be an O-tress! LOL
Activities: Field Hockey 9-12, Indoor Track 11-12, Outdoor Track 11-12, Basketball Cheerleading 9, Key Club 11-12, Book Club 11-12 President 12, French Club 9-10, Spirit Week 10, Prom Committee 10
Favorite Memory: All the good times at field hockey and The Moon Bear Association!

Amanda Harvey

"Love is like the wind you can't see it but you can feel it ." (Shane West) A Walk to Remember
Ambition: To get out of school and go somewhere with my life
Favorite Memory: Just having memorable times with my friends.

SENIORS

Esther Henebeng

" The idea of waiting for something makes it more exciting." - Andy Warhol
Activities: Key Club 9-12 President 12, Student Council 9-11, Math Team 10-12, PHN 10-12, Tennis 10-12, Book Club 11-12, NHS 11-12, Jam Band 11-12, Executive Board 12
Favorite Memory: Being in a wheelchair in the elevator, and wondering why it wasn't going up.

Tara Jean Heroux

148 Bloomfield St.
Ambition: To be successful in everything I do.
Activities: Soccer 9, Nation Honor Society 11-12, Softball 10, Math Team 12

Paul Hindle

341 Oak Hill Ave.
Ambition: To continue being a better ping pong player than Mike Mullen.
Activities: Soccer 9-12 Captain 11-12, Baseball 9-12 Captain 12, Indoor Track 11-12
Favorite Memory: Being a member on the soccer team.

Timothy Houde

75 Pine st.
"All you need is love." - John Lennon
Ambition: To defeat Joe Tex in anything.
Activities: Baseball 9-10, Golf 10-12 Captain 12, Indoor Track 10-12, Outdoor Track 11-12
Favorite Memory: Golf team bus rides.

Daniel Huling

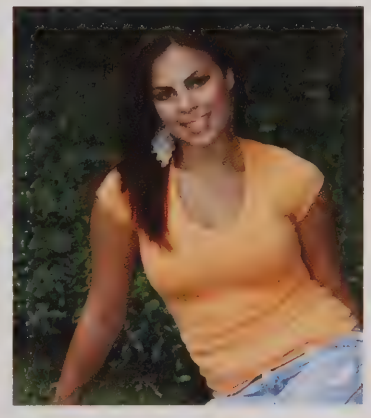
41 Edgemere Drive
"Win ball, win games." - Coach Creamer
Ambition: To have a family.
Activities: Soccer 9-12
Favorite Memory: Hanging out with friends.

Timothy Huynh

"Fear aint in the heart of me, I learned just to do it, you get courage from your fears right after you go through it." - T.I.
Ambition: To become successful and well known
Activities: Basketball 9-10, Football 9-11
Favorite Memory: Joey Tex dropping a whole jar of pickled peppers in middle school and stunk up the whole hallway.

Alex Impagliazzo

5 Windhemshire Dr.
"Continuous effort - not strength or intelligence - is the key to unlocking our potential." - Winston Churchill
Ambition: To become a director, producer, or writer.
Activities: Tennis 9-10, Hockey 12
Favorite Memory: It is too hard to pick just one memory from the time I walked into high school until now.



Amanda Joseph

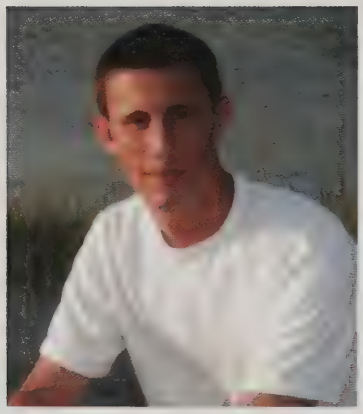
SENIORS

Alyssa Karbowski

"Life is not about waiting for the storm to pass, it's about learning how to dance in the rain." - Anonymous
Ambition: To make it through pharmacy school
Activities: Band 9-12, Field hockey 11, NHS 12
Favorite Memory: The band cruise to Bermuda and trip to Disney.

Kerri Kinsella

152 Chestnut St.
"True strength is being able to stay strong when everyone else expects you to break down." - Anonymous
Ambition: To become a famous producer
Activities: Field Hockey 9-12
Favorite Memory: Bonfires, Field hockey, and Wrights

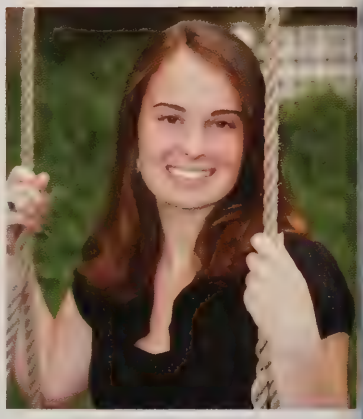


Derrick Lamoureux

"We can't change the world until we change ourselves." Biggie Smalls
Ambition: Be the change I want to see in the world.
Activities: Baseball 9, Basketball 9-12
Favorite Memory : All the times I had with my friends.

Kathryn Lavall

51 West Ave.
"Maybe who we are isn't so much about what we do, but rather what we're capable of when we least expect it." - Jodi Picoult
Ambition: To be happy and make a difference.
Activities: Field Hockey 9-12, Key Club 9-12, Spirit Week Committee 9-12, Prom Committee 11, National Honor Society 11-12, Video Yearbook 12
Favorite Memory: Long bus rides and pinky circles with my field hockey girls.

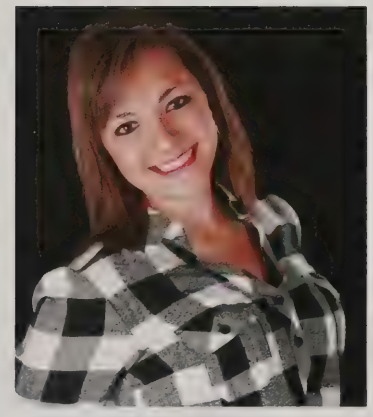


Stephanie Lesage

32 Edgemere Drive
"Well you know Grissom, the shortest distance between two points is science." - Warrick Brown (CSI)
Activities: Gay-Straight Alliance 10-12, Woodshop Club 10, Paper Cuts 10, Spirit Week Committee 9-12, French Club 9-10

James Letourneau

455 Read St.
"I cut the brake lines! WILDCARD!" - Charlie (It's Always Sunny in Philadelphia)
Ambition: To live forever.
Activities: Golf 9-12 Captain 12, Hockey 12, Indoor Track 11, Baseball 9
Favorite Memory: Senior Year



Meghan Lopes

60 Jane Howland Place
"Until the bad outweighs the good, never give up on anything that is important to you."
Ambition: To live a happy and successful life, with no regrets.
Activities: Field Hockey 10-12, Paper Cuts Magazine 11-12, Key Club 10-12, Yearbook 11-12, Drama Club 11-12
Favorite Memory: Hanging out at my locker with friends after school.

Laura Luiz

11 Sims Ave.
"Life is not measured by the number of breaths we take, but by the moments that take our breath away." - Anonymous
Ambition: Live life to the fullest.
Activities: Basketball 9

SENIORS

Devin Mackey

98 Bloomfield St.
"Live, Laugh, Love" - anonymous
Ambition: To be a straight up G.
Favorite Memory: All of the spirit weeks.

Jordyn Magill

"We used to laugh a lot, but only because we thought that everything good always would remain. Nothing's gonna change there's no need to complain." -Jack Johnson
Ambition: To become a pharmacist and lead a happy life.
Activities: Softball 9-12 Captain 12, Ski Club 9-12, Soccer 9-10, Class Council 9-12, PHN 9-10, GSA 10, Gymnastics 12
Favorite Memory:

Carlson Magina

92 Bittersweet Dr.
"Vai, o nao vai, sempre pava frente. (To go, or not to go; but always move forward.)
Ambition: To construct a skyscraper.
Activities: Soccer 9-12
Favorite Memory: First day of my high school career, my first period having Mr. Tetreault as a sub teacher and having the warmest welcome to the high school as he tried to run the spanish class.

Corinne Mariano

104 Bittersweet Drive
"Laugh as much as you breathe and love as long as you live." -Anonymous
Ambition: To live a happy and successful life
Activities: Field Hockey 9-12, Post Prom Committee 11, Indoor Track 9-12, Outdoor Track 9-12
Favorite Memory: Field Hockey, Prom, Hanging with my friends

Dylan Marshall

Ambition: Professional french horn player/teacher.
Activities: Band 9-12, Boys Swim 10-12, Soccer 9-11, Drama 10-11
Favorite Memory: Playing some basketball with Ryan Turner.

Rebecca Mattis

77 Robincrest Ct.
"Life moves pretty fast, if you don't stop to look around once in a while, you could miss it." - Ferris Bueler
Ambition: To live a happy life!
Activities: Tennis 9-12 Captain 12, Volleyball 10-12, Ski Club 9-12, Cheerleading 9, PHN 11
Favorite Memory: All the great memories with my friends.

Sarah Mayers

52 St. Laurent PKWY
"Never let the fear of striking out keep you from playing the game." - Cinderella Story
Ambition: To be a nurse, to live life and be successful
Activities: Fall Cheerleading 9-11, Basketball Cheerleading 9, Post Prom Committee 11
Favorite Memory: Cheerleading freshman year, prom, New York City trips, my best friends, Senior Supper, Senior Year, Friday night football games

Aric Mazick

957 Taunton Ave.
Activities: Golf 9-10, PHN 9-11, Math Team 10-12, National Honors Society 11-12

SENIORS

Michael McCormack

41 Fairfield Street
"A man is a success if he gets up in the morning and gets to bed at night, and in between does what he wants to do." - Bob Dylan
Ambition: Go to college, get a degree and a job, enjoy life
Activities: Swim 9-12 Captain 12, Golf 10, Outdoor Track 9-10
Favorite Memory: Swim and other shenanigans.

Sarah McDermott

3 Curt St.
"The definition of character is what you do when no one is looking." - Andrew Straus
Ambition: To find happiness, success, and grow up to be like my mom.
Activities: Swim 9-11, Softball 9-11, Track 11-12, Cheerleading 9, Post Prom and Spirit Week
Favorite Memory: My best friends including Ms. D.F., New York trips, prom, and senior year

Maeghan McGuirk

51 King Philip Road
"Life's too short. I'd rather live it happy." - Gaston Malloy
Ambition: To have my music or writing change someone's life and to travel the world.
Activities: Yearbook 10-12 Editor 12, Band 9-12, Creator of Jam Band 11-12, Jazz Band 12, Drama Tech 10-12, Afternoon with the Arts 11-12.
Favorite Memory: Singing on stage with bands, AP Camping, Band in general, Tech Crew, Talent Show, and memories with friends.

Class 2010

Alexis Medeiros

409 County St.
Ambition: Hair Stylist
Favorite Memory: Freshman year.

Andrew Medeiros

"I am careful not to confuse excellence with perfection. Excellence I can reach for; Perfection is God's business." - Michael J. Fox
Ambition: Singer/songwriter, actor, or a teacher.
Activities: Football 9, Soccer 11-12, Drama Club 11-12, Basketball 9, 11-12, Baseball 9, 11-12
Favorite Memory: Spirit Week

Steven Mortensen

940 County St.
"I came, I saw, I conquered." - Julius Caesar
Ambition: To live life to its fullest.
Activities: Indoor Track 10, Outdoor Track 10, Soccer 11

Casey Morvan

220 Prospect Street
"Love me or hate me, I promise it won't make or break me." - Anonymous
Ambition: To be a pediatric nurse.
Favorite Memory: Child Development with Ms. DF

Class 2010

Michael Mullen

99 Robincrest Ct.
"Would I rather be feared or loved? Umm...easy, both. I want people to be afraid of how much they love me." - Michael Scott
Activities: Cross Country 9-12, Basketball 9, Indoor Track 10, 12, Swim 11, Outdoor track 9-12, Key Club 9-10, PHN 10-12, NHS 11-12, Student Class Council 11-12

SENIORS

Kristen Nolan

120 Bradley Street
"Now, while I still have feet, I'm going to leave some footprints in the sands of time." - Ven Polypheme
Ambition: Have adventures and help the world in any way I can.
Activities: Field Hockey 9-12 Captain 12, Ski Club 9-12, Tennis 9-10, National Honor Society 11-12, Town Softball 4-12, Book Club 9, 12
Favorite Memory: Performance based chem class, field hockey, and AP camping

Danielle Nolette

48 Barberry Dr.
"And when you've laughed as much as you've breathed, you've realized how beautiful life is." - Anonymous
Ambition: To become a nurse
Activities: Field Hockey 9-12 Captain 12, Indoor Track 10-12, Softball 9-12, Post Prom Committee 11, Video Yearbook 12
Favorite Memory: Field Hockey, New York Trip, Child Development Junior year with Emma, and Prom

Ian Novotny

"If I told you what it takes to reach the highest high, you'd laugh and say 'nothing's that simple'." - Peter Townshend
Ambtion: Aviation
Activities: Men's Cross Country 9-12, Men's Swim 10-12 Captain 12, Outdoor Track 10
Favorite Memory: Running on the XC team and swimming on the swim team.

Amy Nunes

176 Sherman Ave.
"You've got your passion, you've got your pride, but don't you know that only fools are satisfied. I dream on but don't imagine they will all come true." - Billy Joel
Ambition: To be happy.
Activities: Swimming 9-12 Captain 12, Key Club 9-12, Yearbook 11-12, PHN 10-12, Prom Committee 11-12
Favorite Memory: Senior year, spirit week.

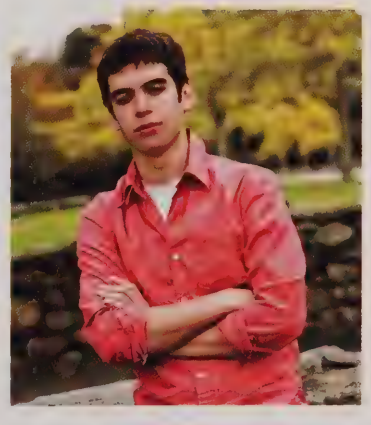
Emily Nunes

176 Sherman Ave.
"Eyes are blind, you have to look with the heart; the most important things are invisible." - Unknown
Ambition: To make a difference in the world.
Activities: Swimming 9-12, National Honor Society 11-12, Key Club 9-12, Student Council 9-12, PHN 10-12
Favorite Memory: Mr. Crippen's class and Senior year activities.

Casey O'Brien

15 Bishop Avenue
"Every game is an opportunity to measure yourself against your own potential." -Bud Wilkinson
Ambition: Physical therapist
Activities: Soccer 9-12, Outdoor Track 9-12 Captain 12, Indoor Track 10-12 Captain 12, Basketball 9
Favorite Memory: Prom

Matthew O'Brien



Daniel Olarte

77 Del-jo Drive
"Intelligence without ambition is a bird without wings." -Salvador
Ambition: Get money. Make art. Be happy.
Activities: Band 11-12, Jazz Band 11-12, Ski Club 11, Tennis 10
Favorite Memory: Not remembering anything at all...

Seekonk Public Library

SENIORS

Meghan Parella

231 County St.
"Nobody can go back and start a new beginning, but anyone can start today and make a new ending." - Maria Robinson
Ambition: To become a nurse.
Activities: Swim 9-12, Key Club 9-12, National Honor Society 11-12, Spirit Week Committee 9-12

Kyle Pariseau

Haleigh Paul

77 Mayfield St.
"If you can imagine it, you can achieve it. If you can dream it, you can become it." - William Arthur Ward
Ambition: Become a missionary in a 3rd world country.
Activities: Dance 13 years
Favorite Memory: Journalism freshman year with Lindsay Crafford and Katie Barboza

Meagan Pereira

Ambition: Radiologist
Activities: Volleyball 9-12 Captain 10
Favorite Memory: Spirit Week

Brandon J. Perry

850 Arcade Ave
"Wake up and see just what could be, my life as good as it ever be, close my mind, to the outside light." - Kid Cudi
Ambition: To be successful in everything I do.
Activities: Baseball 9-12, Tech Crew 9-10
Favorite Memory: Mr. C's Class

Shelbi Pinkham

185 Greenfield treet
"Finger prints don't fade from the lives we touch."
Ambition: To be successful and happy.
Activities: Volleyball 9-12 Captain 10, Cheerleading 9, Spring Track 10
Favorite Memory:Senior Supper, Spirit Week, and being with all my best friends especially Mr. Winsor's class!!

Zachary Plante

420 Read Street
"Life is a garden, dig it." - Joe Dirt
Ambition: To own a business.
Activities: Tennis 10-12
Favorite Memory: My friends and the good times.

Kailee Poland

"Dream as if you'll live forever, live as if you'll die today." - James Dean
Ambition: To become a pediatric nurse.
Favorite Memory: Spirit Week, junior year fitness walking class and senior year.

SENIORS

Tyler Polk

175 Lake St.
"I know my role, and I play it well." - Lil Wayne
Ambition: To go to and graduate college.
Favorite Memory: A. Period sociology class in the 11th grade.

Daphne Polselli

"People, even more than things, have to be restored, renewed, revived, reclaimed, and redeemed; never throw out anyone." - Audrey Hepburn
Ambition: tattoo artist, music therapist

Kevin Pomerleau

12 Carling Circle
"Sixty percent of the time, it works everytime." - Brian Fantanna
Ambition: To own a BMW so I can be as cool as Carlson.
Activities: Football 9-12, Baseball 9-12, Indoor Track 11-12

Jennifer Poole

"In this great future, you can't forget your past."
Ambition: To start the next chapter in my life, and become successful.
Activities: Softball 9, Tennis 12, Volleyball 9-10, Ski Club 9
Favorite Memory: All the unforgettable memories I've had throughout high school.

Bethany Potter

13 Forest Ave
"Horses lend us the wings we need to fly." - Unknown
Ambition: To become a doctor.
Activities: Ski Club 9-12
Favorite Memory: Senior Year, Spirit Week, Junior Year Fitness walking class.

Stephanie Powell

89 Woodland Ave
"You Twit." -Me and my friend
Activities: Book Club 10-12, Key Club 10-12, First Response 9-10, CSI 10-12
Favorite Memory: The Senior Countdown was fun.

Lucas Dylan Preston

"We are always getting ready to live but never living." - Emerson
Ambition: To have a successful career in Business Management.
Activities: Golf 9-12 Captain 12, Fencing 9-12 RIFAC
Favorite Memory: Spirit Week, prom, P-man's "Get off the bus" Speech.

Ryan Ramsden

202 Chestnut Street
"You have to be someone." - Bob Marley
Ambition: Detective, FBI Agent
Activities: Football 9, Basketball 9, Baseball 10-12, Soccer 12, Ski Club 11, Indoor Track 11
Favorite Memory: The good times with all my friends.

SENIORS

Kayla M. Rappaport

5 Bishop Avenue
"Nobody can go back and start a new beginning, but anyone can start today and make a new ending." -Maria Robinson
Ambition: Occupational Therapy or Radiology.
Activities: Basketball 9-10
Favorite Memory: Hanging out with friends, prom '08, '09, and '10, senior supper.

Stephen Rijo

17 Galen Court
"The more you practice, the luckier you get." - Tom Watson
Ambition: To become a pharmacist
Activities: Tennis 9-12, Golf 11-12, Ski Club 9-12
Favorite Memory: When I first started playing the guitar and it actually sounded good.

Taylor Robillard

"Nothing's impossible unless you think it is." - Anonymous
Ambition: work with Microsoft.
Activities: Baseball 9
Favorite Memory: Graduating high school with my friends.

Aris Santiago

26 Manehaven Dr.
"Never say, never! Because limits, like fear, are often allusions." - Michael Jordan
Ambition: To make a lot of money.
Activities: Soccer 9-12, Tennis 10, Basketball 12, Indoor Track 11
Favorite Memory: The whole experience of going to school!

Melissa Scott

"All your dreams can come true if you have the courage to pursue them." - Walt Disney
Ambition: Lawyer
Activities: Concert/Marching Band 9-12, Jazz band 10, Math Team 9-12 Captain 12, PHN 9-12, Swim Team 10-12, Drama 10-12, NHS 11-12, NHS Board 12, Spanish HS 10-12, Senior Class Council 12, Spanish Club 10, SHS Delegate to Mass Star Leadership Conference 10, SHS Delegate RYLA Leadership Conference 11, Girls State Leadership Conference 11, SHS Representative Land Trust 11-12

Chelsea Rae Shillan

58 Eleanor Drive
"Knowledge can never replace friendship; I'd rather be an idiot." - Anonymous
Ambition: To become an elementary school teacher.
Activities: Football Cheerleading 9-12, Basketball Cheerleading 9-10, 12
Favorite Memory: Cheeleading with the girls, Friday night games and prom 2009

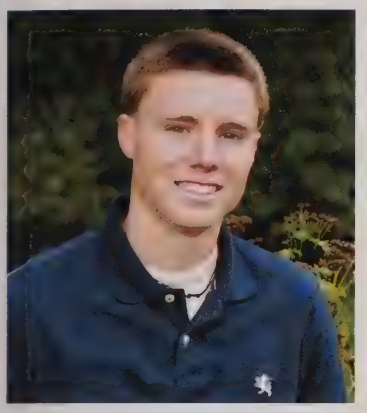
Caroline Silva

59 Sanders Avenue
"Everyone sees what you appear to be, you experience what you really are." - Machiavelli
Ambition: To make a difference in Fashion
Acticities: Swimming and Diving 9-12 Captain 12, Outdoor Track 9
Favorite Memory: All of the crazy times with the swim team, intro to foods junior year, and when Kenny yelled at everyone on the bus.

Rayna Silva

103 Mayflower Drive
"The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt
Ambition: To become a successful pediatric dentist
Activities: Field Hockey 9-12, Basketball 10, Track 10-11, PHN 10-12, Key Club 9-12, Ski Club 9
Favorite Memory: The New York City trips and Field Hockey

SENIORS

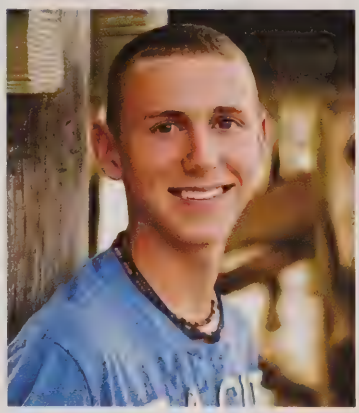


Richard Silva

67 West Ave.
"Never say never because limits like fears are often just an illusion." - Michael Jordan
Ambition: To become successful and rich
Activities: Tennis 9-12 Captain 10-12, Basketball 9-12 Captain 12
Favorite Memory: Prom, Senior Year, Basketball, Hanging with the boys.

Luke Small

220 Cherry Hill Drive
"It's true you have to play to win but you also have to win to play." - Michael Scott
Ambition: To live a good, happy, and successful life
Activities: Baseball 9-12, Golf 9-12
Favorite Memory: Spirit Week, baseball junior year, and Caravan Crew

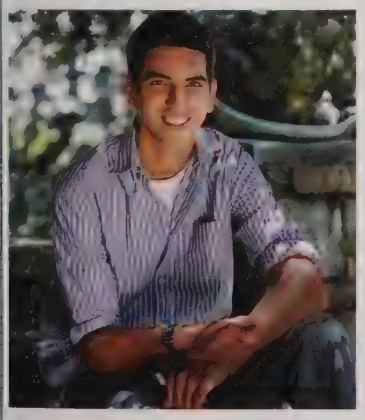


Seth Smart

717 Arcade Avenue
"Be the change you want to see in the world." -Gandhi
Ambition: To find success and happiness in life
Favorite Memory: Ski Trip

Edward Soares

14 Del-jo Drive
"Flying may not be all plain sailling, but the fun of it is worth the price." - Amelia Earhart
Ambition: Fly a plane around the world.
Activities: Football 9, Tennis 10, Diving 11
Favorite Memory: Diving Junior Year



Antonio Sousa

197 Willard Avenue
"If at first you don't succeed, then surely skydiving is not meant for you." -Author Unknown
Ambition: Contractor
Activities: Cross Country 10, 12, Indoor Track 11-12, Outdoor Track 9-12
Favorite Memory: Ski trip to Loon Mountain

Tasha Sousa

197 Willard Avenue
"If you can't see the bright side of life, polish the dull side." -Unknown
Ambition: Elementary School Teacher
Activities: Outdoor Track 9-11, National Honor Society 11-12, PHN 9-12, Soccer 9-11, Ski Club 9, Bible Club 11-12, Math Team 11
Favorite Memory: Spirit Week and other cool stuff.

Ethan J. Souza III

Ambition: Own an automotive shop

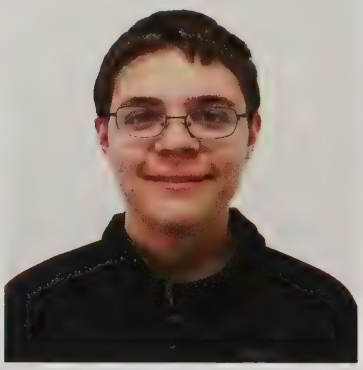
Jennifer Souza

50 Kristen Drive
"Life's not about waiting for the storm to pass; it's about learning to dance in the rain." -Unknown
Activities: D*Ance all 4 years
Favorite Memory: Spirit Week, Senior Supper, Prom!

SENIORS

Julia Spencer

1315 Newman Ave
"Wherever you go, go with all your heart." -Confucius
Ambition: Get rich or die trying.
Activities: Cross Country 9-12 Captain 12, Indoor Track 9-11, Outdoor Track 9
Favorite Memory: Prom 09



Franklin Starr

19 Pamden Lane
"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away." -Henry David Thoreau
Ambition: Math teacher
Activities: Math Team 11-12, NHS 11-12, Community Service Initiative 11-12
Favorite Memory: Learning center: family, support and friends

Emily Stoukides

515 Pine Street
"Some people walk into our lives just to walk out again. Others walk in and touch our hearts forever." -Anonymous
Ambition: To be a vet and work with horses
Activities: Horseback Riding 9-12, Concert/Marching Band 9-12, Jazz Band 9-12, NHS 12, Spanish Honors Society 10-12
Favorite Memory: Bermuda Cruise and Disney Trip with the band

Cara Swiechowicz

17 Jane Howland Drive
"I've got a fever, and the only cure is more cowbell." -Christopher Walken
Ambition: Anything with art, to travel, and to live life.
Activities: Girl's Soccer 9-10, Indoor Track 9-12 Captain 12, Outdoor Track 9-12 Captain 12, Spanish Club 10, Spirit Week 11-12, Prom Committee 11, Class Council 11-12, Civil Air Patrol 9-10, Pinegate Riding 9-12
Favorite Memory: DR vs. Seekonk Indoor Meet Sophomore Year. It was intense!

Norley Tabares

"I just want paper like a trash can." -Lil Wayne
Ambition: Pro Soccer Player
Activities: Soccer 9-12
Favorite Memory: Being in school with my older brother in freshman year.

Class of 2010

Trevor Tattersall

380 Woodland Ave
"I would rather live one good life than 1,000 in the afterlife." -Unknown
Ambition: To live a long healthy life.
Activities: Football 9, Swim 12, Track 12

Jasmine Taylor

5 Barberry Drive
"Seize the day, trusting as little as possible in tomorrow." -Horace
Activities: Majorettes 11-12

Matthew Taylor

265 Oak Hill Ave
"I'm on the pursuit of happiness." -Kid Cudi
Ambition: Landscape Architect
Favorite Memory: Pond hockey with the boys.

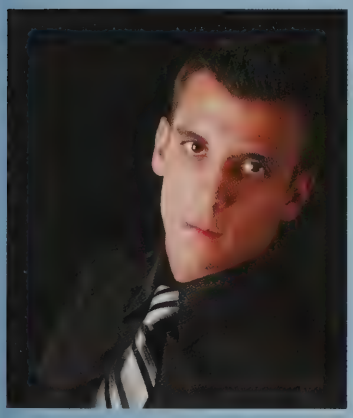
SENIORS

Joseph Teixeira

6 Jacob Street
"A man can make a suit of clothing, but a suit of clothing cannot make a man." - Anonymous
Ambition: To be successful, have fun, and meet great people along the way
Activities: Football 9-12 Captain 12, Indoor Track 9-12 Captain 12, Outdoor Track 9-12 Captain 12
Favorite Memory: 2007 SCC CHamps, All my friends, so many fun times

Noelle Tousignant

145 Elm Street
"But then again, maybe bad things happen because it's the only way we can keep remembering what good is supposed to look like." -Jodi Picoult
Ambition: To travel the world
Activities: Yearbook 11-12, Outdoor Track 11, NHS



Jonathan Trindade

54 Robin Hood Drive
"When you came into this world all you got was your name. When you leave the world all you have is your name. What you do in between is strictly up to you." - Ellis Hobbs
Ambition: To be successful and do something in the medical field
Activities: Soccer 9-12, Ski Club 9-12, Indoor/Outdoor Track 12
Favorite Memory: Times with the soccer team, Prom 09-10, Spirit Week, times on the ski club bus, and the good times with friends and family.

Ryan Turner

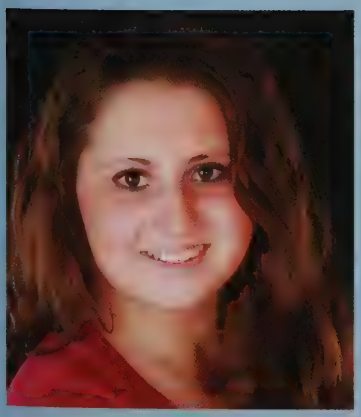
26 Haig Avenue
"They misunderestimated me." - George W. Bush
Ambition: To do something with math and keep playing drums
Activities: Baseball 9, Indoor Track 11-12, Outdoor Track 12, Drumline 9-12 Captain 12, Math Team 9-12, Jam Band 11-12, French Honors Society 11-12
Favorite Memory: I don't really have a favorite memory..I can't pick just one. All of my high school memories are my favorite.

Tyler Valerio

"If the toothpaste squeezes, call the doctor; If no, let 'em fly. The birds ain't green around here." - Me
Ambition: Tattoo, Piercing Artist
Favorite Memory: Doin' the jerk in my cow suit.

Mollie Vieira

125 Fall River Ave.
"There's a long road I've got to stay in time with. I've got to keep on chasing that dream, though I may never find it. I'm always just behind it." - Boston
Ambition: Hospitality and Event Mgt.
Activities: Field Hockey 10-12, PHN 9, 10, Key Club 9, Karate Jr. Black Belt, Dance 11 yrs, Drama 11, 12, Yearbook 12, YV Fife and Drum Corps 10 yrs.
Favorite Memory: NYC Trip



Cassandra Vinica

"The magic is as wide as a smile and as narrow as a wink, loud as laughter and quiet as a tear, tall as a tale and deep as emotion. So strong, it can lift the spirit. So gentle, it can touch the heart. It is the magic that begins the happily ever after." -Walt Disney
Ambition: To own my own bakery specializing in event cakes
Activities: Key Club 9-12, Spirit Week Committee 9-12, Prom and Post Prom Committee 11
Favorite Memory: The New York trip with Mollie. You know what I'm talking about.

David Welshman

Ambition: To be in the marines.

SENIORS

Dylan Welshman

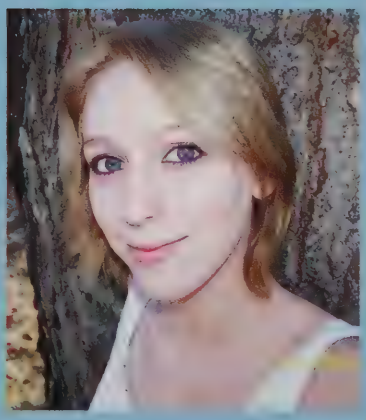
Ambition: Motorcycle Mechanic
Favorite Memory: When Mollie Viera peed her pants in 2nd grade.

Alexander Whitelaw

"A big man has no time really to do anything but just sit and be big."
-F. Scott Fitzgerald
Ambition: To be in a successful band
Favorite Memory: Seeing my friends every day and being blessed to have met so many amazing people.

Zhanna Williams

92 Barberry Drive
"I know the creator will go. But his work survives. That is why to escape death, I attempt to bind my soul to my work." -Michelangelo
Ambition: To be remembered
Activities: Art Club 11-12, CSI 11-12, Book Club 11-12, Tennis 10-12
Favorite Memory: Being grounded for almost three months because of bad grades and learning about myself. My friend sneaking me movies and magazines through my window.



Heidi Lucia Wolfe

122 Woodward Ave
"We're all living to die. So sit down, shut up, and enjoy the ride." - Anonymous
Ambition: I don't know what I want to be. All I know is I want to make a difference in someone's life.
Activities: Majorettes: 9-12, Concert/Marching Band 9-11, Drama Club 11-12
Favorite Memory: Tailgating in the school parking lot. Those hot dogs were good.

Jennifer Ann Wypasek

"We make a living by what we get, we make a life by what we give." - Winston Churchill
Ambition: To become a nurse and wedding planner
Favorite Memory: Spirit Week

Hanna Yando

"Because if God does not exist, then life...every second of it...is all we have." -Anne Rice
Activities: Concert/Marching Band 9-12, Jazz Band 10-12, Creator of Jam Band 11-12, Yearbook 11-12, Ski Club 9-12, NHS
Favorite Memory: French class & helping out at WaterFire in Providence for the NHS - it was fun but so cold!

Sarah Yu

89 Cedar Lane
"To love is to risk not being loved in return. To hope is to risk pain. To try is to risk failure, but risk must be taken because the greatest hazard in life is to risk nothing." - Anonymous
Ambition: To live life to the fullest with no regrets
Activities: Field Hockey 9-12, Indoor Track 10-12, Outdoor Track 9-12, Key Club 9-12, Ski Club 12, NHS 11-12, Spirit Week Committee 9-12, Prom Committee 11

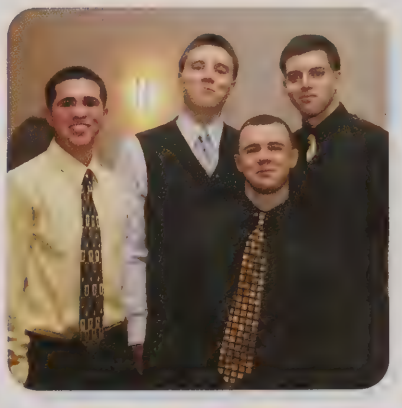
Zachary Zimmerman

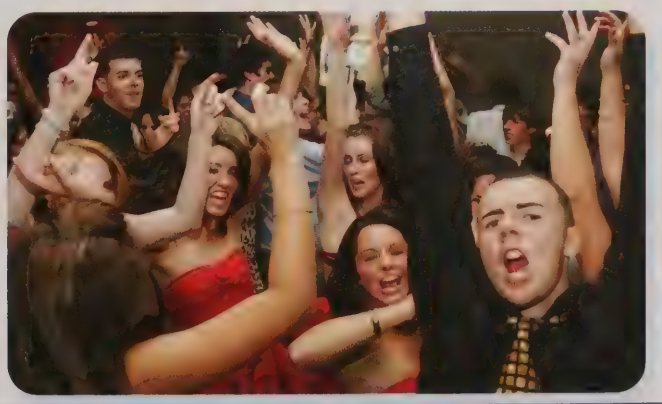
"Let it do what it does." -Ben Durham
Ambition: To do what makes me happy.
Activities: Cross Country 10-12, Indoor Track 10-12, Outdoor Track 9-11
Favorite Memory: I don't remember any right now but I know I have a lot, and they're all good.

SENIORS

Not Pictured:

Alyssa Bruhn
Kate Pardini
Daniel Andrews
Jeremy Beaupre
Michael Cabral
Jessica Campatelli
Emily Donnelly
Andrew Fontes
Derrick Lima
Alexis Medeiros
Casey Morvan
Alexander Reis
Sara Santos
Trevor Tattersall
...



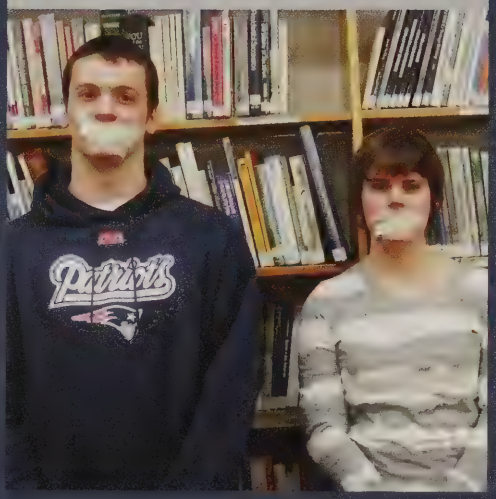


Senior *Kickoff*

Class of 2010

Typical Senior:
Nicholos Bitsis &
Sarah McDermott

Quietest:
Kyle Pariseau &
Hanna Yando



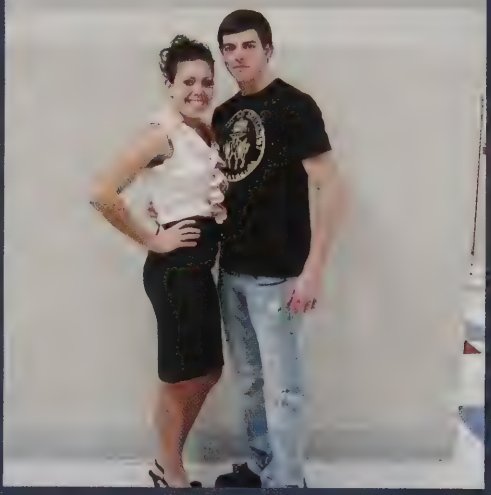
Most Talkative:
Daniel DaSilva &
Amy Nunes

Most Likely to Succeed:
Kenneth Cabral &
Melissa Scott

Super

Class Clown:
Nicholas Babbitt &
Julia Spencer

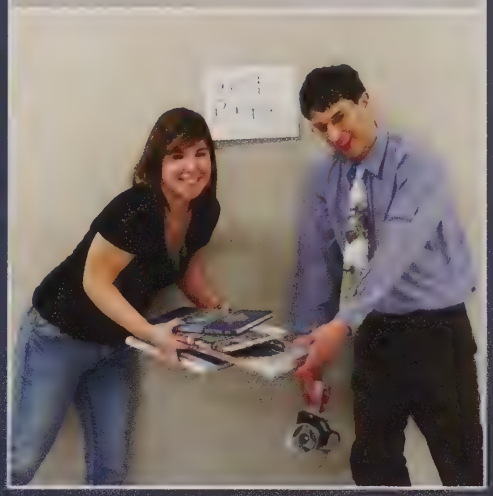
Best Dressed:
Casey O'Brien &
Katie Gosselin



Best Eyes:
Paul Hindle &
Carrie Daigle

Most Gullible:
Alex Impagliazzo &
Corinne Mariano

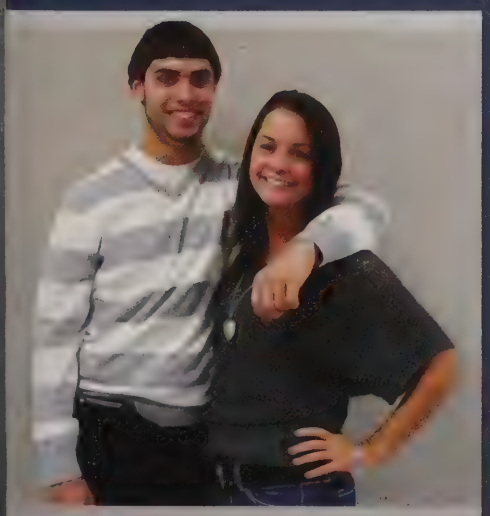
Biggest Klutz:
Ian Novotny &
Alison Crippen



"Best Friends":
Ryan Turner &
Kristen Nolan

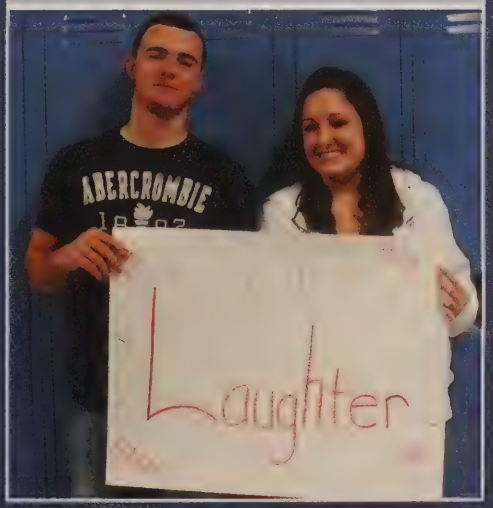
latives

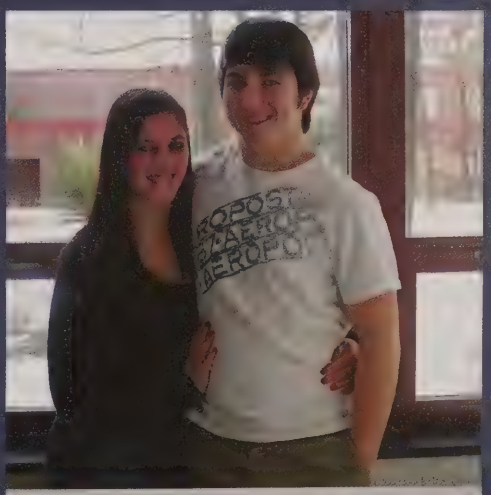
Class of 2010



Best Smile:
David Anderson &
Danielle Nolette

Best Laugh:
Joshua Bell &
Noelle Tousignant

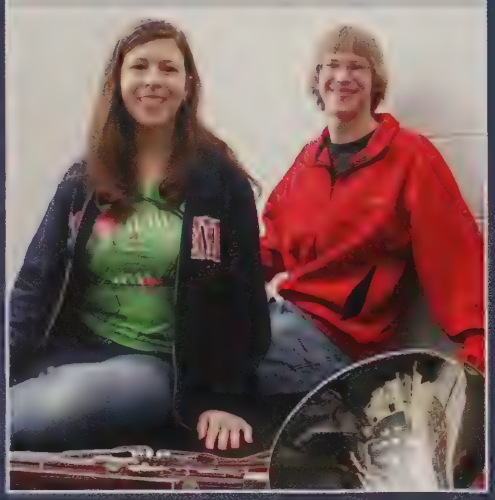


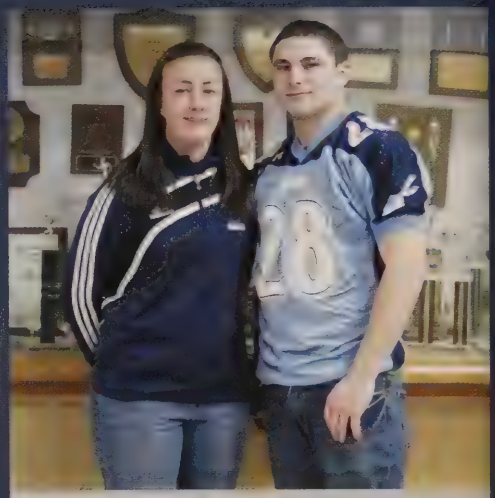


"Best Friends":
James Latourneau &
Cathryn Hartford

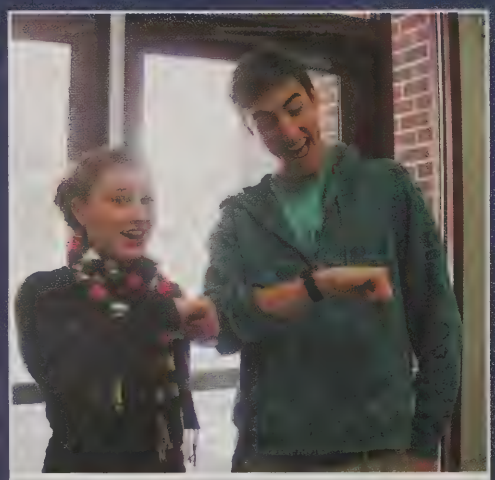
Most Artistic:
Daniel Olarte &
Kayla Gelotte

Most Musical:
Dylan Marshall &
Kim Fereira





Most Athletic:
Joseph Teixeira &
Krista Chauvin



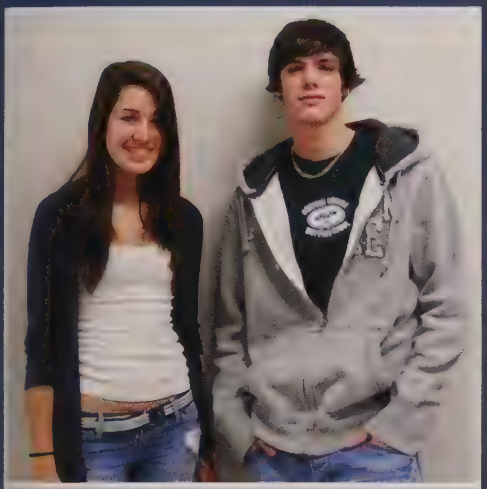
Most Likely to be Late to Graduation:
Zachary Zimmerman &
Madison Burke

Super

Most Likely to Become Famous:
John Gregorek &
Lynelle Ferreira

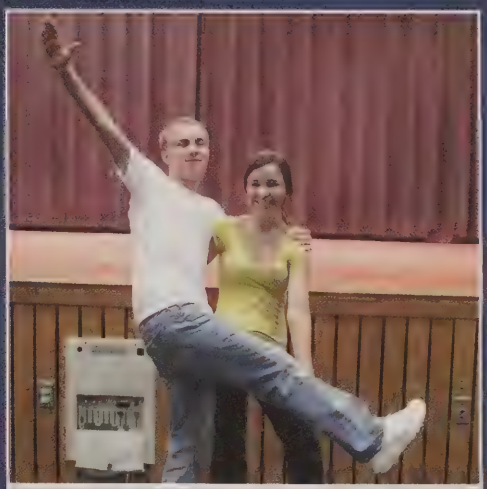
Friendliest:
Andrew Medeiros &
Kerri Kinsella

Biggest Flirt:
Zachary Caron &
Chelsea Shillan



Most Changed:
Daniel Huling &
Rebecca Mattis

Most Unforgettable:
Alexander Demou &
Stephanie Lesage



Best Dancer:
Michael Grela &
Crista DiSano

latives

Worst Driver:
Jason Barbosa &
Ashley Felix

Most School Spirit:
Zachary Goodheart &
Jordyn Magill

Life of the Party:
Timothy Huyhn &
Jackie Bahry

Most Likely to Sleep Through an
Earthquake:
Ryan DaSilva &
Meghan Lopes

Remember When

Class of 2010

Freshman Year

We had finally made it...high school! We entered the building, wide eyed in wonder, gaping at the enormous seniors, with their unshaven faces and overgrown beards. We were worried, unsure if we could make it in this high stakes world of high school. We ran in fear of getting stuffed into lockers, we walked with our eyes down to avoid ridicule from the upperclassmen. We kept to ourselves and quietly accepted the tomahawks that came with the taunting "FRESHMEN! FRESHMEN!" being yelled at us for our last place finish during Spirit Week, or any other assembly in the gym. We prepared ourselves for the future of our high school careers, and couldn't wait to see what came of it.

Sophomore Year

After our first summer as high schoolers, we came back to school ready to face the challenges again. The old seniors were replaced by the juniors of yesteryear, but they treated us with a little more respect, saving the insults for the new freshmen. We used our new found "sophomore status" to partake in the freshmen hazing, lashing out for the wrongs done to us the year before. Again, however, we came in last during Spirit Week with our "Luck of the Irish" theme, hoping to prevail in our junior year. After experiencing the wonder of STV News our freshman year, we noticed that it started to spiral downwards, but it didn't really matter; we attained a new level of power, and we wanted more. Oh, and who could forget...SCC WHAT? SCC CHAMPS!

Junior Year

This time when we returned to high school, we were upperclassmen - the junior class. We were faced with more responsibility, like setting up prom, and coming back from consecutive losses during Spirit Week. We prevailed...kind of. Third place isn't that bad, right? We discovered our contempt for the class below us, the class of 2011, and wanted to do anything to beat them in everything. We stood in awe of the wisdom of Dr. Fred Crippen while Demou became President of the World. We were introduced to AP Courses, and realized how tough they really were. We faced the flu epidemic that had as many as 130 students in one day. We witnessed the continuous downward spiral of STV News. Luckily enough, however, we were able to make it through another year of high school, and salivated at the year to come: SENIOR YEAR!

Senior Year

This is it. This is our year. After three long years of struggle, we finally achieved the status of the Senior Class, and we were ready to flex our muscles. We were the kings and queens of the school and we used it to our advantage. After facing the flu epidemic that swept the school before, we were ready to face another influenza outbreak with the H1N1 - the Swine Flu. Despite our Senior Strikes Back theme of Spirit Week, we came in second place, but it wasn't without its controversies. Spirit Week wasn't the only controversy: the Poop-Shoe Controversy of 2010 swept the school like wildfire, students fought to try and keep the Portuguese program alive, STV News continued to degenerate, and we found out how much Demou really loved Sax's. We ruled the school, accepted senioritis for what it was...AWESOME, and got ready to graduate and got ready for the world beyond...college.

Baby

Katie Barboza

Joshua Bell

Sarah Berube

Casey Blackbird

Emily Brown

Madison Burke

Zachary Caron

Mariah Carter

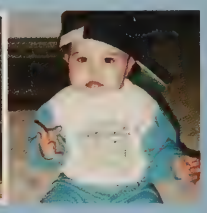
Megan Carter

Krista Chauvin

Janelle Clarkson

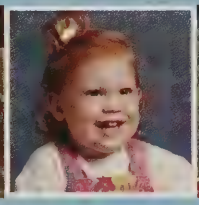
Joshua Costa

Lindsay Crafford


Courtney DaCunha

Carrie Daigle

Daniel DaSilva


Caitlin Dilorenzo

Crista DiSano

Makayla Dumond

Ashley Felix

Kimberly Ferreira

Lynelle Ferreira

Aiyana Fortes

Kayla Gelotte

Zachary Goodheart

Katie Gosselin

Jenny Greene

Michael Grela

Rebecca Grenier

Cathryn Hartford

Esther Henebeng

Tara Heroux

Timothy Houde

Daniel Huling

Alyssa Karbowski

Kerri Kinsella

Derrick Lamoureux

Kathryn Lavall

Stephanie Lesage

Meghan Lopes

Laura Luiz

Carlson Magina

Pictures

Corinne Mariano

Rebecca Mattis

Sarah Mayers

Aric Mazick

Michael McCormack

Sarah McDermott

Maeghan McGuirk

Casey Morvan

Michael Mullen

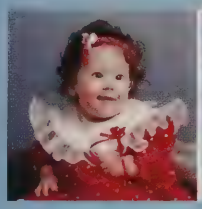
Danielle Nolette

Emily and Amy Nunes

Daniel Olarte

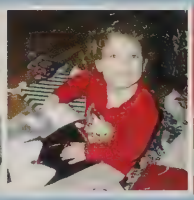
Meghan Parella

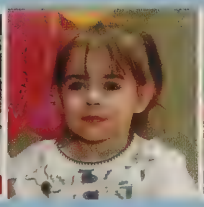
Haleigh Paul


Meagan Pereira

Brandon Perry

Shelbi Pinkham


Kailee Poland


Bethany Potter

Lucas Preston

Taylor Robillard

Chelsea Shillan

Caroline Silva

Rayna Silva

Luke Small

Tony and Tasha Sousa

Julia Spencer

Emily Stoukides

Norley Tabares

Jasmine Taylor

Joseph Teixeira

Noelle Tousignant

Jonathan Trindade

Ryan Turner

Mollie Viera

Cassandra Vinica

David Welshman

Dylan Welshman

Zhanna Williams

Heidi Wolfe

Jennifer Wypasek

Sarah Yu

CHERISH YESTERDAY DREAM TOMORROW

LIVE TODAY

DEE DEE THERIAULT

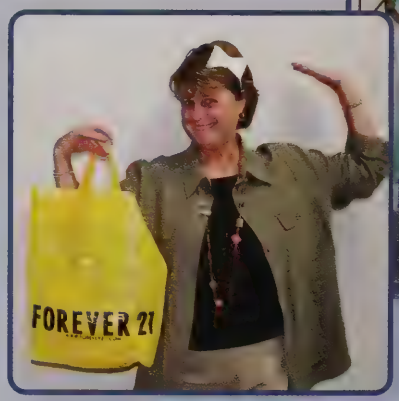
Flashback!

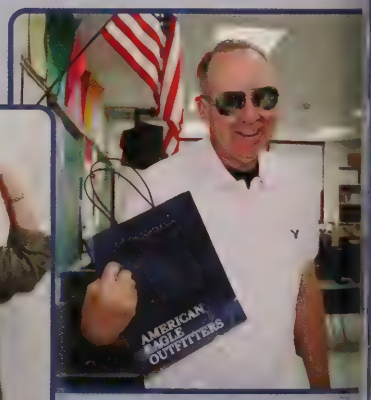
Senior Favorites

Color:
1. Blue
2. Green

Favorite School Event:
1. Spirit Week
2. Prom

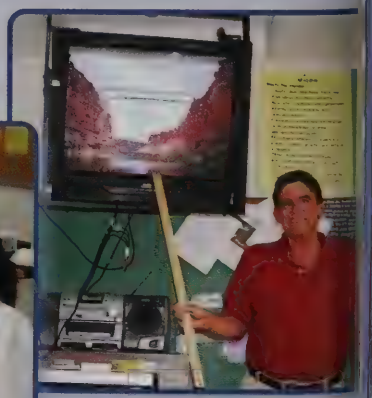
Favorite Candy:
1. Sour Patch
2. Reeses





Favorite Place to Shop:
1. Forever 21
2. American Eagle

Favorite Artist/Band:
1. Kid Cudi
2. Lady Gaga



Favorite Subject
1. Science
2. English

Favorite Food:
1. Pizza
2. Chinese

Favorite Ice Cream:
1. Vanilla
2. Chocolate

Favorite Sport/
Sports Team:
1. Baseball- Red Sox
2. Football- New England Patriots

Favorite Teacher:
1. Ms. DeFusco
2. Mr. Gerbi

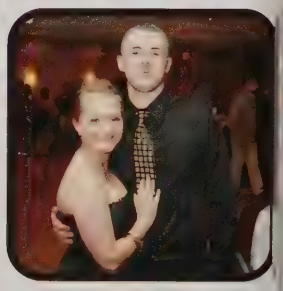
Favorite TV Show:
1. Family Guy
2. Always Sunny in Philadelphia

Favorite Movie:
1.The Hangover
2. Twilight

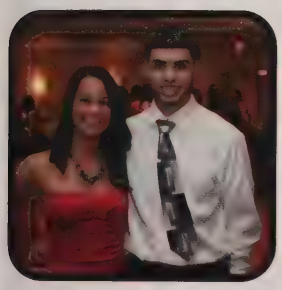
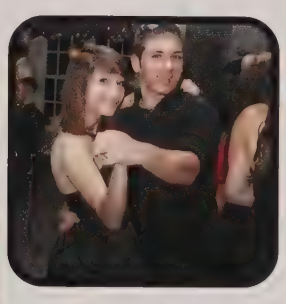
Sour Patch Candy: Mr. Rubin
Forever 21: Mrs. Velardo
Kid Cudi: Mr. Miller
Subject-Science: Mr. Bonneau & Mrs. Borden
Pizza & Chinese: Mrs. Lord & Mrs. Limperis
Baseball & Football: Mrs. Cook & Mrs. Wilbert
T.V. Shows: Mrs. Smith & Mrs Angelini

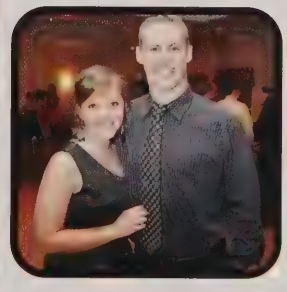
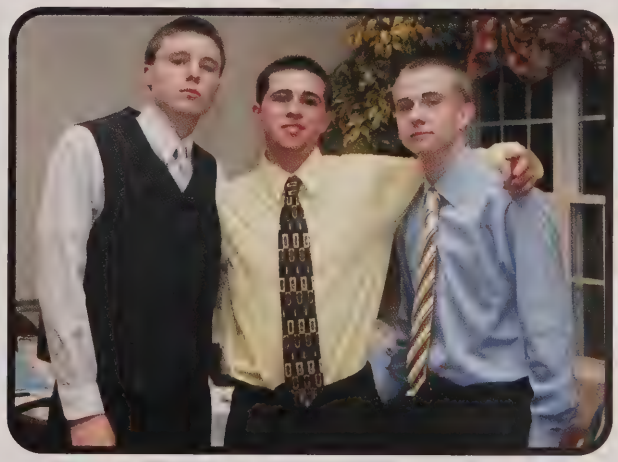
Reeses Candy: Mr. Winsor
American Eagle: Mr. Devlin
Lady Gaga: Mrs. Stone
Subject-English: Mr. Crippen
The Hangover & Twilight: Mrs. Rok
Vanilla & Chocolate Ice Cream:
Mrs. Salisbury & Mrs. Marinucci

Senior Supper



As we go on, we remember
all the times we've had together -Vitamin C

Juniors '11

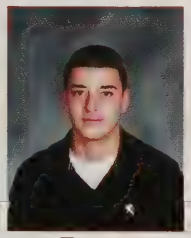
MiKayla Amaral

Cody Archambault

Alex Avila

Jeffrey Badger

Victoria Bahry


Ryan Barbosa

Connor Berube

Matthew Bizier

Katherine Blackburn

Steven Bradshaw

Justin Brousseau

Ryan Brown

Ria Cabral

Joshua Caisse

Heather Carlson

Justin Carvalho

Alyssa Casey

Amanda Castino

Andrea Chaves

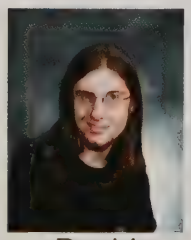
Haley Coccia

James Conn

Kristy Cosgrove

Laura Cota

Allison Cote


David Daniel

Victoria Danielson

Julia DeLeo

Nathan Dias

Juniors '11

Andrew Ferro

Matthew Ferro

Robert Fontaine

Katherine Fontes

Emily Gagliardi

Elliot Gault

Brenten Girard

Heather Glynn

Sharay Gomes

Benjamin Goudreau

Bethany Governo

Fallon Gowans

Victoria Gravel

Paige Greene

Katelyn Grela

Olivia Grocott

Mark Hafley

Jody Halliday

Christopher Harrington

Haley Harrington

Brianna Haslip

Sean Heaney

Zachery Holme

Jonathan Howard

Ashley Hurst

Amy Huynh

Devin Irving

Elizabeth Jensen

Juniors '11

Jacqueline Johnson

Constantine Kappatos

Cassandra Karns

Nicole Kenneally

Andrew Killian

Nathan Larrimer

Abigail Lawson

Amanda Leblanc

Cameron Leis

Jason LePage

Leah Lima

Matthew Lockwood

Ashley Lopes

Joshua Lukin

Jake Lyman

Hannah Marsland

Ashley Matano

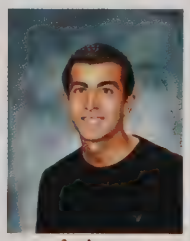
Annisia Matos

Jacob Mayo

Brendan McCabe

Carley McEnery

Ryan McGovern


Adam Mendes

Jonathan Michaluk

Michael Montijo

Christian Moran

Meaghan Moran

Amanda Moreira

Juniors '11

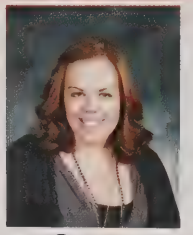
Christopher Morse

Christina Mowry

Ryan Murphy

Santiago Ochoa

Sarah O'Gallagher


Caitlin O'Halloran

Adam Olarte

Edward Olean

Jonathan Olson

Destini Payano

Alex Pereira

Vanessa Perry

Jeremy Plourde

Jordan Poirier

Michael Poland

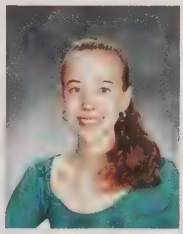
Kayla Poling

Anne Ransom

Breala Raulino

Aaron Renquinha

Cameron Rezendes


Ashley Richards

Nathan Rochefort

Ashley Rodrigues

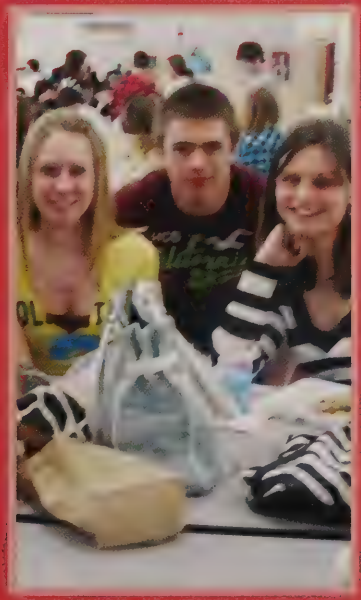
Alexander Ruckel

Julia Ryan

Jennifer Salit

Alexander Sceeles

Zachary Severance



Juniors '11

Ashley Silverman

Seth Sirois

Eric Sousa

Anna Spencer

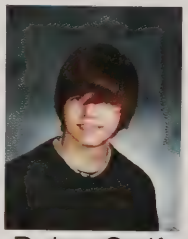
Rachel Spencer

Sarah St. Hilaire

Heidi St. Laurent

Danielle St. Pierre

Jackson Starr


Dylon Swift

Liliana Sykes

Jacob Teixeira

Luke Tousignant

Brett Treacy

Man Truong

Chad Tucker

Stephanie Valente

Travis Valentine

Lesley Varone

Abby Voyer

Kanarit Wirassamee

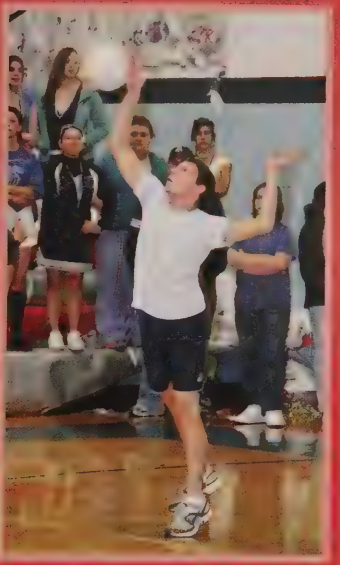
Kanokon Wirassamee

Cory Zimmerman

Benjamin Zucchi

Class of 2011

Juniors '11



Sophomores '12

Nicholas Abatecola

Taylor Agnew

Ivan Aguedo

Peter Alves

Derek Amaral

Michael Amaral

Bridget Ambers

Ashley Andrews

Thomas Andrikopoulos

Alysha Arata

Alexander Armstrong

Megan Arruda

Liana Ascolese

Brandon Babbin

Taylor Badger

Paul Banna

Andrew Barreira

Victoria Belcher

Grace Belt

Samantha Berard

Evan Berwick

Alexandra Beyrouthy

Kasie Blais

Kenny Borges

Connor Boyd

Samantha Boyd

Michael Braunsdorf

David Brosnahan

Sophomores '12

Matthew Brown

Courtney Brueggeman

Michael Burke

Angelica Cabral

Jasmine Cabral

Jamie Calci

Dan Carlos

Matthew Cavaco

Stacey Chaves

Allison Cinq-Mars

Travis Colangelo

Lyric Comerford

Ashley Corrao

Ryan Corry

Sean Corry

Isabella Cota

Shayna DaCunha

Mercedes Dawson

Megan DeBarros

Sherry DeBlois

Jacob Del Rosso

Alix Delgado

Brittany DeMelo

Connor Demille

Emily Dench

Christopher Desousa

Colby DeWitt

Nicolas Dundas

Sophomores '12

Tyler Eddy

Marinna Emond

Sarah Fanion

Kathryn Farinha

Ashley Farrell

Adam Ferreira

Jacob Findlay

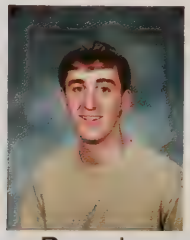
Matthew Foley

George French

Daniel Fulton

Alexa Gallishaw

Augustine Garcia


Branden George

John Grant

Aaron Greene

Kyle Greene

Hanna Gustafson

Taylor Harriman

Kelsey Harrington

Shannon Harrington

Victoria Harris

Ryan Horton

Stephanie John

Gabrielle Jones

Aristides Kappatos

Kyle Kearns

Cody Klegraefe

Matthew LaChance

Sophomores '12

Erin Laprade

Eric Lawrence

Demi Leite

Kelly Lewis-Hicks

Kailie Lima-Grossguth

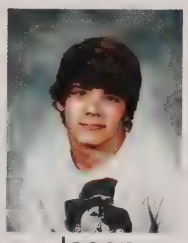
Jon Lukin

Alexandria Luther

Jeffrey Magina

Shelby Mariano

Shannon McGuirk


Jason McInerney

Brandon Mello

Jake Mello

Jacob Menard

Daniel Mendes

Christopher Mitchell

Holly Moore

Zachary Nadeau

Vanessa Noelte

Ronny O'loughlin

Taylor Obering

Deanna Oliveira

David Orleck

Jonathan Pazienza

Brian Penacho

Katelynn Pereira

Victor Pereira

Jessica Piche

Sophomores '12

Rachael Poirier

John Poons

Dayna Price

Tayla Price

Miranda Propatier

Ryan Proulx

Kyle Ramsden

Chelsea Reid

David Reis

Zachary Rice

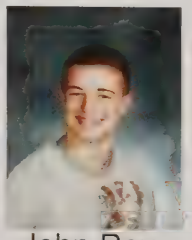
Isabella Rios

Jake Robillard

Shelby Rodgers

Christiana Roux

Molly Rowland

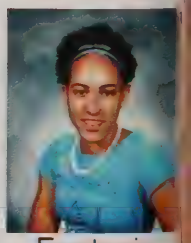

John Roy

Francis Saggal

Justin Salois

Alexander Sawyer

Andrea Sawyer


Fantasia Semedo

Kristen Sherrerd

Adam Shrewsbury

Jacob Silva

Samantha Silva

Victoria Silva

Sydney Sirois

Matthew Soares

Sophomores '12

Meaghan Soares

Katelyn Sousa

Nathan Sousa

Tyler Sousa

Xzandrea Spa

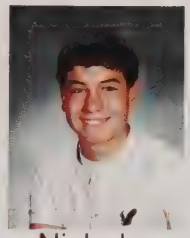
Nicole Spano

Jessica Stoukides

Dylan Sutcliffe

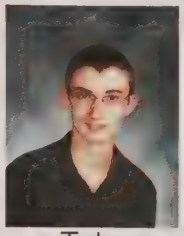
Joseph Tammaro

Elizabeth Tavares


Nicholas Tavares

Austin Travers

Tu Truong


Tyler Turcotte

Haley Vieira

Tyler Vieira

Leah Voccio

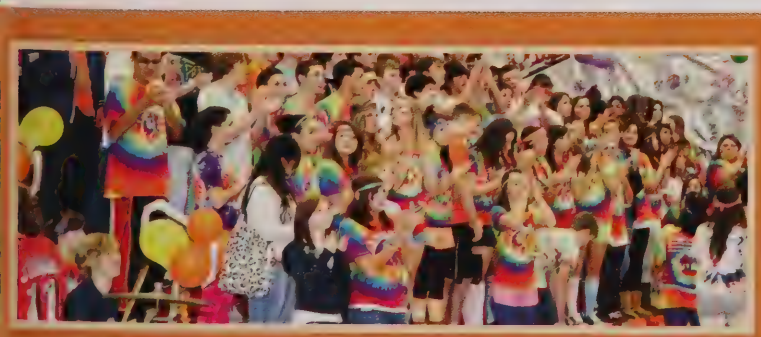
Rachel Westcoat

Kunakorn Wirassamee

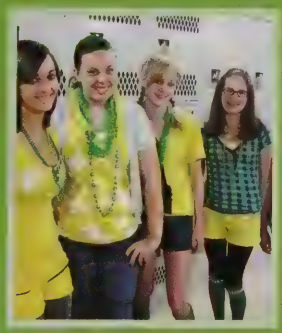
Lauren Yany

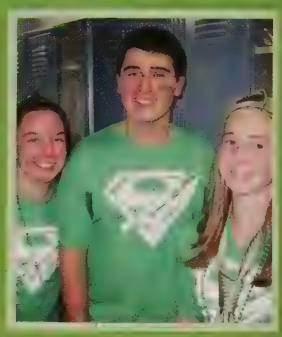
Sarah Zucchi

Class of 2012



Freshmen'13





Alexia Aguilar

Luke Allison

Katelyn Andrade

Madison Babbitt

John Balasco

Mathew Basile

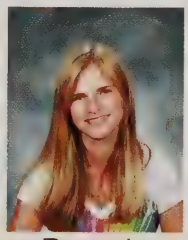
Rebecca Beauregard

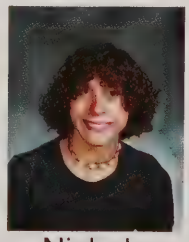
Madison Behan

Kailey Beland

Benjamin Benson

Jonathan Bibeault


Beverly Bienkiewicz


Nicholas Bizier

Olivia Blum

Collin Boyd

Alex Branco

Brianna Bruhn

Brandon Burrus

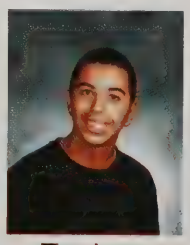
Abbie Butler

Hadley Cabral

Julia Cabral

Marissa Cabral

Ashlyn Carlson


Zachary Carter

Anny Cavallaro

Christine Cavallaro

Brittany Caverly

Tyler Chace

Freshmen'13

Alex Charpentier

Scout Christopher

Marissa Clodius

Michael Cloutier

Tori Coelho

Zachary Colangelo

Samantha Conn

Paige Connors

Mary Cote

Miranda Cummings

Alexandria D'Adamo

Jessica Daluz

Shyla Danforth

Benjamin Dellefemine

Trevor Demille

Shelby Dewitt

Aaron Dias

Daniel DiFrancesco

Kevin Donohue

Victoria Dower

Sarah Faulkner

Hannah Gadbois

Annie Gagnon

Nicholas Galasso

Brandon Gaudreau

Meghan George

Corey Gibson

Marcus Gibson

Freshmen'13

Jena Goodinson

Kaila Greene

Anthony Guglielmo

Alianza Hagenburg

Kenneth Hardman

Kristen Hashway

Brooke Herd

Alan Hess

Hannah High

Cristina Houde

Jocelyn Huftalen

Bradford Johnson

Katelyn Johnson

Taylor Jordan

Casey Kampegaard

Zachary Keenan

Samantha Lamoureux

Henri Lanciaux

Alexander Lansing

Annika Lawson

Lindsey Leclerc

Danielle Ledoux

David Leite

Matthew Lemos

Nicholas Levesque

Daniel Levine

Raquel Lima

Jenna Lombardo

Freshmen'13

Brianna Lopes

Victoria Luizzi

Marissa Marcotte

Hassib Mawad

Emily Mayers

Joshua Mayo

Patrick McDole

Rowan McKenna

Jenna Medina

Nathan Merlan

Devin Moakler

Andrew Montijo

Kylie Morvan

Brendan Mullen

Alexander Musial

Kelsey Nickson

Brie Noelte

Aaron Novotny

Kelsey Oliveira

Katelyn Osborne

Frank Parella

Carlos Parreira

Briana Payano

Michael Pereira

Joseiry Perez

Jared Plante

Brandi Poirier

Jacob Poirier

Freshmen'13

Emily Pope

Nicholas Richards

Nathan Robitaille

Alicia Rodrigues

Gabrielle Romano

Casey Rowland

Andrew Roy

Jake Roy

Forest Rudio

Daniel Saggal

Damian Shaw

Holly Shillan

Azka Siddiqui

Daniel Silva

Ethan Silva

Joshua Silva

Kyle Silva

Niko Silva

Troy Simcock

Rebecca Sochin

Jeremy Sousa

Tyler Sousa

Justin St. George

Acacia St. Pierre

Maribel Tavares

Alyssa Taylor

Kelsy Taylor

Jenna Tenreiro

Freshmen'13

Miranda Terra

Kateri Tousignant

Nathan Tracy

Dylan Treacy

Andrew Trindade

Khuong Truong

Brittney Vadeboncoeur

Tyler Vincent

Ryan Vincente

Erin Voyer

Kasey Webb

Shayna Wheatley

Allison Whitelaw

Brittany Wickham

Hoi Yee Wong

Isaiah Wooden

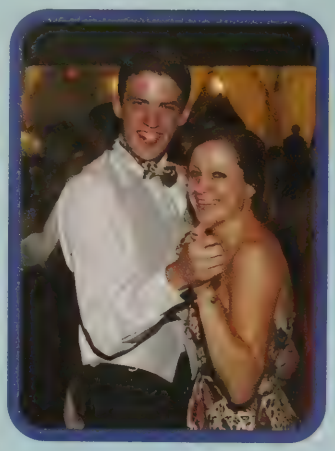
Caleb Wright

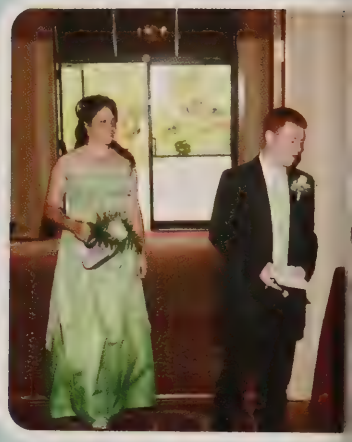
Jordan Young

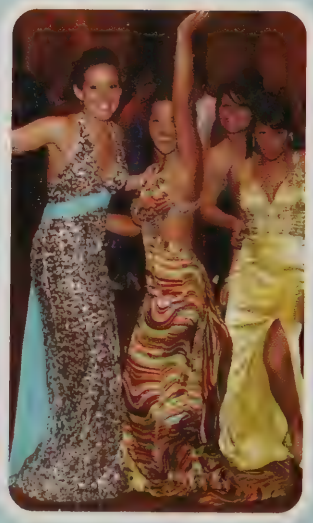
Class of 2013

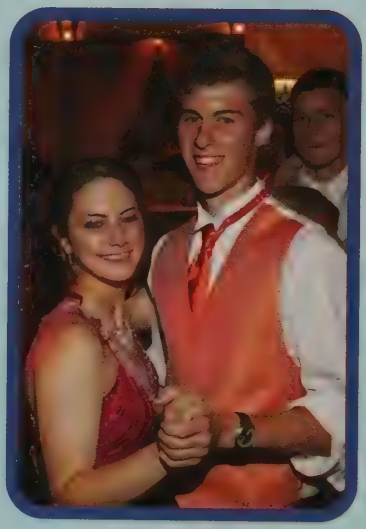
Prom 2009

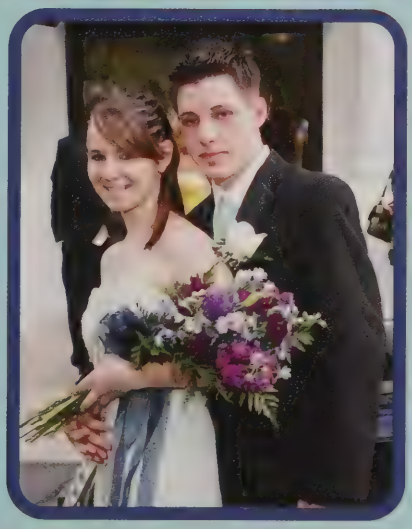
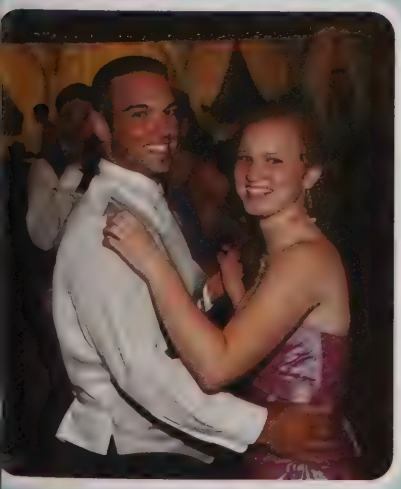
A Night in Paris

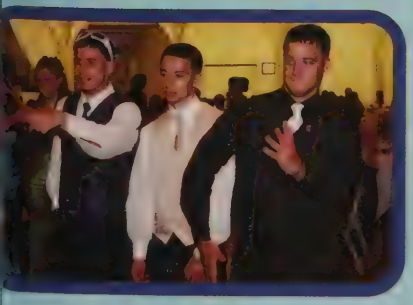


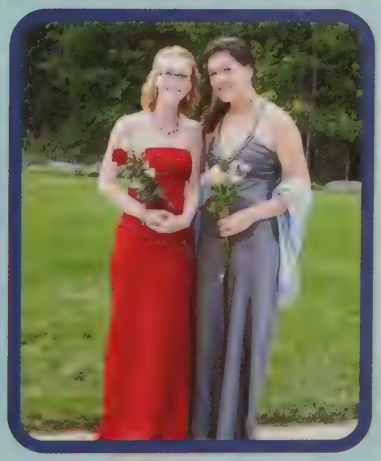




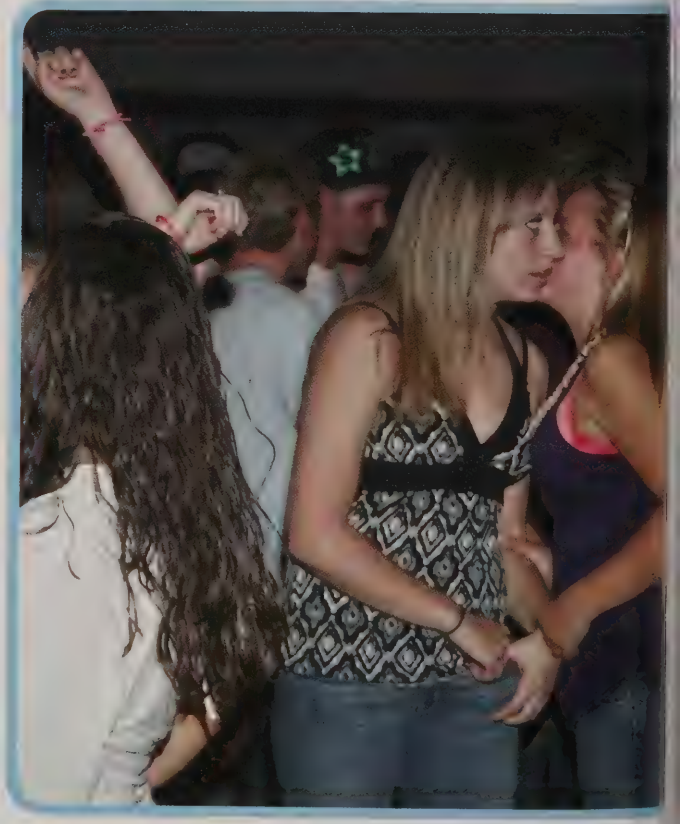


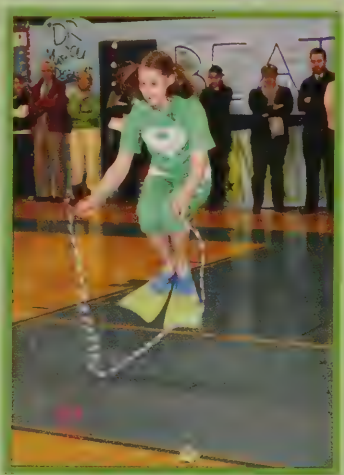




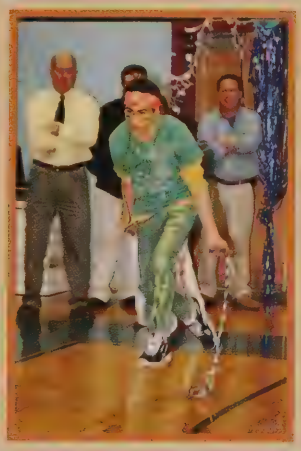
Homecoming



Spirit Week

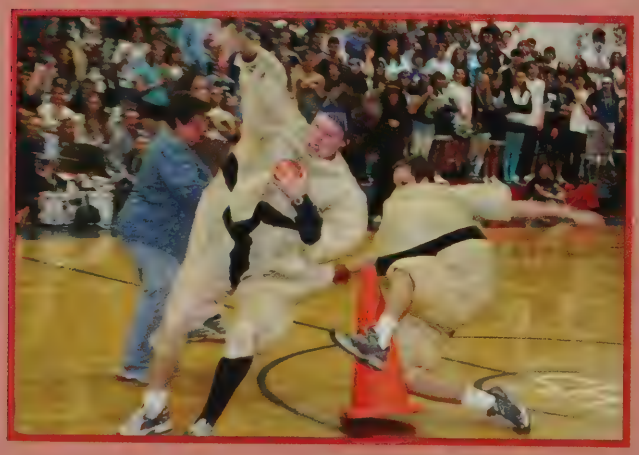


Fearless Freshmen



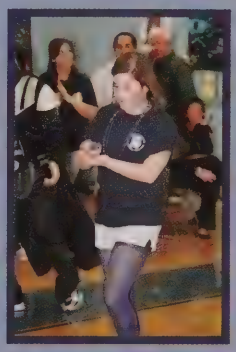
Psychedelic Sophomores

	13	13
Hypnotist	4	
Can Tabs	4	
Food (Soup)	4(22)	
(Pasta)	4(23)	
(Tuna)	4(14)	
Trivia	4	
Board Game	3	
Obstacle Relay	3(221.3)	
Floor Hockey	3.5	
Tug-O-War	3.5	
Basketball	3.5	
Artistic	4	
Dodge Ball	2	
Musical Chairs	4	
Picnic Relays	4(216.9)	
Cornhole	4	
Volleyball	2	
Survivor	3	
Spirit Vote	1	
Pennies for Peace	4	
Total	68.5	



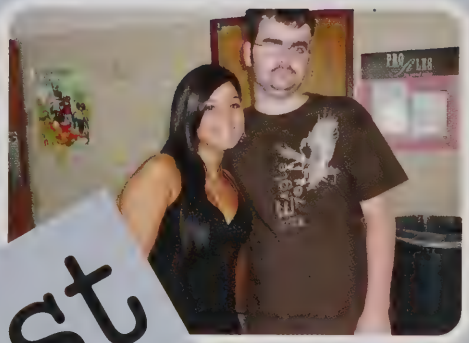
THE GREATEST CLASS ON EARTH

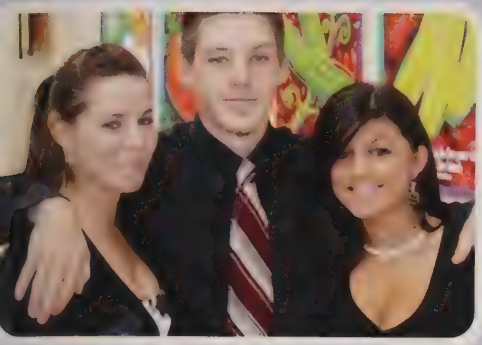
'11	'10
1	2
3	1
2(105)	1(269)
2(115)	1(174)
2(92)	1(267)
2	1
4	1
1(125.2)	2(132.1)
1	3.5
1	2
2	1
1	3
1	3
1	2
2(131.6)	1(121.0)
1	3
4	1
1	2
2	4
2	1
36.0	**36.5**



SENIORS STRIKE BACK

Best Friends

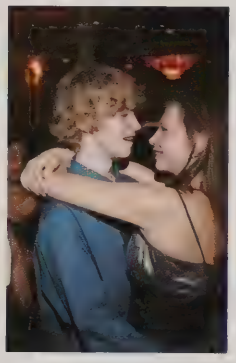
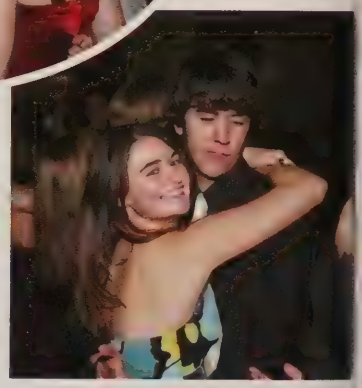


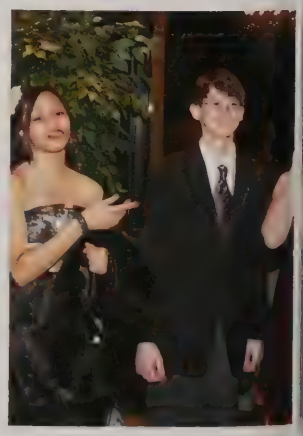


FOOTBALL
UNH
HOCKEY

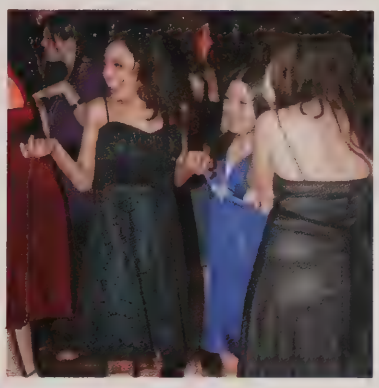
EXIT

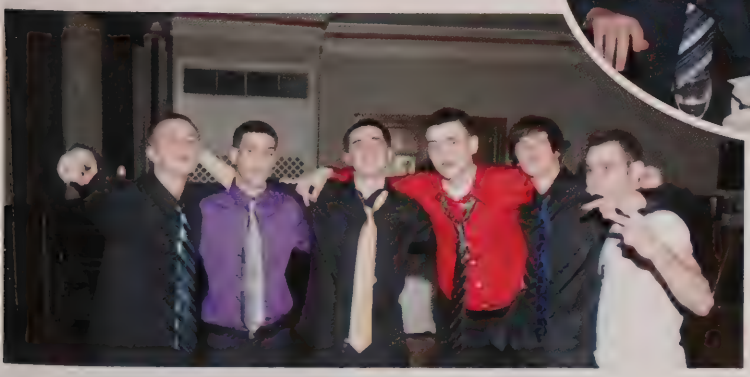
Winter



Ball





Boys XC:
John Gregorek

Girls XC:
Julia Spencer

Cheerleading:
Aiyana Fortes,
Carrie Daigle, and
Katie Gosselin

Football:
Joseph Teixeira,
David Anderson,
Zachary
Goodheart, and
Nicholos Bitsis

Field Hockey:
Danielle Nolette,
Courtney DaCunha
and Kristen Nolan

Ice Hockey:
Zachary Severance
and Rich Salve #22

Boys Soccer:
Paul Hindle,
Zachary Caron,
and Brendon
Gouveia

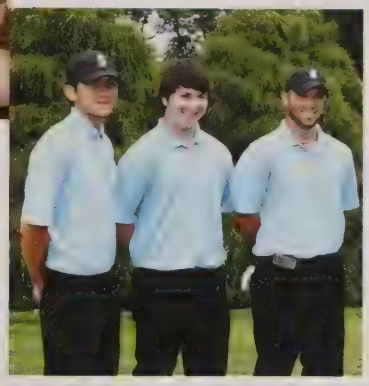
Girls Soccer:
Crista DiSano,
Krista Chauvin

Boys Tennis:
Ricky Silva

Girls Tennis: Emily
Brown and
Rebecca Mattis

Volleyball: Madison Burke & Kathryn Halpin

Golf: Lucas Preston, James Letourneau, and Tim Houde

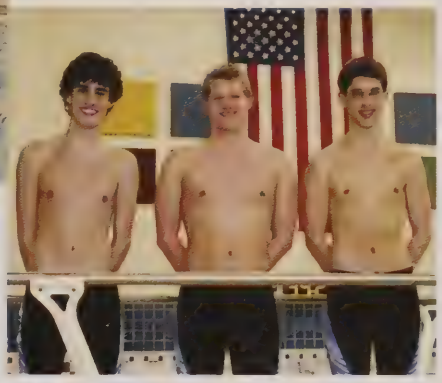


Boys Basketball: Ricky Silva

Girls Basketball: Heather Carlson, and Olivia Grocott

Girls Swim: Caroline Silva, and Amy Nunes

Boys Swim: Michael McCormack, Eddy Olean, and Ian Novotny



Girls Indoor Track: Janelle Clarkson, Sarah Yu, and Krista Chauvin

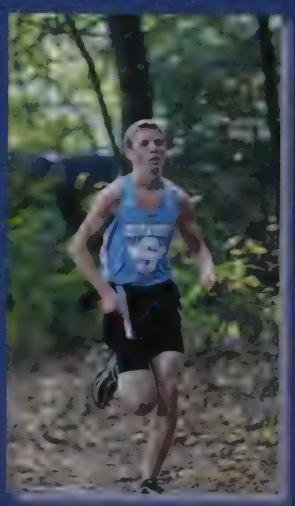
Boys Indoor Track: Casey O' Brien, John Gregorek, and Joseph Teixeira

Baseball: Paul Hindle, Andrew Killian, and Kevin Pomerleau

Softball: Jordyn Magill, and Madison Burke

Boys' Cross Country

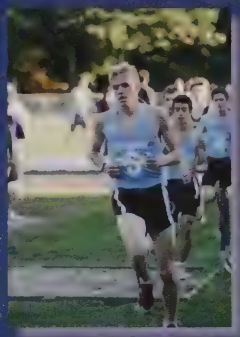
The Boys' Cross Country team, led by senior John Gregorek, had a very successful season. Going undefeated in their seven regular season dual meets, they continued to the Division IV East Sectionals, where they placed first overall, with Seekonk's individual runners placing first, seventh, tenth, fourteenth, and twenty-fourth. John Gregorek placed first with a time of 16:47. The team continued on to the all-state meet, where they placed third overall. The team is lucky to have a lot of young runners with a lot of potential, and hope to have another noteworthy season next fall.

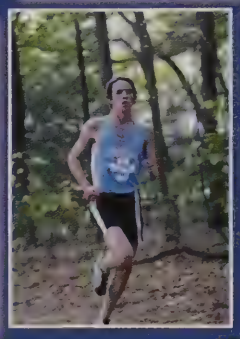


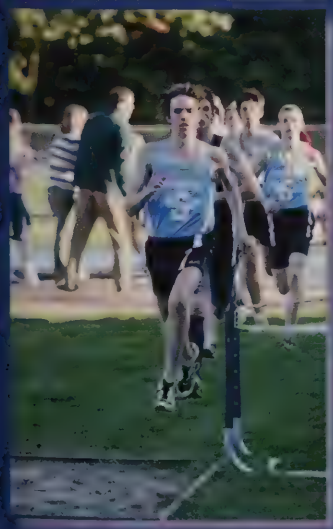
2009-2010 Record

Opponent	Result
Apponequet	15-48 (W)
O.R.R.	20-40 (W)
N.B.V.	15-44 (W)
Bourne	16-43 (W)
Fairhaven	15-50 (W)
D.R.	23-36 (W)
Foxboro	19-42 (W)

Front Row: Zach Zimmerman, Kenny Cabral, John Gregorek, Mike Mullen, Ian Novotny
Second Row: Cody Archambault, Nate Larrimer, Tony Sousa, Isaiah Wooden, Aaron Novotny
Third Row: Mark Hafley, Ben Goudreau, Ryan Brown, Connor Berube, Andrew Montijo
Fourth Row: Coach Mello, Jeremy Sousa, Jordan Young, Matt Cavaco, Jake Silva, Dan Mendes, Coach Mooney





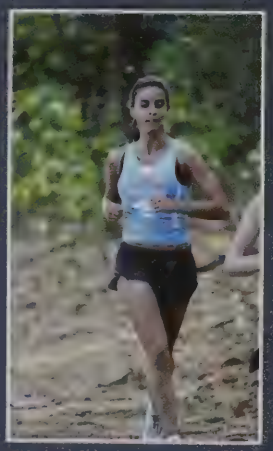


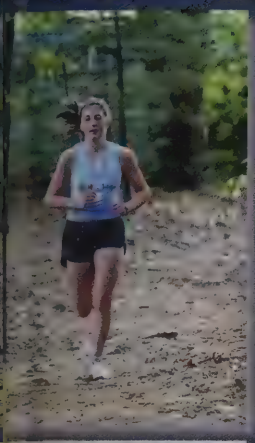
Girls' Cross Country

Coach Mooney, Coach Mello, Jody Halliday, Victoria Belcher, Rachel Spencer, Anna Spencer, Stephanie John, Destini Payano, Annie Gagnon, Katie Fontes, Emily Gagliardi, Cristina Houde, Jennifer Salit

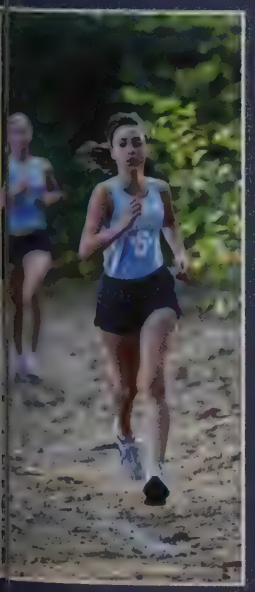
2009-2010 Record

Opponent	Result
Apponequet	15-45 (W)
O.R.R.	19-36 (W)
Bourne	15-50 (W)
N.B.V.	15-43 (W)
D.R.	21-38 (W)
Foxboro	22-33 (W)

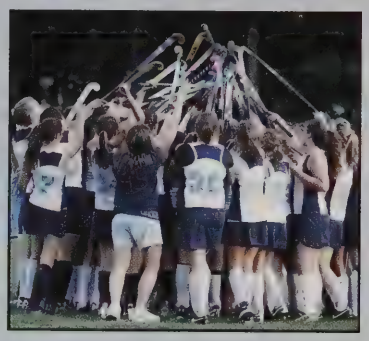




For the Girls' Cross Country team, the season began in early June with captain's practices, fun activities and the Westwood Cross Country Camp for many of the girls on the team. Hopes were high and goals had been set for the season. As the school year began, so did the usual weekly dual meets against local teams in the SCC Conference. The girls' team, with captain Julia Spencer, was able to remain undefeated with a perfect record of 5-0. Throughout the season they were about to run on their own Seekonk course twice, with junior Jenny Salit setting a new course record. Along with going undefeated in conference, the girls also won the SCC dual meet title, placed second at the MIAA Division IV Championship and qualified for the All-State meet at Northfield Mountain. These were huge accomplishments for these young ladies. Fortunately, most of the team was quite young so next year they will be able to pick up right where they left off. It looks like it will be an even greater success story next season. Congratulations on a Great Season, Girls!



Field Hockey



The field hockey team led by captains Danielle Nolette, Kristen Nolan, and Courtney DaCunha faced many challenges this year. From dog week to the final game, every girl on the field tried their hardest. With a devastating tie in the last game, the girls only needed one more point to go to States. But this team isn't only about playing. With pinky circles, pasta suppers, and the laughs of all these girls, they have made friendships and memories that they'll never forget. With the loss of seniors Danielle Nolette, Corinne Mariano, Kristen Nolan, Meg Lopes, Katie Lavall, Mollie Vieira, Alison Crippen, Courtney DaCunha, Cat Hartford, Sarah Yu, Rayna Silva, Makayla Dumond, and Kerri Kinsella, the underclassmen have large shoes to fill.

Seniors:

Varsity:

Top Row: Heidi St. Laurent, Cassie Karns, Cathryn Hartford, Makayla Dumond, Kerri Kinsella, Katie Lavall

Bottom Row: Rayna Silva, Danielle Nolette, Courtney DaCunha, Corinne Mariano, Heather Carlson, Sarah Yu, Amy Huynh, Kristen Nolan

Coaches: Kim Pellerin, Kathy Fernandes, Lisa Mastropietro

Play Hard, Score goals, Win the game as a whole!

28 Joseph Teixeira

Senior, Captain

David Anderson **43**

Senior, Captain

58 Nicholos Bitsis

Senior, Captain

Due to an unfortunate car accident, Nick was unable to play this season. He was lucky to participate in the Thanksgiving game. We are all happy to see that Nick is back to his happy and healthy self.

Team:	Home:	Opponent:
@Durfee	7	7
@Norton	3	6
w/ Bourne	15	14
@Apponequet	17	7
@Old Rochester	12	6
@Fairhaven	6	16
w/ Case	34	0
w/ Martha's Vineyard	6	20
@ Greater New Bedford Voc.	23	18
w/ Wareham	6	16
@ Nauset Regional	12	18
w/ Dighton-Rehoboth	6	20

Zachary Goodheart **68**

Senior, Captain

25 Kevin Pomerleau

Senior

Alex Demou **69**

Team Members: T. Agnew 37, D.J. Anderson 43, N. Bitsis 58, M. Bizier 53, S. Bradshaw 72, M. Burke 45, M. Braunsdorf 55, J. Caisse 54, C. Demille 85, A. Demou 69, N. Dias 21, A. Ferro 71, R. Fontaine 7, Z. Goodheart 68, T. Gustave 70, S. Heaney 16, J. Howard 77, A. Kappatos 60, A. Killian 30, M. LaChance 8, E. Lawrence 40, M. Lockwood 35, J. Lyman 1, B. Mello 3, A. Olarte 61, J. Olson 56, K. Pariseau 62, B. Penacho 9, K. Pomerleau 25, A. Ruckle 76, J. Roy 15, A. Sawyer 80, A. Shrewsbury 57, J. Starr 67, J. Teixeira 28, A. Travers 4, T. Viera 52

FOOTBALL

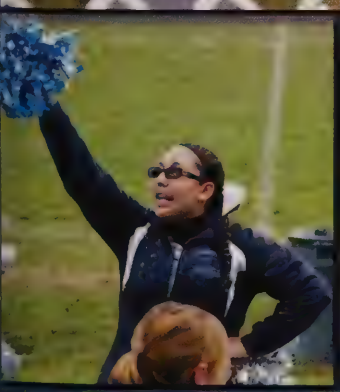
The 2009 Warriors were led by a small group of seniors in Joe Teixeira, Nick Bitsis, DJ Anderson, Zach Goodheart, Kevin Pomerleau, and Alex Demou. Of these seniors Joe Teixeira and Kevin Pomerleau were SCC All Stars, as well as juniors Matt Lockwood, and Jake Lyman. The season started off very well going (4-2) (4-1) in conference play with big wins over Apponequet, Old Rochester, and a last minute win over Bourne when Joe Teixeira took the majority of the second half carries. The big two point conversion came when junior Matt Lockwood and senior Joe Teixeira cleared the way for DJ Anderson. The Warriors were then prone to bad luck for the rest of the season, starting when junior safety Sean Heaney received a concussion and was lost until the final game. Also another huge loss came when Matt Lockwood broke his ankle in a 10 point loss to Wareham. Two major parts of the Warriors defense were lost for the rest of the season. Although the Warriors' season did not end so well, the future looks bright, returning 8 starters on offense, and 7 starters on defense. The 2010 warriors will be led by three year starters and Captains Matt Lockwood, Jake Lyman, and Andrew Killian.

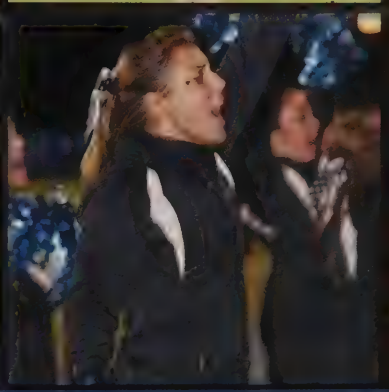
Seniors

-Carrie Daigle
-Aiyana Fortes
-Katie Gosselin
-Chelsea Shillan

With half of the cheerleading team made up of brand new girls, the rest of the members of Seekonk High School wondered how they were going to compete, and try to place with their new additions. The new freshmen were in luck when they found out they had the guidance of three senior captains, Carrie Daigle, Aiyana Fortes and Katie Gosselin, and with the help from coaches Mrs. Sailsbury and Mrs. Marinucci, who all led the way for the team. The season had flown by so fast that before they knew it, Halloween day had arrived, which was also the day of the team's SCC competition. Although the team did not place this year, they all knew that the effort, hard work, sweat and tears were worth it. That was the same day that the coaches proudly announced Katie Grela, Ashley Richards, and Sarah O'Gallagher as the new captains for the next school year. Good luck to the new captains and the rest of the team!

CHEERLEADING

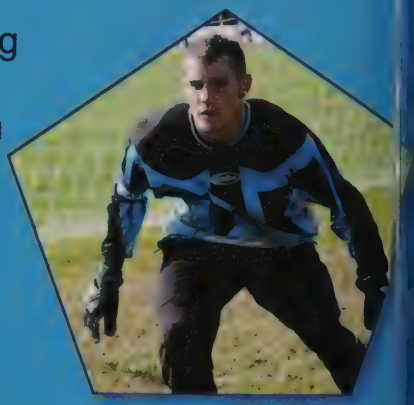




Boys Soccer

Coach Jeff Creamer, Matt Foley, Carlson Magina, Jeff Magina, Casey O' Brien, Adam Ferreira, Santiago Ochoa, Norley Tabares, Knight Wirassamee, Jake Teixeira, Edgar Lopez, Jay Rego, Aris Santiago, Nick Babbitt, Dan Huling, Ryan DaSilva, Matt Ferro, Zach Caron, Paul Hindle, Brendon Gouveia, Ryan Ramsden, Andrew Medeiros

The boys soccer team had another successful season, finishing with a record of 11-5-2. Led by senior captains Paul Hindle, Brendon Gouveia, and Zach Caron, the team was able to reach the State Tournament for the 5th consecutive season. The team battled through numerous injuries, and contributions were made by many new players who had to step up with the absense of others. Aris Santiago and Brendon Gouveia were recognized for their outstanding play by being named to the SCC All-Star team. Paul Hindle and Jay Rego were also recognized by receiving honorable mentions. The Attleboro Sun Chronicle named Aris Santiago, Brendon Gouveia, and Paul Hindle to their All-Star team and named Jay Rego as an honorable mention. The team will be losing valuable seniors such as: Paul Hindle, Brendon Gouveia, Zach Caron, Aris Santiago, Norley Tabares, Ryan DaSilva, Dan Huling, Carlson Magina, Casey O' Brien, John Trindade, and Andrew Medeiros. Even with the many departing seniors, the team has much to look forward to with many skilled young players returning in the fall.



	Seekonk	Opponent
@Apponequet	0	1
DR	2	4
@Fairhaven	3	1
Case	5	1
@Wareham	5	0
ORR	2	3
@Bourne	0	0
NB Voc	2	1
Apponequet	1	0
@Coyle Cassidy	2	0
@DR	4	1
Fairhaven	2	0
Wareham	2	0
@ORR	0	1
Bourne	1	1
Coyle Cassidy	4	1
@NB Voc	0	2
Case	4	0
Playoff@Hanover	1	2

Girl's Soccer

"I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion."-Mia Hamm

2009-2010

Opponent	Result
Vs. Apponequet	1-1
@ D-R	0-2
Vs. Fairhaven	3-3
@ Case	3-1
vs. Wareham	2-2
@ ORR	0-1
vs. Bourne	0-1
@ NBVT	2-1
@ Apponequet	1-1
vs. Coyle Cass.	0-2
vs. D-R	0-0
@ Fairhaven	1-3
@ Wareham	0-3
vs. ORR	1-1
@ Bourne	0-2
@ Coyle Cass.	0-2
vs. NBVT	4-2
vs. Case	4-0

This year's squad made Seekonk Girl's Soccer history having achieved the most successful season the program has seen since it first began in 1995. Led by team captains Krista Chauvin and Crista DiSano, the Lady Warriors were able to achieve a record of 4-8-6. One of the season's highlights was Seekonk's shut-out tie of arch-rival Dighton-Rehoboth 0-0. With Tom Crowley in only his second year as head coach, along with assistants Brit Bilodeau, Fil Fontes, and Ben Soares, the team looks to improve even more next year despite losing key seniors Krista Chauvin, Crista DiSano, Megan Carter, Elena Corrao, and Emily Brown. Juniors Tori Bahry, Christina Mowry, Heather Glynn, Nicole Keneally, and Sarah St. Hilaire as well as sophomores Megan DeBarros, Ashley Corrao, Sherry DeBlois all were very important contributors on the pitch and everyone is very positive for next year.

One Team - One Goal - One Way

"TOGETHER"

Top Row(L-R): Coach Brit, Coach Crowley, Krista Chauvin, Bella Cota, Kasie Blais, Brittany Caverly, Christina Mowry, Laura Cota, Crista DiSano, Coach Fontes, Coach Soares. Middle Row(L-R): Heather Glynn, Tori Bahry, Ashley Rodrigues, Shayna DaCunha, Shelby Mariano, Sarah St. Hilaire, Emily Brown. Bottom Row(L-R): Katelyn Sousa, Nicole Kennealy, Sherry DeBlois, Megan Debarros, Megan Carter, Ashley Corrao, Elena Corrao

Girls Swimming and Diving

Katelyn Andrade, Madison Behan, Julia DeLeo, Emily Dench, Shelby DeWitt, Irene Eberbach, Alexa Gallishaw, Fallon Gowans, Olivia Grocott, Kaila Greene, Haley Harrington, Shannon Harrington, Jackie Johnson, Katie Johnson, Amy Nunes, Emily Nunes, Meghan Parella, Jordan Poirier, Melissa Scott, Kristen Sherrerd, Caroline Silva, Rachel Westcoat

The 2009 girl's swim season turned out to be one of the more memorable ones in recent history. Led by captains Amy Nunes and Caroline Silva, the team finished their dual meet season with one of their strongest records (8-3), while also witnessing Jacqueline Johnson set a new team record in the 200 freestyle.

The team also had an impressive showing during their championship season placing 4th at their conference meet, 6th at their sectional meet, and 6th at the state meet.The season as a whole met and exceeded all expectations. The girls set very high goals for themselves and walked away achieving all of them. The team is looking forward to continuing this winning tradition in the 2010 season.

Team:

Score Board:

	Seekonk	Opponent
S.C. Relays		
NB	91	84
Attleboro	86	74
Bishop Stang	77	98
ND Acad.	79	102
Milford	93	79
B. Feehan	86	93
Apponequet	88	71
Durfee	98	77
Ursuline	92	88
Brockton	98	74
Westwood	100	81

Girls' Volleyball

Team: Katie Blackburn, Julia Ryan, Danielle St. Pierre, Madison Burke, Katie Halpin, Kayla Poling, Rebecca Mattis, Shelbi Pinkham, Ashley Felix, Victoria Gravel, Andrea Chaves, Janelle Clarkson, Caitlin DiLorenzo, Megan Perierra, Angelica Cabral
Coach: Earl Berwick

Through dedication and hard work, the SHS Volleyball team of 2009 achieved the best record of the squad's past three seasons. Led by the two senior captains, Madison Burke and Katie Halpin, the team pushed passed obstacles and hit the court hard ready to win. Although the goal of reaching the State's Tournament was not made, the team has improved their skill and intensity during this transitional year. The volleyball team bonded and was closer than ever, as was evident through their teamwork on the court. This year the team will lose many valuable seniors including Katie Halpin, Madison Burke, Rebecca Mattis, Janelle Clarkson, Shelbi Pinkham, Caitlin DiLorenzo, and Ashley Felix. They leave the team with ememories of intense games, ginger jokes, and great bus rides. We hope the team will always remember this memorable seaon and to always "LET THE BODIES HIT THE FLOOR." Earl is a great coach.

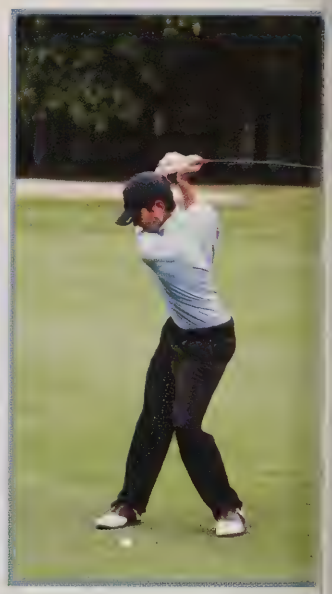
Team	Win	Lose
Apponequet	3	1
Apponequet	3	0
Bourne	0	3
Bourne	0	3
Case	0	3
Case	0	3
Dighton Rehoboth	1	3
Dighton Rehoboth	0	3
Fairhaven	0	3
Fairhaven	0	3
GNBVT	3	0
GNBVT	3	2
ORR	0	3
ORR	0	3
Somerset	0	3
Somerset	0	3
Westport	3	0
Westport	1	3
Wareham	3	0
Wareham	3	0

Seniors

Janelle Clarkson, Caitlin DiLorenzo, Madison Burke, Katie Halpin, Rebecca Mattis, Shelbi Pinkham, Ashley Felix, Meagan Pereira

Overall Record: 7-13

"We wear pants here son."
-Pman



2009 Golf Scores

Apponequet at Pouquoit	L
Brook/Lakeville	L
Dighton Rehoboth at Home*	W
Fairhaven at Home*	W
Wareham at Bay Pointe CC	L
Old Rodchester at Home*	T
Bourne at Bourne	W
Greater New Bedford Voc-T at Home *	W
Apponequet at Home*	L
Dighton Rehoboth at Crestwood	W
Fairhaven at Whaling City CC	W
Case at Case	W
Wareham at Home *	L
Old Rochester at Rochester CC	T
Bourne at Home *	W
Greater New Bedford Voc-T at Hawthorne CC	3rd
SCC Champinships	W
Case at Home *	

* Home games at Ledgemont CC

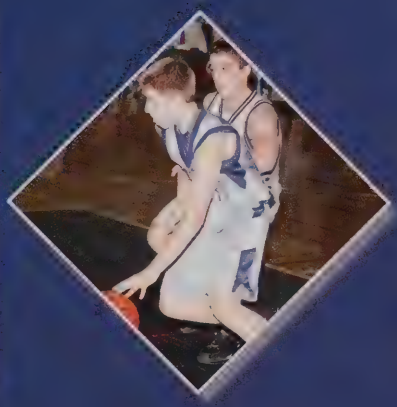
Golf

Back: Steve Rijo, Lucas Preston, Luke Small, James Letourneau, Tim Houde
Middle: Alex Lansing, Justin Brousseau, Kyle Kearns, Sean Corry
Front: Tyler Turcotte, Patrick McDole, Andrew Roy, Alexander Musial
Coach: Mr. Petrucci

With a season ending of nine wins, seven losses, and two ties, the Seekonk Warriors Varsity Golf Team had an exceptional year. All of this couldn't have happened if it wasn't for our solid top six. Holding up the one spot was Senior and Tri-captain Lucas Preston. Sharing the second and third spots were James Letourneau and Tim Houde, also Tri-captains. The fourth spot was held by Luke Small, who won and scored the most points overall in out matches. Justin Brousseau took the fifth spot for the year gaining many clutch points to win us the match. Lastly, sharing the sixth spot for most of the year was Senior Stephen Rijo and Sophomore Sean Corey, who also came through clutch many times. We were able to take 3rd place in the South Coast Conference, and from there we went to the States match at Dennis Highlands Country Club. Unfortunately, we did not place or have our best rounds, but overall, we had a fun adventure. Thanks to coach Mike Petrucci, the team had a fun and successful year, and our only hope is that they have another next year.

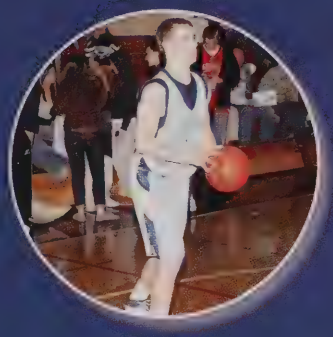
Boys Basketball

The Boys Varsity Basketball team finished the season at 11 wins and 9 losses. They qualified for the State Tournament and played the first round. Also, the team finished 11-5 in the South Coast Conference, tied for second place. The team's leading scorer was Senior Captain Ricky Silva with a 26.1 average/game. Ricky also scored his 1,000th point of his career against Wareham. Ricky has scored 1,126 points to date. Ricky is also a South Coast Conference All Star. Sean Heaney, Andrew Killian and Jacob Silva were the team's other leading scorers. Overall, the team improved throughout the season. They won some big games down the stretch to gain a playoff berth.



2009-2010 Roster:

Varsity Team:
David Anderson
Justin Carvalho
Sean Heaney
Andrew Killian
Derrick Lamoureux
Jason LePage
Jake Mayo
Taylor Robillard
Jacob Silva
Ricky Silva



Score Board:

	Seekonk	Opponent
Fairhaven	60	51
Case	91	54
ORR	83	67
Bourne	59	62
NB Voc	61	69
Apponequet	75	62
Bishop Feehan	54	87
DR	56	55
Fairhaven	61	43
Bourne	70	59

Girls Basketball

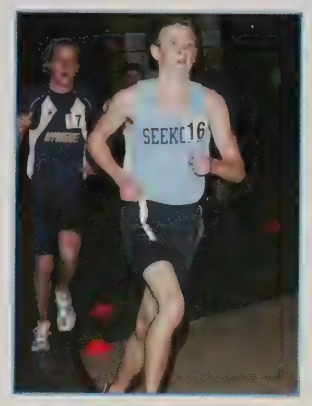
1st row: Ashley Hurst, Olivia Grocott, Samantha Berard, Amanda Cavallaro, Coach Borges
2nd row: Rayna Silva, Heather Carlson, Fantasia Semedo
(not in picture: Katelyn Andrade & Jocelyn Huftalen, Assistant Coach Maynard)

The girls' basketball team for the 2009-2010 season opened up their season with a 3 game winning streak. They had enough girls for a JV and Varsity team, but injuries caused them to have to end the JV season to take players for the Varsity team. They improved their record once again to 7 wins led by the two junior captains Olivia Grocott and Heather Carlson. Their leadership helped keep the team up when it was necessary and pushed through a rough season, always trying to keep the team together as one. Only one senior, Rayna Silva, decided to play this season, and her loyalty to the team showed her commitment. Amanda Cavallaro also showed her determination by scoring the most points for the team this season. Overall, the team's players look forward to continuing their improvement as they have the past few years and to come out as a more powerful team in the 2010-2011 season.

SCORES:

Opponent:	Seekonk:	Opponent:
Apponequet	43	29
Juanita Sanchez Complex	57	15
Somerset	44	42
Dighton-Rehoboth	39	52
Fairhaven	25	61
Case	46	52
Wareham	36	61
Old Rochester	24	61
Bourne	51	65
Gr. New Bedford RVT	45	63
Taunton	26	74
Apponequet	44	35
Taunton	29	75
Juanita Sanchez Complex	32	28
Case	49	60
Old Rochester	22	62
Bourne	33	42

Boys' Indoor Track



Head Coach: Matthew McCartin
Assistant Coach: Corey Charron

Seniors: Phillip Ashkar, Nick Babbitt, John Gregorek, Paul Hindle, Tim Houde, Mike Mullen, Casey O'Brien, Kevin Pomerleau, Ryan Ramsden, Tony Sousa, Joe Teixeira, Jonathan Trindade, Ryan Turner, Zach Zimmerman

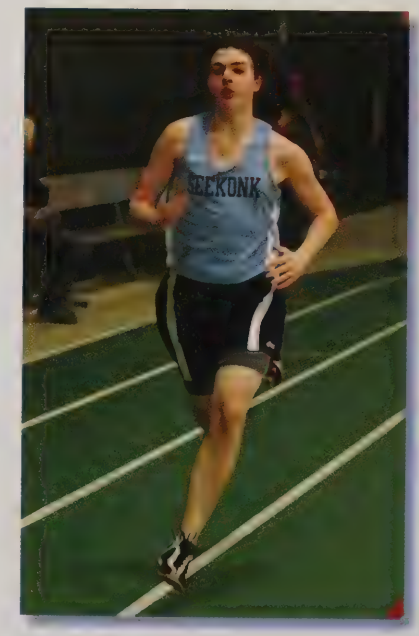
Juniors: Cody Archambault, Alex Avila, Connor Berube, Ryan Brown, Elliot Gault, Ben Goudreau, Mark Hafley, Nathan Larrimer, Adam Mendes, Jacob Teixeira, Brett Treacy

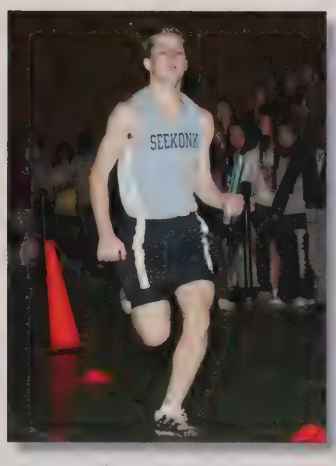
Sophomores: Daniel Fulton, Daniel Mendes

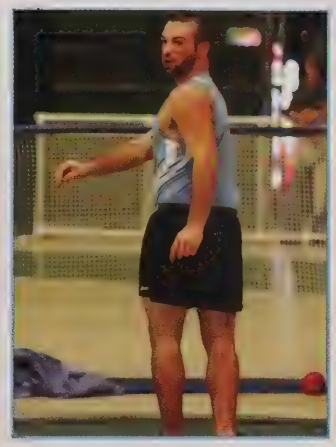
Freshmen: Alex Lansing, Brendan Mullen, Jacob Poirier, Nathan Robitaille, Isaiah Wooden, Caleb Wright, Jordan Young

SCC ALL-Stars:

Cody Archambault
Johnny Gregorek
Nathan Larrimer
Casey O'Brien
Jacob Teixeira







2009-2010

	SHS	
NB Voc	29	57
DR	42	43
Diman	59	26
Apponequet	64	22
Bourne	59	27
Case	75	10
Wareham	67	19
Fairhaven	72	14
ORR	53	33

7-2

-SCC Championship: 2nd

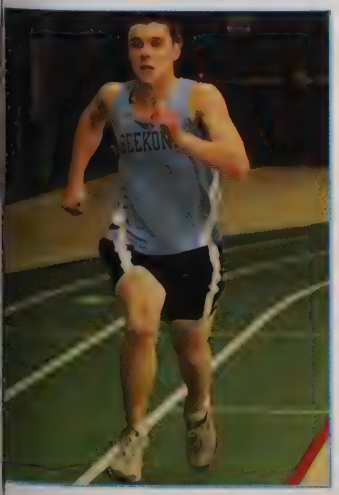
-Division IV State Championships: 2nd

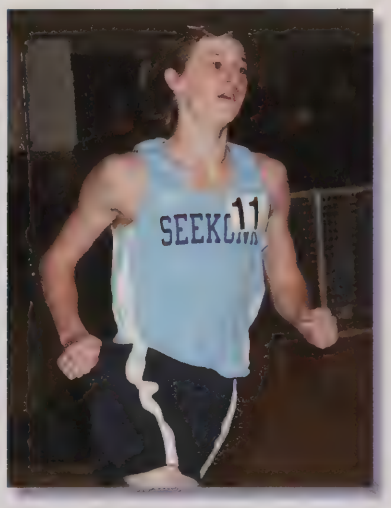
The Seekonk boys' track team had a great season this winter, finishing with a 7-2 record. A talented group of seniors- John Gregorek, Casey O'Brien, and Joe Teixeira, to name a few- led the team in victories over some competitive teams. In the Division IV State Championship meet, the boys seized second place by 2 points. This excellent placement was partly due to the 4x200 relay team, and Gregorek and O'Brien's individual performances. Tim Houde and Nate Robitaille, one of Seekonk's most promising freshmen in years, led the weight team in the 2009-2010 indoor season. Important top scorers also include Cody Archambault, Ryan Brown, Nathan Larrimer, Jacob Teixeira, and Ryan Turner. The boys' 2009-10 indoor track team was well-rounded with numerous record-breaking performances. Though the boys are losing valuable seniors, some who are the top runners in the state, they hope to achieve success again next year.

Most Valuable Athlete:
Jacob Teixeira

Coaches Award:
Casey O'Brien

Most Improved:
Mark Hafley



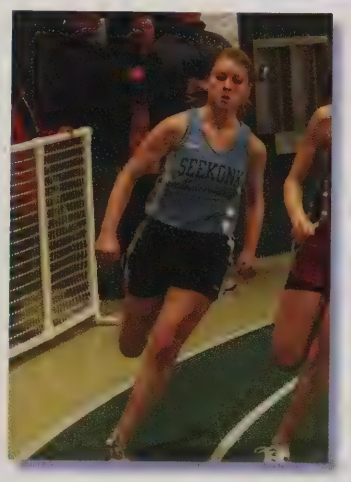


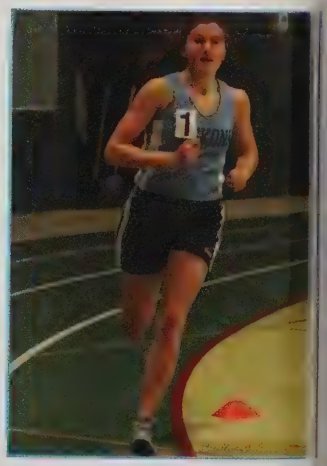
Girls' Indoor Track

2009-10

	SHS	
NB Voc	38	48
DR	46	40
Diman	69	10
Apponequet	65	21
Bourne	69.5	11.5
Case	57	32
Wareham	62	25
Fairhaven	54	26
ORR	48	38

Division IV State Relays: 4th
SCC Championships: 1st
Division IV State Championships: 4th
SCC Relays: 2nd
All-State Meet: 9th





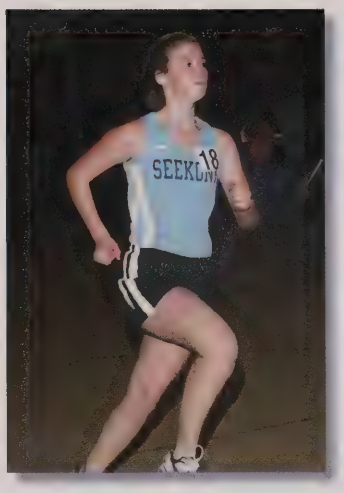
Coaches: Kurt Tavares, Christine Gregorek

'10: Krista Chauvin, Janelle Clarkson, Madison Burke, Caitlin Dilorenzo, Katie Gosselin, Katie Halpin, Cathryn Hartford, Corinne Mariano, Rebecca Mattis, Sarah McDermott, Danielle Nolette, Cara Swiechowicz, Sarah Yu

'11: Victoria Bahry, Amanda Castino, Andrea Chaves, Kristy Cosgrove, Victoria Danielson, Emily Gagliardi, Katie Fontes, Annisia Matos, Meaghan Moran, Christina Mowry, Caitlin O'Halloran, Vanessa Perry, Jordan Poirier, Jennifer Salit, Anna Spencer, Rachel Spencer, Sarah St.Hilaire, Liliana Sykes

'12: Victoria Belcher, Angelica Cabral, Allison Cinq-Mars, Megan DeBarros, Victoria Harris, Stephanie John, Shelby Mariano, Vanessa Noelte, Andrea Sawyer

'13: Anny Cavallaro, Annie Gagnon, Hannah High, Cristina Houde, Casey Kampegaard, Jenna Lombardo, Victoria Luizzi, Jenna Medina, Alyssa Taylor



Coaches Award:
Sarah Yu

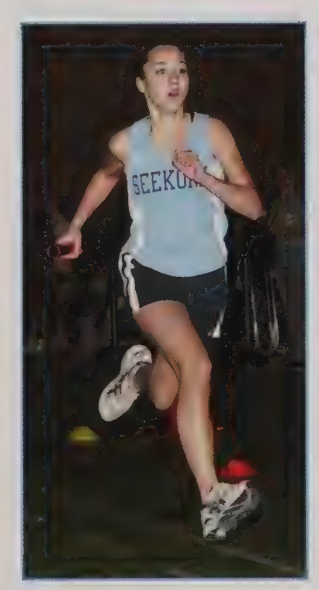
Most Improved:
Victoria Belcher

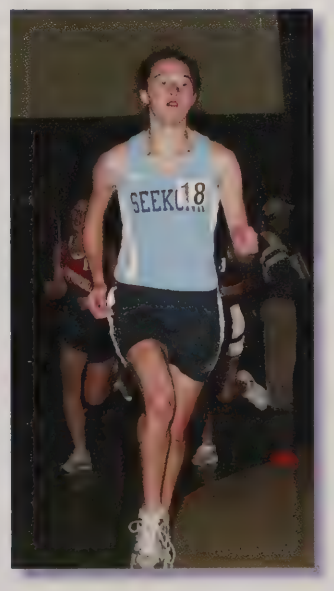
Most Valuable Athlete:
Vanessa Noelte

The girls' indoor track team had another great season with a record of 8-1. Although they lost their first meet to the NBV Bears, they came together by becoming the South Coast Conference Champions. They were led by captains Krista Chauvin, Janelle Clarkson, and Sarah Yu. The team was coached by the most supportive coaching staff consisting of Kurt Tavares, Christine Gregorek, Matthew McCartin, and Corey Charron. After winning the SCC Title, the girls finished 4th in the Division IV State Championships, and placed 9th in the All-States Meet. The team performed incredibly well individually, as much as they did as a team. In addition, numerous school records were broken. Although the girls track team will be losing many talented seniors, the team has high hopes of becoming SCC champs again next year.

SCC All-Stars:

Victoria Belcher
Krista Chauvin
Janelle Clarkson
Vanessa Noelte
Jen Salit



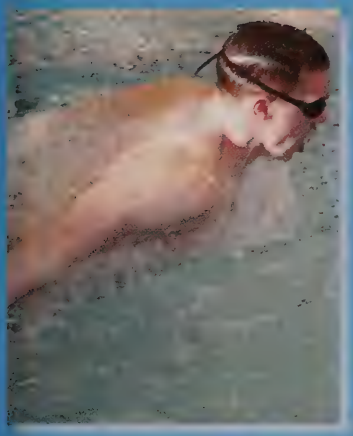


Boys Swimming and Diving

Top Row: Kate Farrington (coach), Justin Brousseau, Mike McCormack, Christian Moran Eddy Olean, Ian Novotny
Middle Row: Trevor Tattersall, Alex Ruckel, John Roy, Mike Burke, John Grant, Nick Dundas, Cory Zimmerman
Front Row: Nathan Tracy, Aaron Novotny, Nick Levesque, Brad Johnson.
Not pictured: Dylan Marshall, Jonathan Howard

Seniors

Captains



Final Record: 6-3

Southern Conference Meet: 3rd Place

Southern Conference Diving Meet: 7th Place

The 2009-2010 season was a success for the Boys Swim team, as they finished the year with a 6 and 3 dual meet record and a 3rd place finish overall. Led by Coach Kate Farrington and captains Mike McCormack, Ian Novotny and Eddy Olean, the team was a close knit group that depended on each member's performance to achieve success. Some key players on this year's team were Eddy Olean with his school record in the 500 yard freestyle, Christian Moran's quick 50 yard freestyle, and Justin Brousseau's speed at the 100 yard backstroke. In diving, Mike Burke did much to help the team win and at Conference Diving place 7th.

Boys Ice Hockey

Seekonk - D.R.

The newly founded boys ice hockey team, led by co-captains Rich Salve, and Zack Severance rounded out the season with a record of 3-17-0. Seekonk players joined with rival D.R. forming an unmistakable sportsmanship-like bond. Although Seekonk/DR was a new hockey team on skates, they had a handful of talented Seekonk players including goalies Jake Lyman, Jake Roy, leading scorer Adam Ferreira, and seniors Zack Severance, James Letourneau, and Alex Impagliazzo. The team, unfortunately missing the play-offs by a wide margin, played with the heart and strength only a Falcon Warrior could have. Next year there are high hopes and goals for making the play-offs.

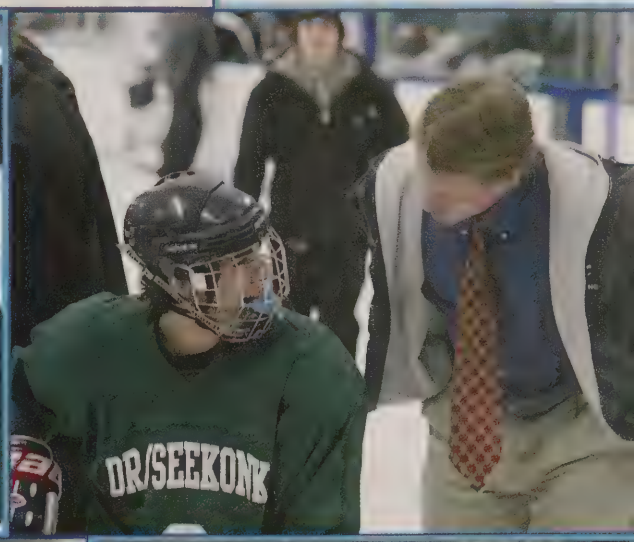
1 Jake Lyman
2 Adam Ferreira
3 Colby Costello
4 Ryan Gaucher
5 Zack Severance
6 Nick Milka
7 Sam Debois
8 James Letourneau
9 Alex Impagliazzo
10 Chad Heath
11 Josh St. Laurent
12 Casey Escobar
13 Dylon Swift
14 Luke Allison
15 Drew White
16 Nick Graham
17 RJ Soares
18 Phil Mobley
19 Mike Poland
20 Cam Leis
21 Cam Botelho
22 Rich Salve
28 Brendan Foley
30 Jake Roy
31 Tyler Lanciaux
33 Zach Rice

Coaches:
Coach Corderio
Coach Cronin
Coach Heath

"This is why we do wind sprints."

"This is what the third period is all about!"

DURFEE
HILLTOPPERS
FALCONS

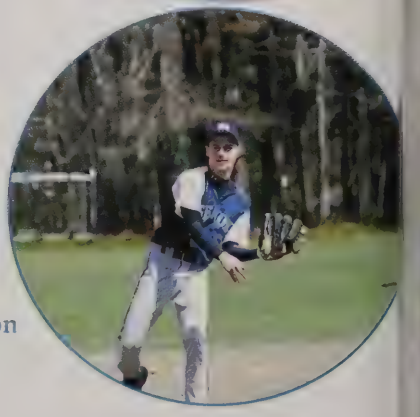

DR/SEEKONK

January

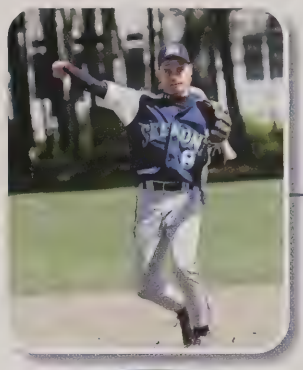
Baseball

2010

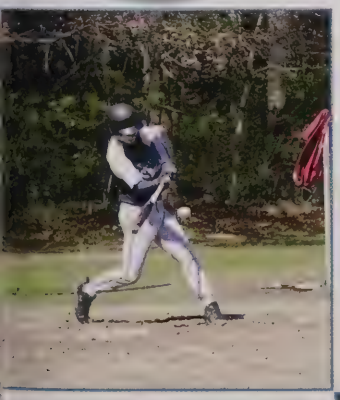
Seniors



1st row: Sean Heaney, Jack Kane, Jacob Silva, Branden George, Dylon Swift, Coach Hanson
2nd row: Jacob Mayo, Ryan Ramsden, Andrew Medeiros, Luke Small, Justin Carvalho,
3rd row: Paul Hindle, Kevin Pomerleau, Andrew Killian



This year's baseball team was led by coach Dave Hanson and captains Paul Hindle, Kevin Pomerleau, and Andrew Killian. It was a young team but also featured pretty good performances from underclassmen, who played a positive role on the team. Overall, they finished the spring season 8-12, after suffering various injuries to the pitching staff throughout the season. Although this season was not their best, the players were under excellent leadership and everyone put in their best effort.



SCORECARD

	Seekonk	Opponent
Central	9	8
Wheeler	3	2
Shea	15	0
Apponequet	6	8
Dighton Rehoboth	3	7
Fairhaven	3	6
Case	6	5
Wareham	9	5
Old Rochester	6	7
Bourne	2	7
Gr. New Bedford RVT	1	13
Apponequet	0	4
Tolman	7	1
Dighton Rehoboth	2	4
Fairhaven	6	8
Case	10	2
Wareham	8	1
Old Rochester	1	4
Bourne	5	4
Gr. New Bedford RVT	2	4

SOFTBALL

Coach: Mr. Miller, Alix DelGado, Alysha Arata, Olivia Grocott, Shayna DaCunha, Jody Halliday, Samantha Berard, Lindsey Leclerc, Megan Carter, Jordyn Magill, Danielle Nolette, Madison Burke, Courtney DaCunha

Although the softball team didn't make it to the post season as the girls and Mr. Miller hoped, they had an amazing season. Beginning as a group of individually talented girls, they transformed over the season into a family, with one of the strongest team chemistries in the conference. Whether dining with Miller at the Cracker Barrel, "blitzing" the streets of Seekonk to sell Warrior Cards, or commenting on how nobody was as famous as Jody, every girl was constantly smiling. On and off the field there were many memorable moments. Led by Captains Madison Burke and Jordyn Magill, the Lady Warriors ended the season with a loss in extra innings, and a win against Bourne. Overall, the softball season's success should not be measured in the number of wins and losses, but in having one of the most spirited and connected softball teams Seekonk High has ever seen.

BOYS TENNIS

Stephen Gadbois

Stephen Rijo

James Letourneau

Joshua Bell

Ricky Silva

The SHS Boys Tennis Team was led by Coach Silva and Cathy Buck. The varsity team members are Ricky Silva (captain), Nathan Rochefort, Stephen Rijo, Stephen Gadbois, James Letourneau, Jonathan Pazienza, and Jacob Findlay. The boys tennis team made it far and received enough points to reach States. After beating the odds and making it to States, the boys went down at a conference game against Cape Cod Academy.

STATS

Vs:	Home:	Opponent:
Case	5	0
Old Rochester	2	3
Opponequet	4	1
Bourne	3	2
Fairhaven	3	2
Wareham	5	0
Opponequet	3	2
Case	5	0
Old Rochester	2	3
Bourne	5	0
Fairhaven	3	2
Wareham	5	0
Non-Conference:		
Norton	2	3
Norton	1	4
Conference:		
DR	5	0
DR	3	2
States:		
Fairhaven	3	2
Cape Cod Academy	0	5

Nathan Rochefort

Kyle Greene

Jacob Findlay

Jonathan Pazienza

Girls' Tennis

Rebecca Mattis

Emily Brown

The Seekonk girls tennis team 2010 was coached by Mr. Petrucci. The team was led by senior co-captains Rebecca Mattis and Emily Brown. The first two singles spots were played by the captains followed by Julia Ryan, playing third singles. The first doubles spot was played by Crista DiSano and Abby Voyer. The second doubles spot was played by Kelsey Harrington and Alex Beyrouthy. Overall the team did well and improved immensely. Even though the team did not win a lot, they still were happy with how they played. When the season was completed, Julia Ryan received the award for most improved. Rebecca Mattis received the Most Valuable Player award. And, Emily Brown received the Coaches Award and also the Sportsmanship Award. Seniors to be leaving the team are Rebecca Mattis, Emily Brown, Crista DiSano, and Esther Henebeng. The seniors will be missed greatly, and they wish the best of luck to the girls in the following season.

Kelsey Harrington

Julia Ryan

Crista Lee Disano

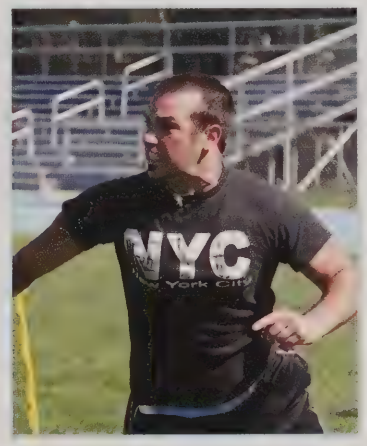
Abby Voyer

Emily Dench, Erin Laprade, Alexandra Beyrouthy, Kelsey Harrington, Alexa Gallishaw, Kate Farinha, Kasie Blais, Lauren Yany, Marinna Emond, Kelsey Nickson, Abby Voyer, Crista DiSano, Rebecca Mattis, Emily Brown, Esther Henebeng, Julia Ryan, Holly Shillan
Coach: Mr. Petrucci

Boys' Outdoor Track

David Anderson, Phil Ashkar, Nick Bitsis, Kenny Cabral, John Gregorek, Tim Houde, Ian Novotny, Steve Mortensen, Mike Mullen, Tony Sousa, Trevor Tattersall, Joe Teixeira, Ryan Turner, Cody Archambault, Alex Avila, Ryan Brown, Elliot Gault, Ben Goudreau, Mark Hafley, Nathan Larrimer, Jason LePage, Jake Lyman, Adam Mendes, Mike Montijo, Christian Moran, Chris Morse, Alex Ruckel, Jacob Teixeira, Brett Treacy, Cory Zimmerman, Matt Cavaco, Connor Demille, Nicolas Dundas, Dan Fulton, Dan Mendes, Alex Sawyer, Isaiah Wooden, Alex Charpentier, Brad Johnson, Alex Lansing, Patrick McDole, Andrew Montijo, Brendan Mullen, Nathan Robitaille, Nathan Tracy, Caleb Wright, Jordan Young

This year's boys' outdoor track team was led by Coach Mello and Coach McCartin. With no named captains, the boys were also led by the seniors- David Anderson, John Gregorek, Tim Houde, and Joe Teixeira- to name a few. The boys had a very successful season, with many athletes continuing on to the Division IV State Meet and to the All-State Meet. Also of note, many underclassmen stepped up this season to compete in both running events and field events. Finishing with a record of 6-2, the boys only fell to Dighton-Rehoboth and New Bedford Voc. Though the boys are losing talented seniors, they hope for another successful season next year!



Outdoor Track 2010

Apponequet	72-63	W
DR	78-58	L
Fairhaven	121-14	W
Case	105-29	W
Bourne	72-64	W
Wareham	104-32	W
NB Voc	60-76	L
ORR	76-59	W
Conference	2nd	

Overall Record: 6-2

Girls' Outdoor Track

The girls' outdoor track team had yet another successful season this spring! Finishing with a 6-2 record, the team was lead by supportive coaches Kurt Tavares and Corey Charron. In addition, experienced seniors- such as Krista Chauvin, Caitlin Dilorenzo, Katie Halpin, and Sarah Yu- led the girls. Finishing the regular season with a solid record, the girls team went on to place second at SCC Championships. From there, a select group of girls competed at the Division IV State Championship meet held here at Seekonk, finishing third overall. Krista Chauvin, Janelle Clarkson, Victoria Belcher, Vanessa Noelte, and Jennifer Salit were also named SCC All-Stars. In addition, Corinne Mariano received the honorable SCC Sportsmanship Award. The Seekonk girls' outdoor track team will never forget the 2010 seniors, but look forward to a new season next year!

Apponequet	**100-34**	**W**
DR	**64.5-78.5**	**L**
Fairhaven	**112-24**	**W**
Case	**78-58**	**W**
Wareham	**81-52**	**W**
Bourne	**89-45**	**W**
NBV	**77-49**	**W**
ORR	**60-76**	**L**

SCC Championships	**2nd**
Div IV Championships	**3rd**

Seniors: Krista Chauvin, Janelle Clarkson, Caitlin Dilorenzo, Katie Gosselin, Katie Halpin, Cathryn Hartford, Corinne Mariano, Caroline Silva, Sarah Yu

Juniors: Victoria Bahry, Heather Carlson, Amanda Castino, Andrea Chaves, Kristy Cosgrove, Victoria Danielson, Julia DeLeo, Emily Gagliardi, Fallon Gowans, Katie Fontes, Annisia Matos, Christina Mowry, Caitlin O'Halloran, Jordan Poirier, Jen Salit, Anna Spencer, Rachel Spencer, Danielle St. Pierre, Liliana Sykes

Sophomores: Victoria Belcher, Allison Cinq-Mars, Sherry DeBlois, Stephanie John, Kailie Lima, Shelby Mariano, Vanessa Noelte, Andrea Sawyer

Freshmen: Marissa Cabral, Anny Cavallaro, Annie Gagnon, Ali Hagenburg, Cristina Houde, Casey Kampegaard, Jenna Medina, Brie Noelte, Alyssa Taylor

Clubs 2010

Peer Helping Network

Advisor: Mrs. McGovern

Members: A. Andrews, L. Ascolese, G. Belt, E. Berwick, N. Bitsis, J. Brousseau, E. Brown, R. Brown, C. Brueggeman, H. Carlson, M. Carter, A. Castino, S. Chaves, K. Cosgrove, L. Crafford, A. Crippen, C. DaCunha, S. DaCunha, T. Danielson, D. DaSilva, J. DeLeo, E. Dench, M. Dumond, I. Eberbach, E. Gagliardi, A. Gallishaw, B. Girard, J. Gregorek, H. Harrington, K. Harrington, S. Heaney, E. Henebeng, P. Hindle, T. Houde, A. Hurst, D. Irving, E. Jensen, N. Kenneally, J. Lukin, H. Marsland D. Mendes, M. Moran, C. Morse, C. Mowry, M. Mullen, V. Noelte, I. Novotny, A. Nunes, E. Nunes, D. Olarte, D. Oliviera, C. O'Halloran, J. Piche, J. Poirier, M. Propatier, C. Reid, A. Richards, A. Ruckel, J. Salit, M. Scott, K. Sherrerd, R. Silva, T. Sousa, A. Spencer, R. Spencer, S. St. Hilaire, F. Starr, L. Sykes, B. Treacy, L. Varone, A. Voyer, L. Yany, S. Zucchi

Ski Club

Advisors: Matt Wills & MaryAnn Ayers

Members: B. Ambers, A. Andrews, L. Ascolese, M. Babbitt, R. Beauregard, N. Bizier, A. Branco, M. Braunsdorf, E. Brown, K. Cabral, M. Cabral, D. Daniels, R. DaSilva, C. DeLorenzo, C. DiSano, K. Ferreira, A. Hagenburg, Z. Holme, G. Jones, T. Jordan, A. Kappatos, D. Kappatos, C. Karns, T. Lanciaux, A. Lansing, E. Laprade, N. Levesque, J. Magill, M. Marcotte, R. Mattis, C. McEnery, N. Merlan, J. Michaluk, C. Mitchell, A. Montijo, M. Montijo, C. Morse, K. Nolan, F. Parella, J. Pazienzo, J. Poirier, R. Proulx, C. Roux, A. Roy, A. Sawyer, S. Sirois, J. Sousa, T. Sousa, X. Spa, A. Trindade, J. Trindade, R. Turner, T. Vincent, R. Vincente, A. Whitelaw, A. Whitelaw, C. Wright, Z. Zimmerman

Philosophers' Club

Advisor: Mrs. McEnery

The Philosophers Club is an informal discussion group that meets regularly to consider questions from a philosophical perspective. Topics range from the historical to contemporary, addressing major philosophical challenges.

Members: Alex Whitelaw, Daniel Olarte, Zachary Holme, Carly McEnery, Rachel Spencer, Brianna Haslip, Emily Gagliardi, Eric Sousa, Victoria Luizzi, Esther Henebeng, Tara Heroux, Daphne Polselli, Connor Demille

GSA Club

Advisor: Ms. Wilson

The GSA is a group that provides a safe and friendly environment for all students. This group promotes diversity, acceptance, anti-discrimination, and respect.

Members: Devin Irving, Alyssa Bruhn, Kate Pardini, Stephanie Lesage, Stephanie Bass, Rachael Poirier, Alexandria D'Adamo, Victoria Harris

First Response Club

Advisor: Mrs. Rok

The First Response Team is a group of students who are CPR and AED certified. Along with Mrs. Rok, the school nurse and advisor, they are here to help whenever needed.

Members: Haley Paul, Paige Greene, Cassandra Karns, Ashley Hurst, Casey O'Brien, Sarah McDermott, Shannon Harrington, Kristen Sherrerd, Elliot Gault, Anna Spencer, Hannah Marsland, Megan Moran, Jenny Greene

Math Team

Advisor: Dr. Dupere

The Math Team is a group of students who meet four or five times a year, competing interscholastically in five levels of mathematical problems from Arithmetic to Advanced Topics-Trigonometry.

Members: Ryan DaSilva, Aric Mazick, Ryan Turner, Melissa Scott, Alex Beyrouthy, Franklin Starr, Dylan Treacy, Brett Treacy, Emily Gagliardi, Ashley Corrao, Stacey Chaves, Deanna Oliveira, Tara Heroux, Esther Henebeng, Alex Ruckel, Tori Gravel

Jam Band

Advisor: Mr. Hoogerzeil

The SHS Jam Band Club is designed to encourage the free form style of playing music with professional audio equipment in a real stage setting. Students collaborate and perform different styles, genres, and forms of music in a free and relaxed setting. Musicians, vocalists, technicians, sound engineers, aspiring roadies, and those who want to hang out with the band are welcome to participate.

Members: Brianna Haslip, Hanna Yando, Maeghan McGuirk, Ryan Turner, Esther Henebeng, Shannon McGuirk, Mr. Hoogerzeil, Zachary Keenan, Michael Cozzo, Zachary Rice, David Daniel, Zachary Holme

Book Club

Advisor: Mrs. MacAloon

This club is a book discussion group that meets once a month to discuss books of interest to its members. Every month we choose a new topic. Occasionally the book's topic is related to activities related to the school.

Members: Abby Lawson, Lilly Sykes, Esther Henebeng, Kerri Kinsella, Catherine Hartford, Anna Spencer, Dylan Marshall, Leslie Varone, Haley Harrington, Stephanie Powell

Art Club

Advisor: Mrs. Machado-Cook

The Seekonk Art Club consists of creative students who like to create and talk about art. We work on a number of different projects throughout the year.

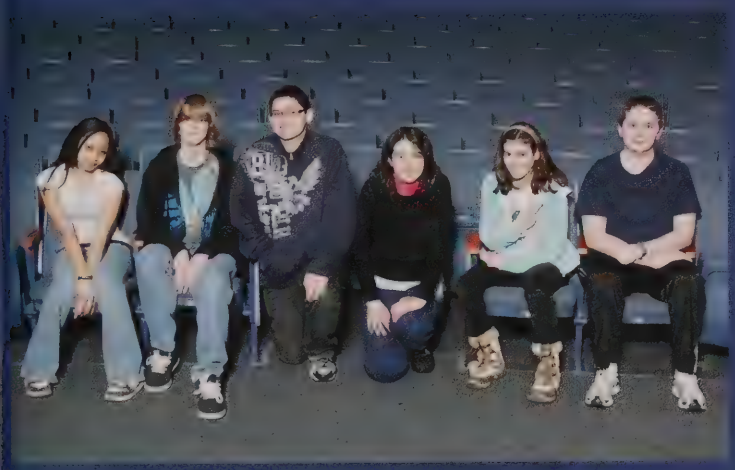
Members: Ivan Aguedo, Connor Boyd, Man Troung, Tu Troung, Rachael Poirier, Jamie Calci, Zhanna Williams, Jonathan Howard, Meaghan Moran, Hannah Marsland, Ashley Lopes, Caitlin O'Halloran,Shannon Harrington, Emily Dench, Kristen Sherrerd, Ryan Turner, Cara Swiechowicz, Timothy Huynh, Sarah McDermott

Bible Club

Advisor: Mr. Wills

The purpose of the Bible Club is to study and discuss the bible, moral issues, and various religious differences. We talk about things such as faith and the role God plays in our lives. Anyone is welcome to join, even if they don't believe in the bible. It is a fun and non-judgemental way to discuss religion.

Members: Haleigh Paul, Zhanna Williams, Antonio Sousa, Tasha Sousa, Jeremy Sousa, Juila Ryan, Victoria Belcher



SADD

Advisor: Mrs. Angelini

Students Against Destructive Decision is a peer leadership organization dedicated to preventing destructive decisions, particulary underage drinking, other drug use, impaired driving, teen violence, teen depression and suicide.

Members: Marissa Marcotte, Rebecca Beauregard, Connor Boyd, Alan Hess, Ivan Aguedo, Maribel Tavares

Executive Board

Advisor: Mrs. Horton

The elected members of the Executive Board are responsible for organizing and promoting activities that encourage all students to become integral members of the school and community. These activities include Food and Can Tab Drives, Spirit Sales, and Hypnotist Show to raise money for charities, and Spirit Week activities to promote school spirit.

Members: Elena Corrao, Esther Henebeng, Crista DiSano, Emily Gagliardi, Ashley Corrao, Aiyana Fontes

Spanish Honor Society

Advisor: Mrs. Marinucci

The Spanish Honor Society is a national honor society for high school students of Spanish. Students who have achieved an average of 90 for the first three years of study are included. The society is sponsored by the AATSP (American Association of Teachers of Spanish and Portuguese.)

Members: Kristy Cosgrove, Heather Glynn, John Gregorek, Brianna Haslip, Nicole Kenneally, Ashley Lopes, Megan Lopes, Ashley Richards, Melissa Scott, Emily Stoukides, Lilianna Sykes, Brett Treacy

Key Club

Advisor: Mrs. Marinucci

The Key Club is a student-led organization where members engage in different types of community service activities which help them build character and gain leadership. Our club consists of over 60 members who devote their time to making our community a better place.

Members: Madison Burke (Secretary) Esther Henebeng (President) Emily Nunes (Treasurer), Cassandra Vinica (VP), A. Andrews, G. Belt, S. Berube, A. Castino, A. Corrao, A. Crippen, S. DaCunha, M. DeBarros, E. Dench, M. Dumond, M. Emond, K. Fontes, S. Faulkner, A. Gallishaw, K. Halpin, H. Harrington, K. Harrington, C. Hartford, A. Hurst, J. Johnson, K. Johnson, C. Karns, N. Kinneally, S. Lamoureux, K. Lavall, A. Lopes, M. Lopes, M. Marcotte, K. Nickson, B. Noelte, A. Nunes, E. Nunes, C. O'Halloran, D. Oliveira, M. Parella, D. Price, T. Price, C. Rowland, A. Ruckel, K. Sherred, A. Siddiqui, R. Silva, R. Sochin, K. Sousa, S, St. Hilaire, L. Sykes, M. Tavares, L. Tousignant, M. Troung, E. Voyer, A. Whitelaw, L. Yany, S. Yu, S. Zucchi

National Honor Society

Advisor: Mrs. Marinucci

Members: Casey Blackbird, Madison Burke, Lindsay Crafford, Courtney DaCunha, Crista DiSano, Irene Eberbach, Lynelle Ferreira, Kimberly Ferreira, Zachary Goodheart, John Gregorek, Kathryn Halpin, Esther Henebeng, Tara Heroux, Alyssa Karbowski, Kathryn Lavall, Stephanie Lesage, Meghan Lopes, Jordyn Magill, Carlson Magina, Dylan Marshall, Aric Mazick, Michael McCormack, Michael Mullen, Kristen Nolan, Emily Nunes, Daniel Olarte, Meghan Parella, Kyle Pariseau, Melissa Scott, Richard Silva, Tasha Sousa, Antonio Sousa, Franklin Starr, Emily Stoukides, Noelle Tousignant, Cassandra Vinica, Hanna Yando, Sarah Yu

French Honor Society

Advisor: Mrs. Amour

The French Honor Society is a national honors society for high school students taking French. Eligible students must have an 90 average in all years of French and are in their third year of studying French. It is sponsored by AATF (American Association of Teachers of French.)

Members: Ryan Turner, Hanna Yando, Kimberly Ferreira, Nicolas Dundas

Senior Student Council

Advisors: Mrs. Marinucci & Mrs. Salisbury

Senior Members: Michael Mullen, Madison Burke, Cara Swiechowicz, Jordyn Magill, Irene Eberbach

Junior Student Council

Advisors: Mr. Hoogerzeil & Ms. Lawrence

Junior Members: Kristy Cosgrove, Jennifer Salit, Elliot Gault, Rachel Spencer, Lesley Varone, Brett Treacy

Sophomore Student Council

Advisors: Ms. Kozlowski & Mrs. Mirza

Sophomore Members: Kasie Blais, Megan DeBarros, Michael Burke, Adam Ferreira, Vanessa Noelte, Jon Lukin

Freshman Student Council

Advisors: Mrs. Machado-Cook & Mr. MacKnight

Freshman Members: Brad Johnson, Tyler Chace, Brendan Mullen, Dylan Treacy, Olivia Blum, Holly Shillan, Allie Hagenburg, Michael Pereira

Seekonk Majorettes

The Seekonk Majorette Advanced Squad

The steps aren't enough.
Feel the music....
Patrick Swayze- Dirty Dancing

The Seekonk Majorettes

The Majorettes is a group of baton twirlers that performs routines combining their twirling skills with dance and performance. The Marching Squad begins in the summer when they go to Band Camp, and continues through the fall season as they perform with the band at field shows. The Competition Squad begins practice in September, and continues through until early April when the competition season ends. This year, our girls took part in six competitions against six other school districts in Southeastern Massachusetts as a part of the New England Majorette Association. The Advanced Squad performed their routine to The Black-Eyed Peas and placed third overall for the season, while the Novice squad performed to a medley of 50's tunes and placed fourth overall in their division.

HIGH SCHOOL MEMBERS!

Deanna Oliveira :: Jasmine Taylor :: Casey Blackbird :: Heidi Wolfe

MARCHING MAJORETTES!

Jasmine Taylor and Deanna Oliveira

SENIORS!

Jasmine Taylor :: Casey Blackbird :: Heidi Wolfe

Yearbook

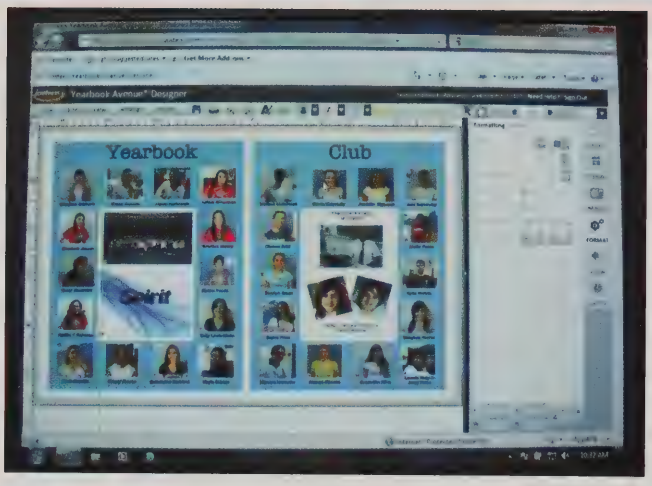
Maeghan McGuirk

Krista Chauvin

Alyssa Karbowski

Ashley Silverman

Elizabeth Jensen



Christina Mowry

Casey Blackbird

Hanna Yando

Spirit

Caitlin O'Halloran

Kelly Lewis-Hicks

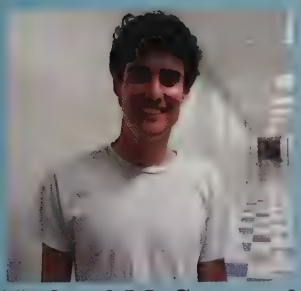
Kerri Kinsella

Stacey Chaves

Cathryn Hartford

Kayla Gelotte

Club


Michael McCormack

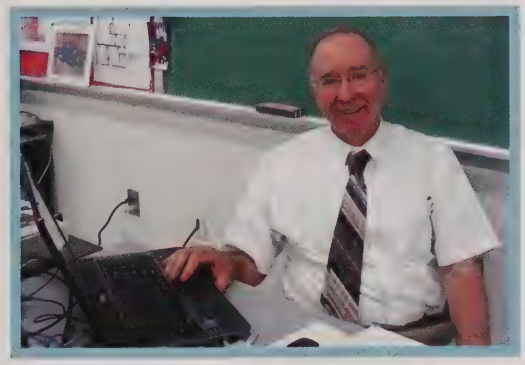
Nicole Kenneally

Jennifer Wypasek

Alex Beyrouthy

Chelsea Reid

Yearbook Advisor:
Mr. Devlin



Mollie Vieira

Katelyn Sousa

Ryan Horton

Editors: Maeghan McGuirk &
Ashley Silverman

Dayna Price

Meaghan Soares

Marissa Marcotte

Deanna Oliveira

Samantha Silva

Lauren Yany

BAND! SHS

"The best transitions..."

From Seekonk High, to Six Flags, to Disney World, the SHS Bands are there. At the end of the '08-'09 school year, the band performed at Downtown Disney. This year the marching band performed the football half-time shows to a Disney melody. They held a winter and a spring concert. The Jazz Band performed at the annual Jazz dinners at the high school and middle school and at the annual Somerset Jazz Festival. The Concert and Symphonic bands performed at the Great East Band Festival, with the Concert band taking home a gold, and the Symphonic band taking their fourth platinum in a row.

Band Officers

President:
Emily Stoukides
Vice-President:
Alyssa Karbowski

Activities Directors:
Ryan Turner
Ian Novotny

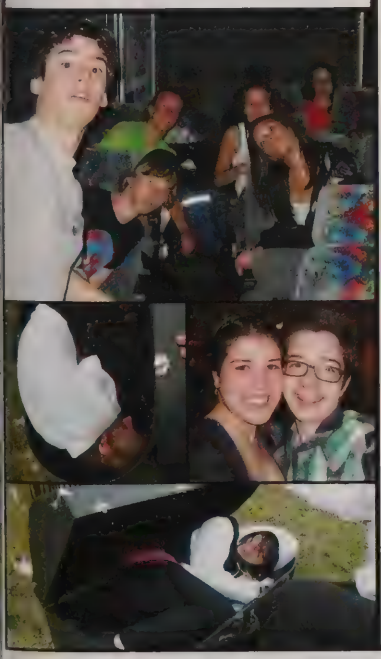
Drum Majors:
Katie Fontes
Kim Ferreira

Symphonic Band

Concert Band

Marching Band

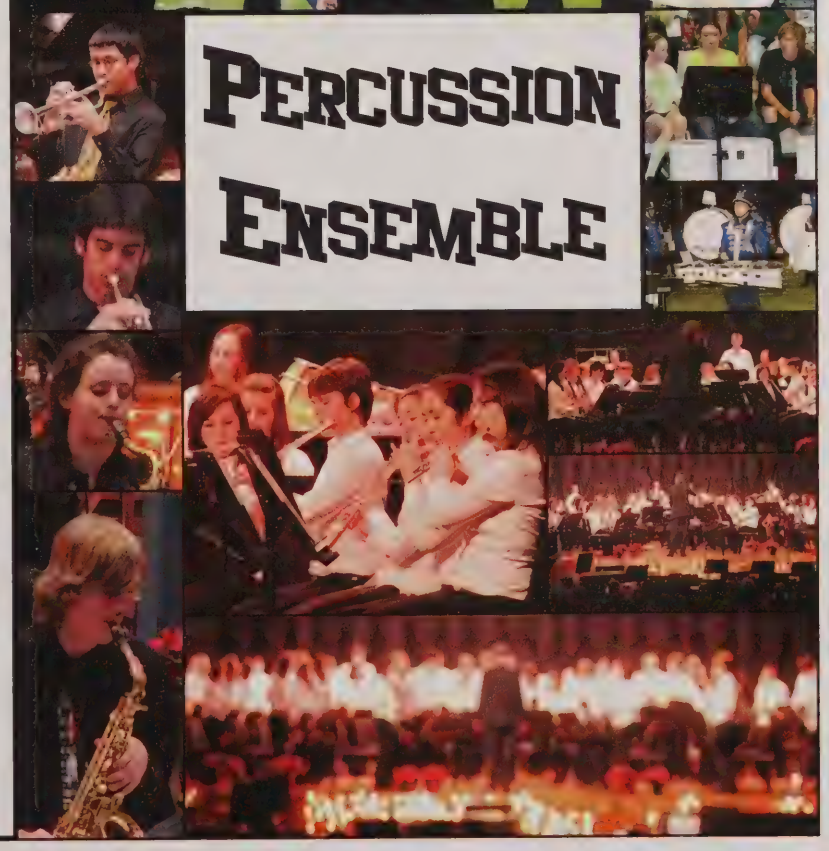
Madison Behan
Olivia Blum
Collin Boyd
Tyler Chace
Kevin Donohue
Victoria Dower
Sarah Faulkner
Annie Gagnon
Alianza Hagenburg
Annika Lawson
Matthew Lemos
Patrick McDole
Rowan McKenna
Andrew Montijo
Aaron Novotny
Michael Pereira
Brandi Poirier
Emily Pope
Alicia Rodrigues
Rebecca Sochin
Jeremy Sousa
Justin St. George
Erin Voyer
Isaiah Wooden



MiKayla Amaral
Bridget Ambers
Ashley Andrews
Liana Ascolese
Brandon Babbin
Grace Belt
Beverly Bienkiewicz
Casey Blackbird
Justin Brousseau
Kenneth Cabral
Alyssa Casey
Krista Chauvin
Allison Cinq-Mars
Laura Cota
Allison Cote
Ryan DaSilva
Colby DeWitt
Shelby DeWitt
Kimberly Ferreira
Katie Fontes
Emily Gagliardi
Alexa Gallishaw
Elliot Gault
Timothy Gustave
Mark Hafley
Hannah High
Ashley Hurst
Elizabeth Jensen
Stephanie John
Casey Kampegaard
Aristides Kappatos
Dino Kappatos
Alyssa Karbowski
Alex Lansing
Erin Laprade
Abigail Lawson
Victoria Luizzzi
Dylan Marshall
Michael McCormack
Maeghan McGuirk
Shannon McGuirk
Adam Mendes
Christopher Mitchell
Christian Moran
Brendan Mullen
Kelsey Nickson
Ian Novotny
Daniel Olarte
David Orleck
Kyle Pariseau
Zachary Rice
Ashley Rodrigues
Melissa Scott
Holly Shillan
Tyler Sousa
Emily Stoukides
Jessica Stoukides
Elizabeth Tavares
Ryan Turner
Brittney Vadeboncoeur
Leah Voccio
Abby Voyer
Ally Whitelaw
Hanna Yando

Jazz Band

Percussion Ensemble



DRAMA CLUB

THE SEEKONK HIGH SCHOOL DRAMA CLUB PROUDLY PRESENTS THEIR RENDITION OF

"ANNIE"

ANNIE
Jenny Greene

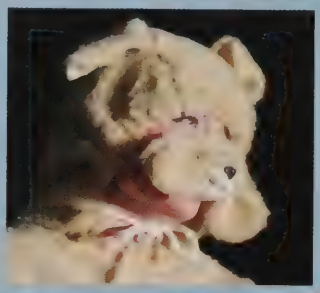
MR. WARBUCKS
Andrew Medeiros

GRACE FARRELL
Lynelle Ferreira

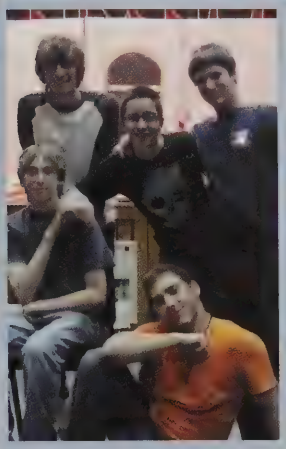
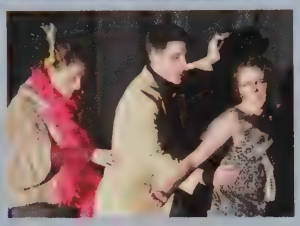
MISS HANNIGAN
Katie Fontes

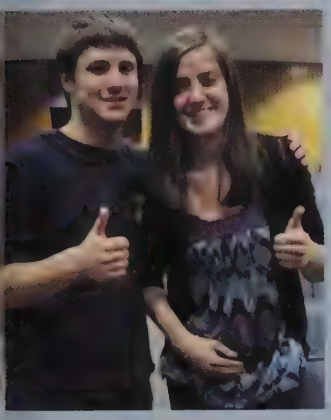
ROOSTER
Steve Mortenson

LILY ST. REGIS
Mollie Viera



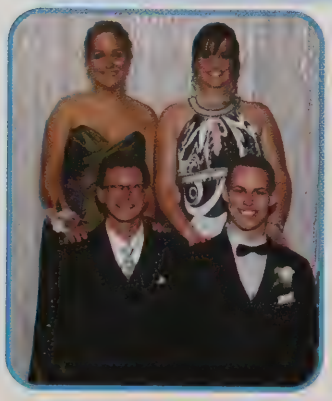
Chris Mitchell, Ruby Wong, Sherry DeBlois, Katie Fontes, Elizabeth Tavares, Liana Ascolese, Casey Blackbird, Holly Shillan, Maeghan McGuirk, Tyler Chace, Ryan Turner, Andrew Medeiros, Lynelle Ferreira, Kimberly Ferreira, Olivia Blum, Justin St. George, Anne Ransom, Meghan George, Melissa Scott, Jenny Greene, Zhanna Williams, Alex Whitelaw, Erin Laprade, Meghan Lopes, Mollie Viera, Steve Mortenson, Nicholos Bitsis, Bridget Ambers, Jasmine Taylor, Heidi Wolfe

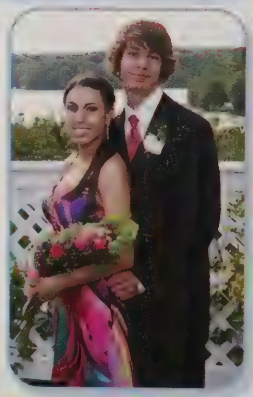



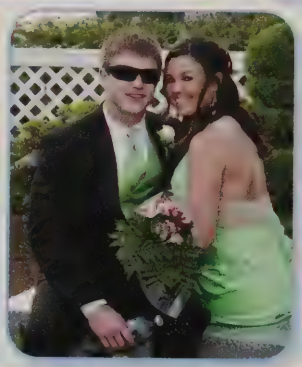


Prom 2010
A Night In Venice

On May 22, 2010 the Junior Class held a Junior/Senior Prom at Lake Pearl. Everyone looked gorgeous as they arrived in their limos. We can't forget the school bus driven by bus driver Mr. Horton with a group of seniors arriving and getting their pictures taken for the Seekonk Star. Luciano's catered the food for dinner followed by ice cream with strawberry toppings for dessert. That night, Brett Treacy and Emily Gagliardi were crowned Junior Prince and Princess. John Gregorek and Alison Crippen were crowned Senior King and Queen of the night. We went outside to the beautiful garden for fresh air in between dances. Post prom was held at the High School. There were activities set up along with student musicians playing songs for everyone. Overall, it was a great night out to dress up and have fun with our friends.







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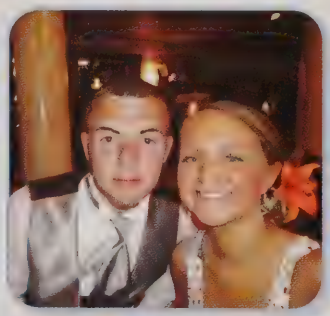
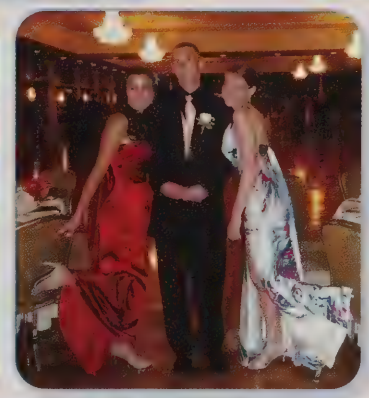
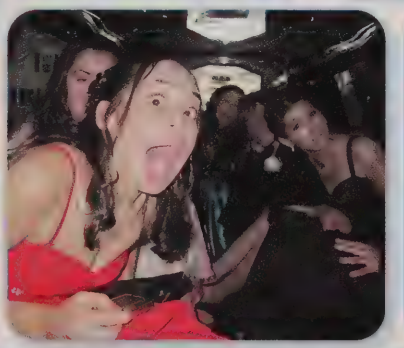
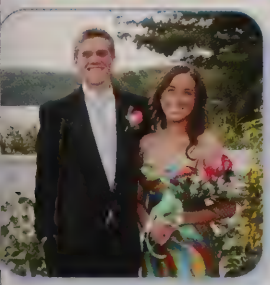
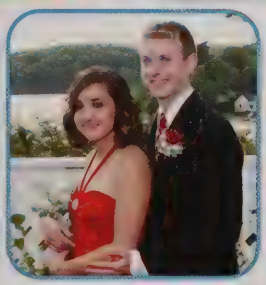


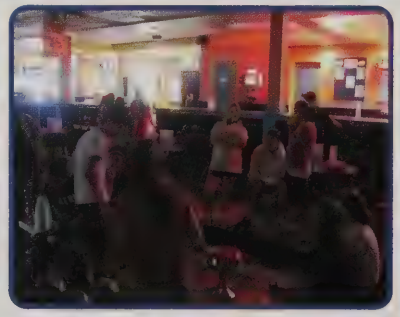


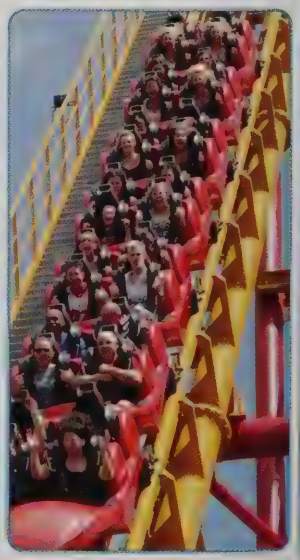


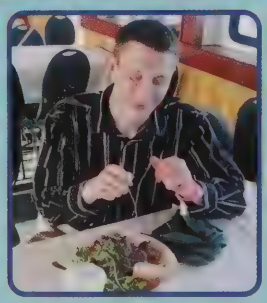
"Shall we dance..."



Senior Trip: Lake George, NY

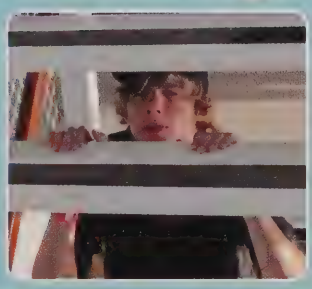
Thank you
Mrs. Salisbury
and
Mrs. Marinucci!



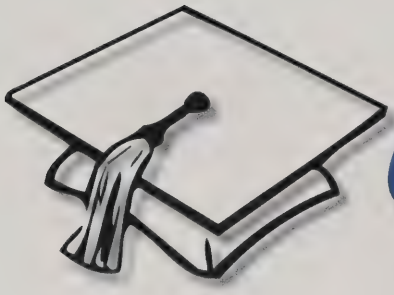




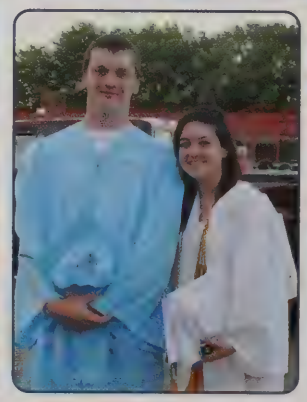
Six Flags: The Great Escape!
Splash Water Kingdom!
Dinner Cruise!
Cosmic Bowling!



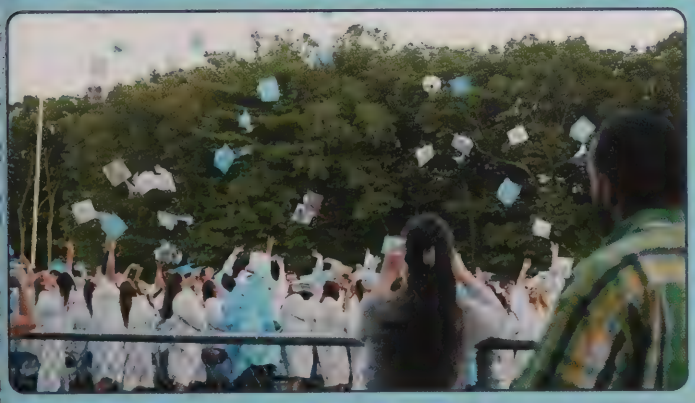
Class of 2010

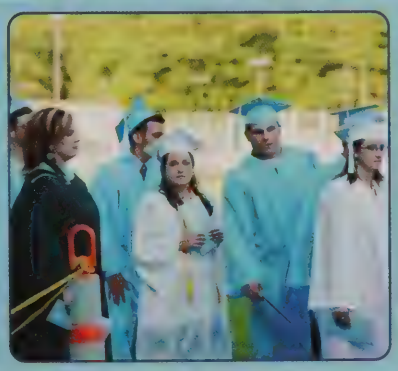


From elementary to junior high to high school, we spent our time practicing, studying, hanging out, and making the best of our high school experience. We have finally graduated. Our school years as we know it have ended. We are on to college and exploring new topics, taking what we have learned with us. Everyone is wished the best of luck on their future plans and goals throughout life.



Congratulations Class of 2010! Best of Luck !





Andrew Medeiros

The saying goes...

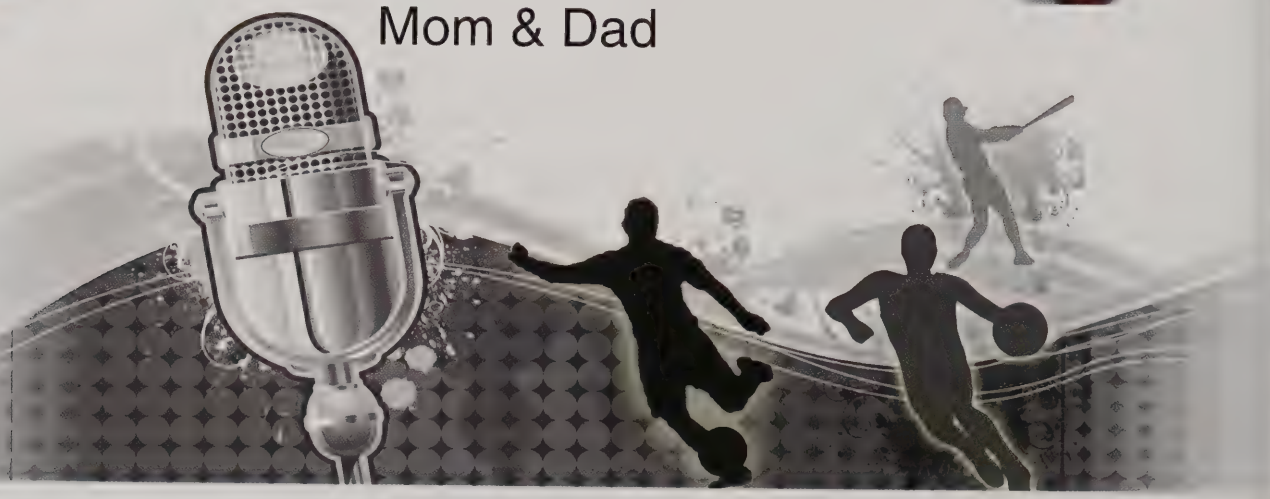
"make a difference in the life of a child and you can change the world"

And with you as our son...

you have changed our world!

Congratulations Andrew!

Love,
Mom & Dad



David Anderson

We are so proud of you!

We are so proud of you and you know how very much we all love you.

Love, Mom, Jason, Alexis, Caleb, Isabella and Annissa

May all your dreams stay big.

I hope the days come easy and the moments pass slow,
and each road leads you where you want to go,
and if you're faced with a choice, and you have to choose,
I hope you choose the one that means the most to you.
and if one door opens to another door closed,
I hope you keep on walkin' 'til you find a window,
if it's cold outside,
show the world the warmth of your smile,
but more than anything, more than anything,

My wish, for you, is that this life becomes all that you want it to,
your dreams stay big, your worries stay small,
You never need to carry more than you can hold,
and while you're out there getting where you're getting to,
I hope you know somebody loves you, and wants the same things too,
Yeah, this, is my wish.

I hope you never look back, but ya never forget,
all the ones who love you, in the place you left,
I hope you always forgive, and you never regret,
and you help somebody every chance you get,
Oh, you find God's grace, in every mistake,
and you always give more then you take.

Ricky Silva

Rick,
We are so proud of the young man you have become. The world is yours - enjoy the journey.

We love you,
Dad, Mom and Dubbs

Lynelle Ferreira

"We're faced all the years gone"

We are so proud of the person you have become and know that you will succeed in whatever you do in life. Just remember to always be true to yourself!

Love
Mom, Dad and Michael

Tasha & Tony Sousa

Tasha and Tony, we are very proud of the two of you. You both have reached the first great milestone in your lives. We know that the both of you are going to do something great in life. Always remember to put God first in everything and you will do well. We love you very much. Congratulations on your graduation! God bless! Love, Mom, Mike and Jeremy

Ricky Silva

Rick,
Success, health and happiness on your new journey. I am very proud of you.

Love, Gram

Krista Chauvin

Krista,
We are so proud of you and all of your accomplishments. Remember, every dream is within your reach.

We love you always;
Dad, Mom and Ryan

Ian Novotny

Ian,

It seems that you have gone from being our baby boy to a young man in the blink of an eye. We are very proud of you and wish you health, happiness and success always.

We love you,
Mom, Dad & Matt

"You have the world at your fingertips, no one can make it better than you."
R. California

Brandon Perry

May your life always put a smile on your face. So proud of you.

Love, Mom & Dad and Brian

Zack Caron

Zachary,
From early on, we knew you possessed amazing talents and abilities.

We love you, Mom & Dad

Corrine Mariano

Corrine,
You take each day with so much enthusiasm and fortitude that we know success will come your way.
We are all so proud of you!
Love,
Mom, Dad, Mark & Shelby

Sarah Mayers

Sarah Jeanne Mayers:

You can do anything; from honors student and varsity cheerleader, to pianist and champion equestrian! You are a loyal sister, a true friend and a wonderful daughter. We are forever proud of your accomplishments and the beautiful person you are. You are destined for great things. Follow your dreams and always stay true to yourself.

We love you, always!
Mom, Dad, Jenn, Amy & Emily

Rayna Silva

Our Rayna,
Time passes much too quickly. Just yesterday you were starting kindergarten at Martin School. Don't waste a single moment. Always stay true to yourself. You're such a sweet and thoughtful person. We are so proud of you.

May all your dreams come true.

Love,
Dad, Mom, Danny & Toby

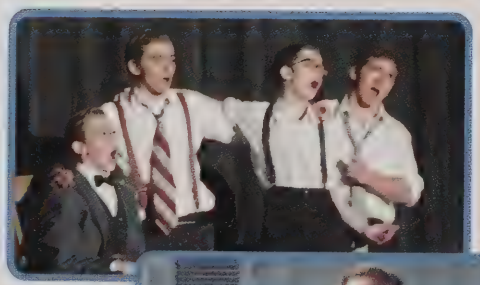
Jonathan Trindade

Congratulations Jonathan!

I can't believe that our little 2 lb. 13 oz. miracle is now graduating high school. Time goes by really fast, so remember to live your life to the fullest, be true to what is right, help others, work hard and know that we are always here for you.

All our love and prayers for a happy, healthy and fulfilling future.
Love Mom, Dad and Andrew

Nicholos Bitsis



To Our Amazing Son,
It has been a rough year for you.
But you have handled yourself with dignity, strength and perserverance.
You are our HERO.

Love,
Mom & Dad

Mariah Carter

Daddy would be proud and so are we!

Love, Mom & Zach

Maeghan McGuirk

We know that you are destined for greatness and this accomplishment is just one step towards that goal. We are so proud of you, Maeghan, and love you more than you can imagine. Bravo!!

Love, Mom & Dad

Ricky Silva

Ricky,
We are all so proud of you for all of your accomplishments! Not only for the athlete and student that you are, but for the person you have become. Remember we will always be there for you. We wish you much happiness and success in college and in the future. We will miss you!
Much love always,
Aunt Kathy "Beans" & Uncle Jeff "Buckwad"

Derrick Lamoureux

Derrick,
We are always proud of you, go for the dream!

Love,
Mom, Dad & Samantha

Alison Crippen

Congrats Alison!!
Love Mom, Dad and Molly

THANK YOU

P.A.C !

Emily Brown

Congratulations

Emily Rose

"Cutest little girl from your head to your toes."

We love you!

Mom, Matthew & Andrew

Congratulations to DJ & the Class of 2010 from Papa and MiMi

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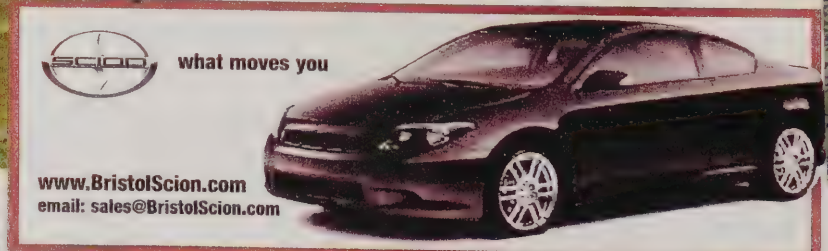

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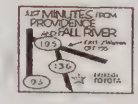

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Courtney DaCunha

Courtney,

To succeed, one must possess an effective combination of ability, ambition, courage, drive, hard work, integrity and loyalty. We are very proud of how successful you have been!

Every exit is an entrance to somewhere else and as such, Courtney, we look forward to celebrating many more of your accomplishments in the years ahead!

Love,
Move, Dad & Shayna

Katie Gosselin

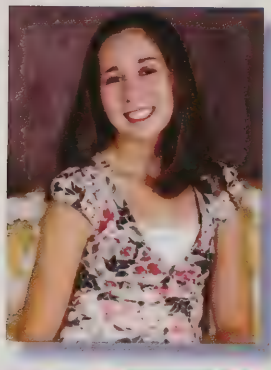
Congratulations Katie!

You are a shining example of what a daughter can be, loving and compassionate, beautiful and good, honest and funny, sensitive and independent, unique and smart. We will always be so proud of you, forever be honest and true and your family will always be here for you. We admire your confidence and values. We couldn't have asked for, dreamed of, or imagined a better daughter than you. Keep on smiling and follow your dreams. May your future bring you love, happiness and success.

All our love, Mom & Dad

Congrats and love you too, Sis!
Bobby & Matthew xxoo

Melissa Scott



Congratulations on your many accomplishments. You have always made us incredibly proud. Now it's time to move on to a new and exciting chapter in your life. We know you will be successful in whatever path you choose to follow in life. Your family will always be there to cheer you on and provide emotional support. Continue to follow your dreams and reach for the stars!

Taylor Robillard

CONGRATULATIONS

We are so proud of you & love you very much

ALWAYS BE YOU !

Love Mom, Johnny, Jake, Max, Luke, Gramma & Pa

TO MY SON as he graduates high school,

How can this possibly be, Yesterday it seems like it was just you & me
I tried not to cry the first day I let you go, someday when you have a child,
this feeling you will know. Your first day of school you were much braver
than I, this is for sure, It truly broke my heart when your teacher shut the door,
worried every thought there could possibly be, How would you make it alone
the whole day —without ME? You did so well, actually you did just fine,
You came out so happy, I guess the worries were all mine. As time passed,
you grew and you grew, although for me everyday was still just as new.
Every year that past, you needed me less & less, I told myself this must be
what's best...I guess. To let you go just a bit, was probably best for you,
although hard for me, I promised I would do. Never did you know, just how
much I missed our time, But now I realize you were no longer just mine. So
many new people in your life to help you grow, How lucky we are, this I really
do know. I am so proud of who you are, You will always be my bright shining
star. Always be the best you can be at everything you do, each and everyday
will surely bring something new. One last thing you need to know to last your
whole life through, Know that you are special, and there is no other YOU!

Love, Mom

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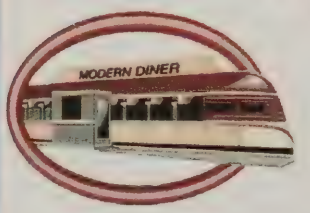

Nick Demou

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Congratualtions to the class of 2010!

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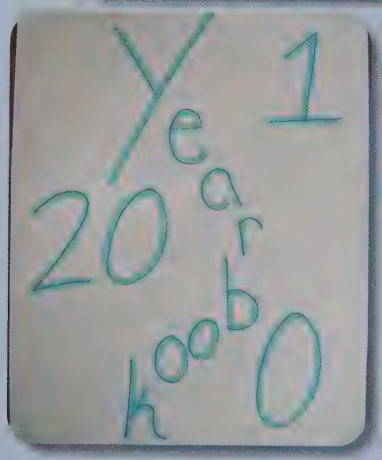
EDITOR'S PAGE



Without a yearbook, there would be a loss of picture memories from high school. They capture the time in pictures and are put into collages with short write ups about the year. Seniors are able to go back and remember the good times in their high school career even after they have graduated. I am grateful to have been the Senior Editor of this yearbook. It's been a busy, stressful, yet enjoyable year working on this book. To everyone on the staff who spent long hours working on pages I greatly appreciate it. It takes hard work and is time consuming to finish a book. This year's book came out later in the summer to include: Spring Sports, Prom '10, Senior Trip, and Graduation. I am very happy with the way it has turned out. I would like to thank Chestnut Hill Studios for their photography throughout the year. Also, thank you to Mr. Devlin for being our advisor and making sure that we have a yearbook this year. Again, thank you everyone who helped finish this yearbook. It has been a fun experience being on the yearbook for the last three years and seeing the book after it seems like it's never going to get done, but finally has. I am confident in the staff that their yearbook next year will be as good as this one.

It's been a pleasure working with all the staff members this year. Farewell fellow yearbookers. I hope your yearbook next year goes smoothly and I pass my editing responsibility to Ashley. Remember that editing the yearbook isn't easy. Help is very important on making deadlines. Just remember what we learned at the Josten's Yearbook Workshop and how we did this year and you will be fine.

Your Senior Editor,

Maeghan McGuirk

jostens

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SEEKONK WARRIORS
VISITOR
HOME
TIME-OUTS
DOWN
YDS. TO GO
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